This book has been issued to ..... (First Name) ..... (Family Name)

of Session ..... on ..... (DD/MM/YY)

What Is Your CEFR Score?

अपने CEFR Score को जानने के लिए लाइव कन्वर्सेशन में ChatGPT से पूछें:
Give me a 5-minute CEFR-style speaking assessment. Ask 2 different main questions, each followed by 2 follow-up questions, one at a time. Do not give hints or inflate score.

CEFR एक इंटरनेशनल स्केल है जो बताता है कि आपकी अंग्रेज़ी कितनी अच्छी है। इसमें छह लेवल होते हैं –A1 (शुरुआती) से C2 (एक्सपर्ट) तक।

यहाँ प्रत्येक CEFR score का अर्थ बताया गया है:

A1–A2: बेसिक यूज़र – इन नौकरियों के लिए उपयुक्त: डिलीवरी एसोसिएट, रिटेल सेल्स एसोसिएट, स्टोर असिस्टेंट, फैक्ट्री ऑपरेटर, ऑफिस हेल्पर, फील्ड सेल्स प्रमोटर आदि।

B1–B2: इंडिपेंडेंट यूज़र – इन नौकरियों के लिए उपयुक्त: FEA टीचर, कस्टमर सपोर्ट एग्ज़ीक्यूटिव, रिलेशनशिप एग्ज़ीक्यूटिव, फ्रंट ऑफिस एग्ज़ीक्यूटिव, HR एग्ज़ीक्यूटिव, टीम लीडर, एकेडमिक काउंसलर, ट्रेनर, बैंकिंग सेल्स ऑफिसर, ऑपरेशंस एग्ज़ीक्यूटिव आदि।

C1–C2: एक्सपर्ट यूज़र – इन नौकरियों के लिए उपयुक्त: IAS, IFS, कॉर्पोरेट ट्रेनर, सीनियर मैनेजर, कंसल्टेंट, वकील, यूनिवर्सिटी लेक्चरर, पत्रकार, पब्लिक रिलेशंस मैनेजर, सीनियर HR, मैनेजमेंट कंसल्टेंट आदि।

महत्वपूर्ण: एक स्तर से अगले स्तर तक पहुँचने में जैसे A1 से A2, या A2 से B1 आमतौर पर 100 से अधिक घंटों के समर्पित अंग्रेज़ी अध्ययन और अभ्यास की आवश्यकता होती है।

जो विद्यार्थी FEA की सभी 12 महीनों की कक्षाओं में नियमित रूप से भाग लेते हैं, वे आमतौर पर B1–B2 स्तर तक पहुँच जाते हैं। यदि वे स्वतंत्र रूप से अभ्यास जारी रखें, तो C1 स्तर तक भी पहुँच सकते हैं।

AI के इस युग में करियर की सफलता का FEA फॉर्मूला = रेज़िलिएंस + ग्रोथ माइंडसेट + एडैप्टेबिलिटी + एथिक्स + CEFR स्कोर B1–B2

Good Luck -Your Career Starts Here

Table of Contents

Day 17: I, You, He, She, It, We, They + Action Word..... 2
Day 18: I, You, He, She, It, We, They + Action Word..... 5
Day 19: Introducing Yourself..... 5
Day 22: Introduce your Partner..... 6
Day 23: My Home..... 7
Day 24: My Neighbourhood..... 8
Day 27: Talking About Family..... 9
Day 28: Talking About Likes & Dislikes..... 10
Day 29: Daily Routine..... 10
Day 31: Using This, That, These, and Those..... 11
Day 35: My FEA Class..... 11
Day 36: Using “But” and “So”..... 12
Day 41: Asking Questions – What, Where, Who?..... 12
Day 43: Discovery..... 13
Day 44: Asking Questions Practice– What, Where, Who?..... 13
Day 45: Asking Questions – When, Why, How?..... 14
Day 47: Asking Questions - Practice – When, Why, How?..... 15
Day 49: Using “because” in a Sentence..... 15
Day 51: Bonus Practice Time..... 16
Day 53: English Progress Check Preparation..... 17
Day 55: Describing Images + Jeopardy..... 19
Day 58: Where is it? – Part 1 (in, on, under, near)..... 21
Day 60: Where is it? Part 2 (between, behind, in front of)..... 21
Day 61: Revision and Practice Day..... 22
Day 62: Habits of Well-Educated People (Road to Success)..... 22
Day 63: Describing Places..... 23
Day 65: Consolidation..... 24
Day 66: Talking About Yesterday (Part 1)..... 24
Day 72: Life Yesterday..... 25
Day 78: Consolidation: Practice Time..... 27
Day 107: Visiting the Doctor – Roleplay & Speaking Practice..... 27
Day 110: Naye Daur ke Naye Kaam..... 28
Day 113: Speaking Challenge..... 28
Day 118: Finding Opportunities Around the World..... 29
Day 119: Listening Activity: “Learning from Portado”..... 30
Day 121: Presenting: Career Research..... 31
Day 122: "English Progress Check..... 32
Day 126: Talking to a Customer..... 35

Day 130: Hot Seat – Ask Me Questions..... 36
Day 132: My Career Goal..... 37
Day 138: Online Communication with Zoom..... 38
Day 139: Mock Interview – Tell Me About Yourself..... 39
Day 140- Planning a Village Trip for a Foreign Visitor..... 41
Day 142: Talking in the Present (Role Play)..... 41
Day 143: Talking in the Past – Role Play + AI Practice..... 42
Day 146: Group Role Play Challenge..... 44
Day 151: Mock Interview 3- Why Do You Want This Job?..... 47
Day 152: Mock Interview – Talking About My Experiences..... 48
Day 153: See Think Speak..... 50
Day 154: Role Play Challenge..... 52
Day 156: Present Tense Group Discussion..... 53
Day 157: Past Tense Group Discussion..... 56
Day 158: Future Tense Group Discussion..... 58
Day 169: Solving One Problem in My Village - A Panchayat Presentation..... 61
Day 174: Everyday Shopping Conversations..... 62
Day 175- 5 Cool Things About Me..... 64
Day 180 - Student Interview DAY ONE..... 67
Day 190- How to fill a Form and Ask Questions..... 68
Day 196 – Practicing Daily Conversations..... 69

Day 17: I, You, He, She, It, We, They + Action Word

Subject	am/is/are	Word
I	am	I am happy I am nervous I am a student I am sleeping Your 2 sentences _____ _____
You	are	You are tall You are intelligent You are hard working' You are my best friend You are my friend. Your 2 sentences _____ _____
He	is	He is my FEA Teacher He is clever He is eating Pizza He is my friend Ravi Your 2 sentences _____ _____
She	is	She is a nurse

		She is working She is from Ram-Nagar Lucknow She is a housewife Your 2 sentences _____ _____
It	is	It is a dog It is a pen It is a bag It is a ball Your 2 sentences _____ _____
We	are	We are friends We are students We are eating Your 2 sentences _____ _____
They	are	They are busy They are playing They are talking They are friends Your 2 sentences _____ _____

Day 18: I, You, He, She, It, We, They + Action Word

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Day 19: Introducing Yourself

- My full name is _____
- I am _____ years old.
- I am from _____
- I like _____
- I don't like _____
- My hobbies are _____and _____
- My hometown is in _____
- I live in a _____ (joint/nuclear) family.
- I have _____ members in my family.

- I have _____ siblings: _____ brothers and _____ sisters.
- My favorite food is _____
- My father's name is _____
- He is a _____
- My mother's name is _____
- My mother's maiden name is _____ (maiden means name before marriage)
- She is a _____
- We are a happy family.

XXXXXX

Day 22: Introduce your Partner

B. Write About Your Friend

Use the information above to complete the paragraph.

My friend's name is _____.

He/She is from _____.

He/She is _____ years old.

He/She likes _____.

He/She dislikes _____.

His/Her favourite colour is _____.

His/Her favourite food is _____.

His/Her favourite game is _____.

He/She can _____.

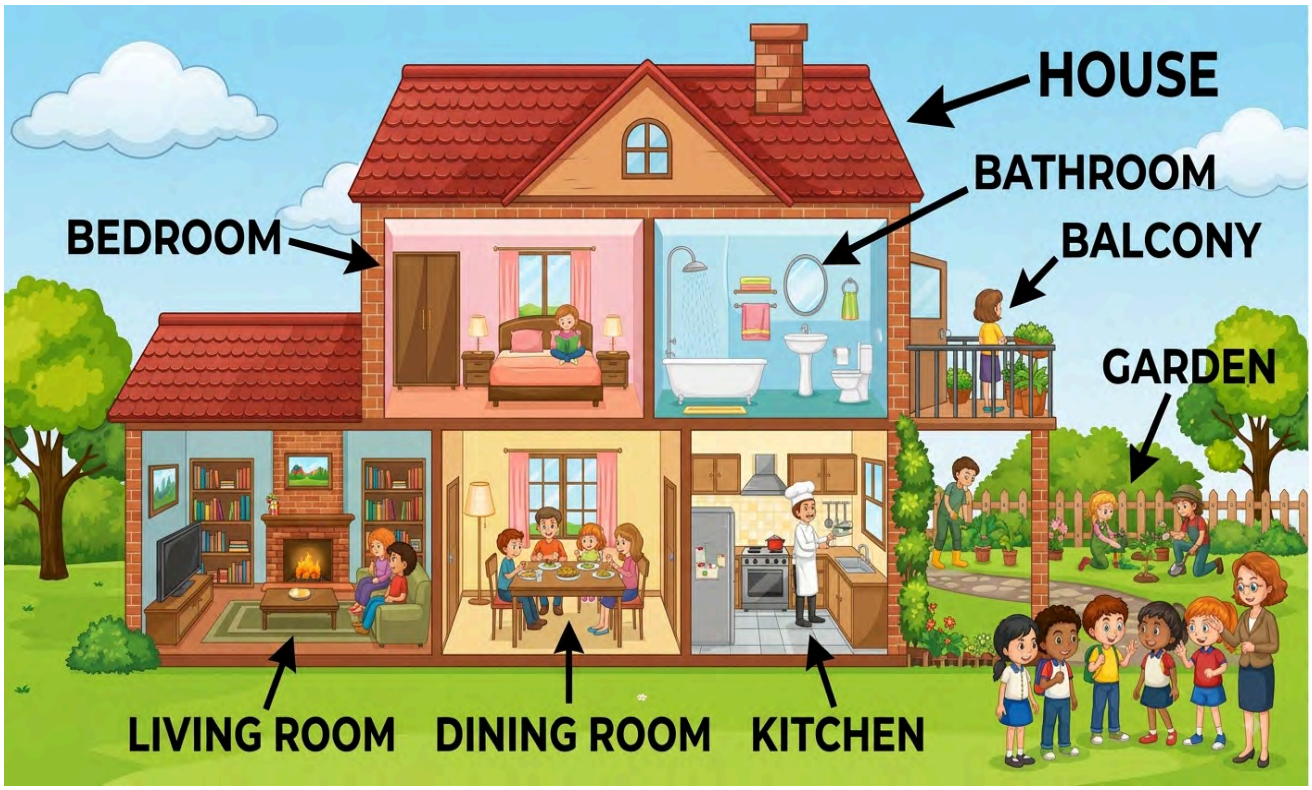
He/She cannot _____.

We like to _____ together.

He/She is _____.

I like my friend because _____.

Day 23: My Home



1. My home is in _____. *(village / city / town)*
2. I live with my _____. *(family / parents)*
3. There are _____people in my family. *(number)*
4. My home is _____. *(small / big / clean / beautiful)*
5. My home has _____ room(s). *(number)*
6. My home has a door and _____ window(s). *(number)*
7. *We cook in the _____. (room name)*
8. *We sleep in the _____. (room name)*
9. *I help my family at home.*
10. *I like my home because _____. (it is warm / it is nice / I love my family)*

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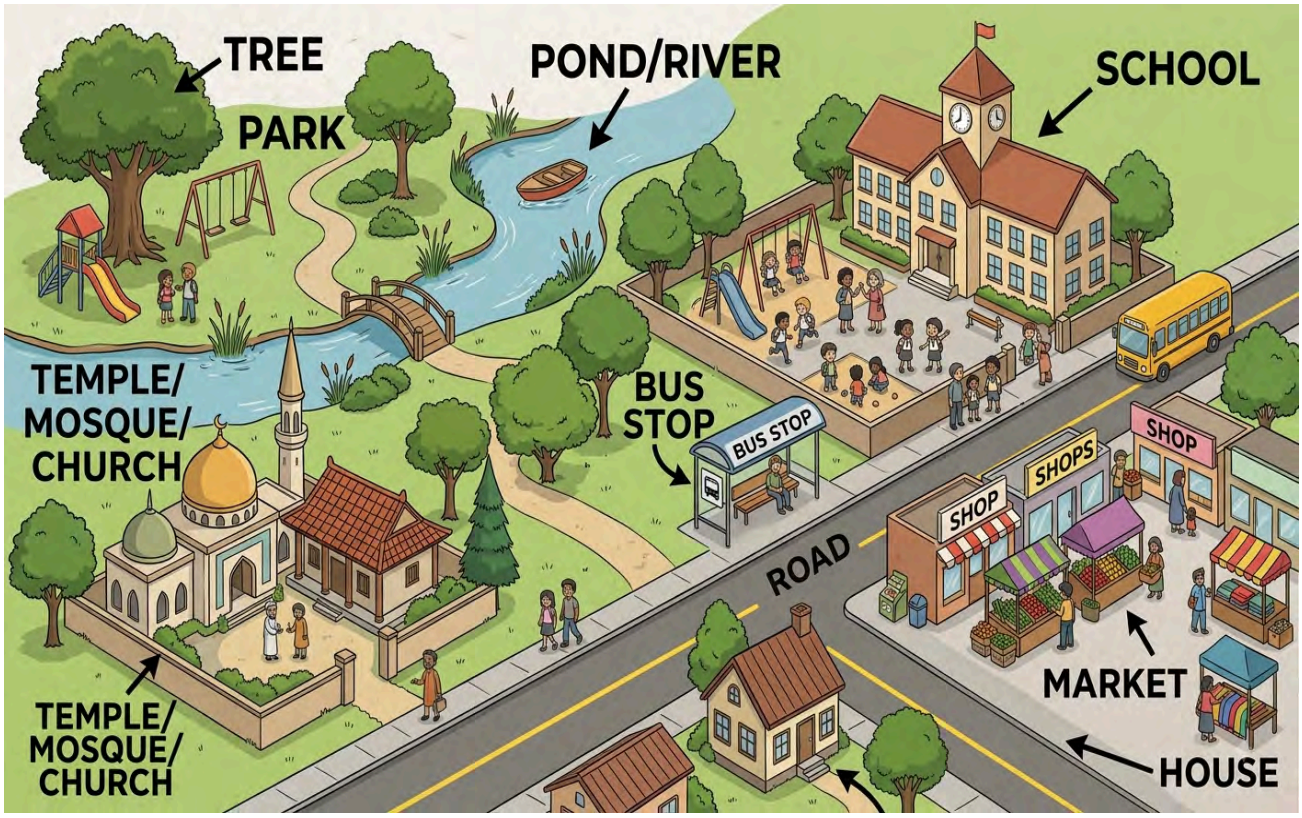
Day 24: My Neighbourhood



1. I live in _____. *(a village / a town)*
2. My neighbourhood is _____. *(small / big / clean / busy / quiet)*
3. There is a _____ near my home. *(school / temple / shop / park)*
4. There are _____ in my neighbourhood. *(trees / fields / cows / houses)*
5. I go to the _____. *(school / playground / market)*
6. I like _____. *(people / green fields / birds)*
7. My favourite place is _____. *(the playground / my friend's house / the farm)*
8. I like my neighbourhood because _____. *(it is clean / it is quiet / my friends live here)*

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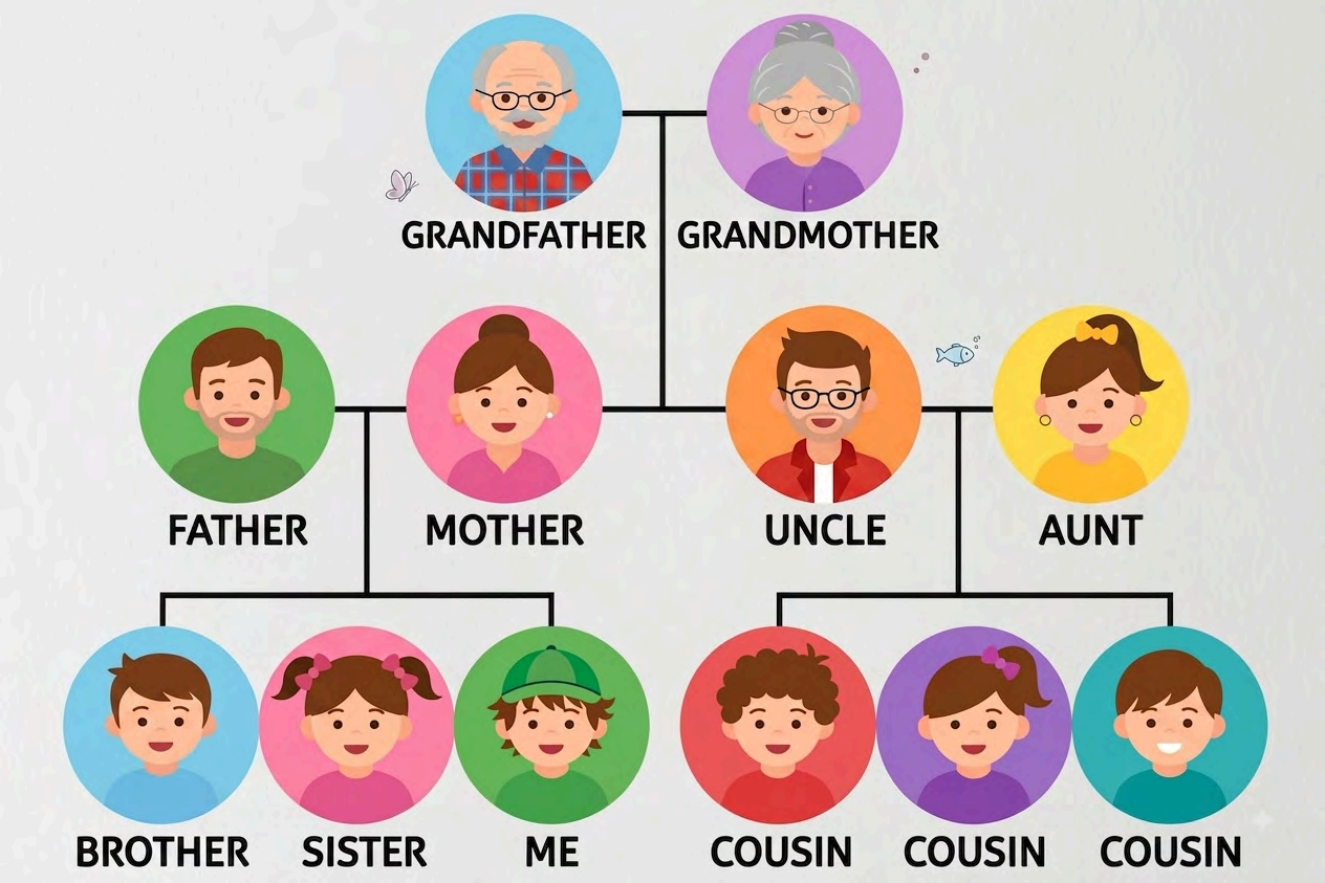
Day 27: Talking About Family



Students write the following sentences in their notebooks and complete them with their own information.

1. My family is from _____ (place)
2. There are _____ people in my family.
3. My father's name is _____
4. My father is a _____.
5. My mother's name is _____
6. My mother's maiden name is _____ (maiden name means
7. My mother is a _____.
8. I have _____siblings. (brothers and sisters)
9. We live _____ family (joint/nuclear)
10. I love my family because

XXXXXX

Day 28: Talking About Likes & Dislikes

What do you like and dislike?

I like _____ but I dislike _____

What does your friend like and dislike?

She likes _____ but she dislikes _____

What do your family members like and dislike?

They like _____ but they dislike _____

xxxxxx

Day 29: Daily Routine

1. I wake up at _____.
2. Then, I_____.
3. Next, I _____.
4. After that, I _____.
5. Later, I _____.
6. In the afternoon, I _____.
7. Afterwards, I _____.
8. In the evening, I _____.
9. Then, I _____.
10. Finally, I _____.

xxxxxx

Day 31: Using This, That, These, and Those

Write 1 sentence each using

1- This is _____

2- That is _____

3- These are _____

4- Those are _____

XXXXXX

Day 35: My FEA Class

Write 10 sentences about the FEA classroom

1- _____

2- _____

3- _____

4- _____

5- _____

6- _____

7- _____

8- _____

9- _____

10- _____

XXXXXX

Day 36: Using “But” and “So”

1- Write 2 sentences using “but”

Sentence 1

_____

Sentence 2

_____

2- Write 2 sentences using “so”

Sentence 1

_____

Sentence 2

_____

XXXXXX

Day 41: Asking Questions – What, Where, Who?

Answer the following questions

WHAT Questions and Sentence Starters

1. What is your dream?
   My dream is to become a _____.
2. What is your daily routine?
   I wake up at _____. Then I _____. After that, I _____.

WHERE Questions and Sentence Starters

1. Where is your FEA class?
   My FEA class is in _____.
2. Where is your school?
   My teacher is in the _____.

WHO Questions and Sentence Starters

1. Who is your English teacher?
   My English teacher is _____.
2. Who is your best friend?
   My best friend is _____.

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Day 43: Discovery

Aryan was a boy who always asked questions. “Why is the sky blue?” “How do birds fly?” “Where do waves come from?”. He asked so many questions that his friends called him *"Mr. Why."*
But many times, people didn’t know the answers. Aryan felt confused. One rainy day, the power went out. Aryan was bored. He saw a book by Malala Yousafzai on his brother’s desk and got curious again. He used his cousin’s old laptop and typed: **"Who is Malala Yousafzai?"**

Identify one piece of information about ***Malala Yousafzai***.

_____

_____

_____

_____

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Day 44: Asking Questions Practice– What, Where, Who?

Write 2 questions each using

I- What ?

Question 1

_____

Question 2

_____

II- Where

Question 1

_____

Question 2

_____

III- Who?

Question 1

_____

Question 2

_____

XXXXXX

Day 45: Asking Questions – When, Why, How?

Instructions for Students:

Read the questions aloud when the teacher asks you. Listen to your classmates' answers. If the teacher asks you to answer, speak in a full sentence. If you are not sure, repeat after the teacher and then try again.

WHEN Questions (time)

1. When do you eat dinner?
   I eat dinner at _____.

2. When do you sleep?
   I sleep at _____.

3. When do you go to school?
   I go to school at _____.

WHY Questions

1. Why are you happy?
   I am happy because
   _____.

2. Why do you learn English?
   I am learning English because
   _____.

3. Why do you like shopping?
   I like shopping because
   _____

HOW Questions

1. How do you go to school?
   I go to school by _____.

2. How do you feel today?
   I feel _____ today.

3. How do you prepare Maggi?
   I prepare Maggi by
   _____.

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Day 47: Asking Questions - Practice – When, Why, How?

Write 2 questions each using

I- When ?

Question 1

_____

Question 2

_____

II- Why?

Question 1

_____

Question 2

_____

III- How ?

Question 1

_____

Question 2

_____

XXXXXX

Day 49: Using “because” in a Sentence

Complete these sentence starters:

I am happy because _____.

I am tired because _____.

I like English because _____.

I come to class because _____.

I drink water because _____.

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Day 51: Bonus Practice Time

Step 1 in TRB: Instructions for Students:

1. Work with your partner. Take turns asking and answering the questions below.
2. You ask your partner one question. Then your partner asks you the next question.
3. Speak in full sentences. If you are not sure, ask the teacher or repeat after your partner.
4. Continue like this until you have asked and answered all the questions.

"What / Where / Who + is your…"

1. What is your favorite food?
2. What is your dream job?
3. What is your hobby?
4. What is your father's name?
5. What is your favorite movie?
6. What is your favorite color?
7. Where is your school?
8. Where is your house?
9. Where is your mobile phone?
10. Where is your best friend now?
11. Who is your best friend?
12. Who is your favorite actor?
13. Who is your English teacher?
14. Who is your role model?

"When / Why / How + do you…"

1. When do you wake up?
2. When do you go to school?
3. When do you eat lunch?
4. When do you come to FEA class?
5. When do you watch TV?
6. Why do you learn English?
7. Why do you go to school?
8. Why do you like holidays?
9. Why do you eat fruits?
10. How do you go to school?
11. How do you learn English?
12. How do you help your parents?
13. How do you cook rice?
14. How do you feel today?

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Day 53: English Progress Check Preparation

Exercise 1 — Introduce Yourself

Complete the sentences.

My name is _____.

I am from _____.

I am a _____.

I like _____.

Now introduce yourself to your partner.

Exercise 2 — Ask and Answer

Ask your partner.

1. Where do you live?

I live in _____.

2. What do you do every day?

I _____.

3. What do you like to do in your free time?

I like to _____.

4. Who is your favourite person in your family?

My favourite person is _____.

How old are you? _____

Tell me about your family.

_____

_____

_____

Now change partners and ask again.

Exercise 3 — Speak for 30 Seconds

Choose **one** topic.

My Family / My Village / My friend

Write a few words to help you speak.

My topic: _____

1. _____
2. _____
3. _____
4. _____
5. _____

Now speak for 30 seconds.

My Progress

At the end, students complete this themselves:

- ☐ I can introduce myself in English.
- ☐ I can answer simple questions about myself.
- ☐ I can ask simple questions.
- ☐ I can speak in English for 30 seconds.
- ☐ I can have a short conversation with a partner.
- ☐ I can speak even when I make mistakes.

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Day 55: Describing Images + Jeopardy

Discuss with your partner:

1- What can you see in the picture?

2- What are people doing?

3- What are they thinking ?

4- I like this picture because _____

5- It reminds me of _____

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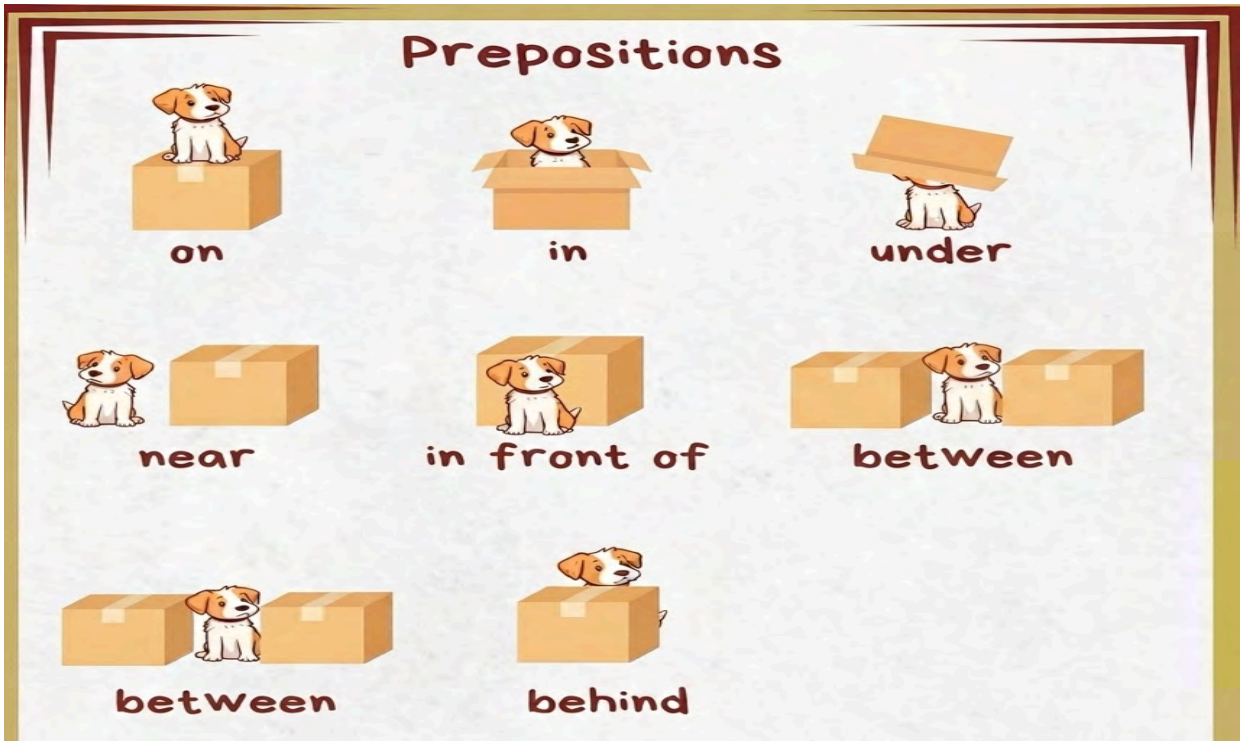
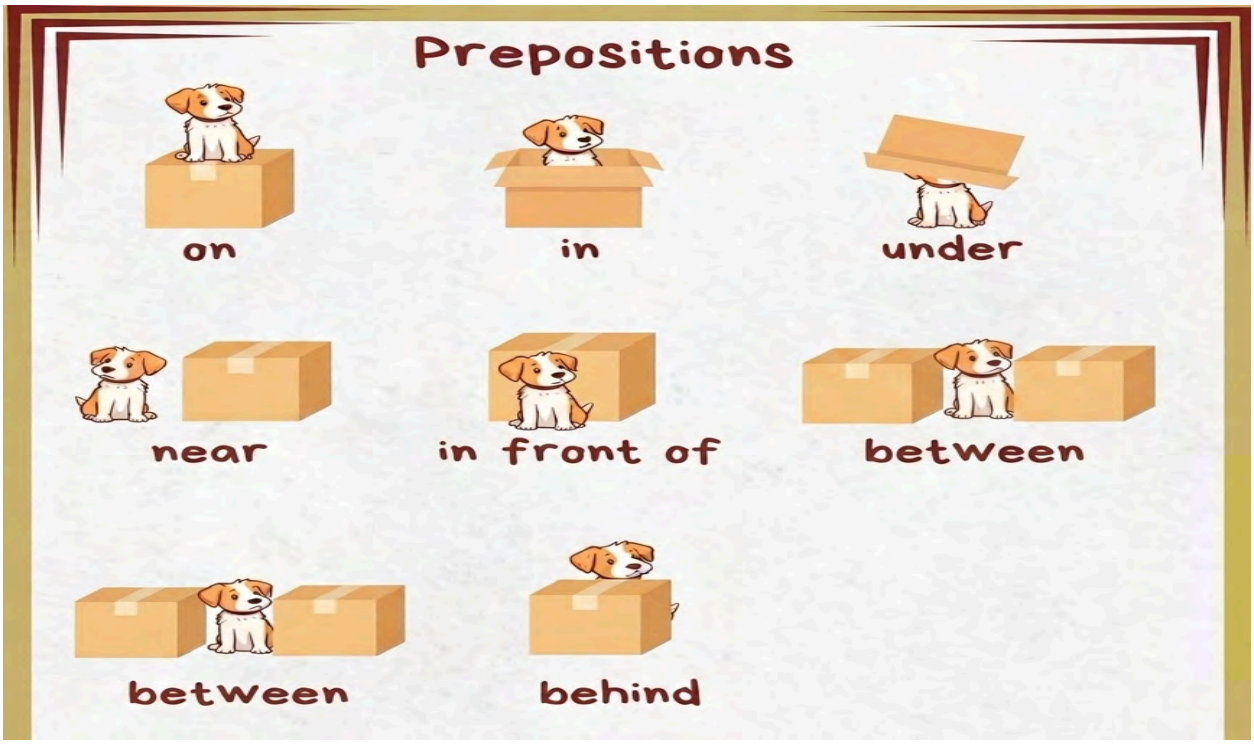
Day 58: Where is it? – Part 1 (in, on, under, near)



Day 60: Where is it? Part 2 (between, behind, in front of)



Day 61: Revision and Practice Day

Day 62: Habits of Well-Educated People (Road to Success)

5 Habits of Well-Educated People

Explain each habit in simple words, one at a time. Give an example for each.

1. **Stay Curious:** Instead of only scrolling on the phone, ask questions and try to learn new things. Example: Asking "how does this work?" instead of just using it.
2. **It's Okay to Say "I Don't Know":** A smart person is not afraid to say "I don't know enough about this yet." This is not a weakness — it helps you learn more.
3. **Check Before You Believe:** Before believing a message or news, check if it is true. Don't believe everything you see on WhatsApp or social media.
4. **Listen to Understand:** Listen to others carefully to understand their point — not just to argue or win.
5. **Practice What You Learn:** Write down or explain to someone else what you learned. This helps you remember and understand better.

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Day 63: Describing Places

Look at the image. Use prepositions to describe what you see.

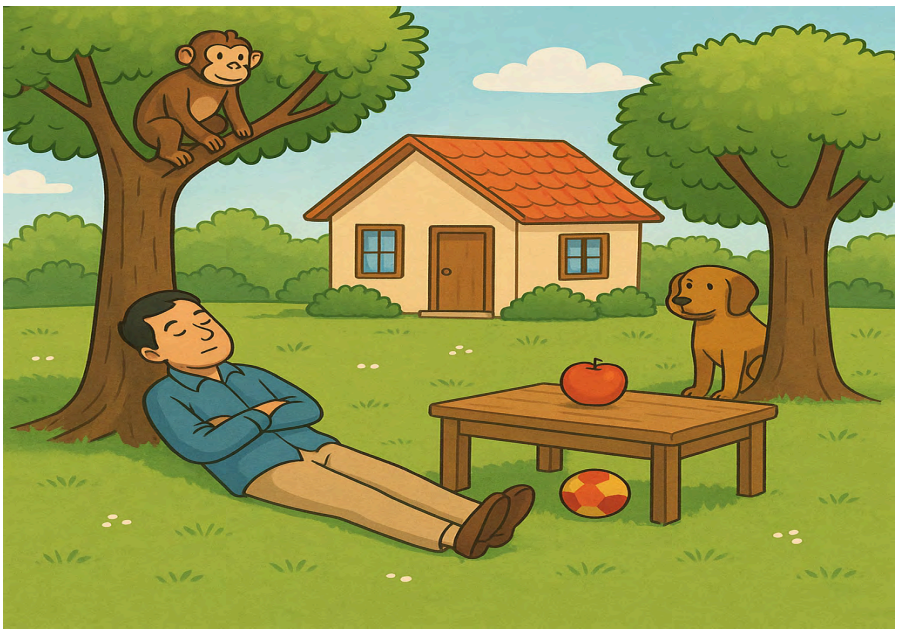
For example:

– The book is **on** the table.

– The cup is **under** the chair.

– The cat is **beside** the door.

Take turns with your partner. One student describes the image. The other student adds one more sentence using a different preposition. Keep going until you have used many prepositions.



Day 65: Consolidation

Who is Harmanpreet Kaur? 5 new pieces of information about her? Write in 5 sentences.

_____

_____

_____

_____

_____

_____

_____

_____

xxxxxx

Day 66: Talking About Yesterday (Part 1)

Read all the words ending with 'ed'.

II- Let's Act!

jumped	closed	cooked
helped	watched	washed
cleaned	cried	listened
opened	smiled	painted

III- Fill in the blanks

There was an old man who _____ (live) in a dark haunted house. One day, he _____ (cook) _____ dark green soup and _____ (call) his wife to drink it. Do you know what _____ (happen) to the wife? She _____ (start) moving in circles and _____ (laugh) loudly. The old man _____ (shout). The wife's eyes _____ (turn) red. He _____ (close) the door and the wife (go) _____ into the walls.

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Day 72: Life Yesterday

Activity	**(Present Form) V1**	**(Past Form) V2**	**Example Sentence**
Wake up	wake	woke	I woke up at 6 a.m.
Brush teeth	brush	brushed	I brushed my teeth.
Wash face	wash	washed	I washed my face.
Take a bath/shower	take	took	I took a bath.
Wear clothes	wear	wore	I wore clean clothes.
Comb hair	comb	combed	I combed my hair.
Eat breakfast	eat	ate	I ate breakfast.
Drink tea/milk	drink	drank	I drank a glass of milk.
Pack bag/lunch	pack	packed	I packed my bag.
Leave home	leave	left	I left home at 7 a.m.
Go to class/work	go	went	I went to class.

Travel	travel	travelled	I travelled by cycle.
Reach center	reach	reached	I reached the FEA center
Greet friends	greet	greeted	I greeted my friends.
Sit in class	sit	sat	I sat with my partner.
Listen to teacher	listen	listened	I listened to the teacher.
Read Day	read	read *(red)*	I read the story.
Write notes	write	wrote	I wrote notes in my notebook.
Ask questions	ask	asked	I asked a question.
Answer questions	answer	answered	I answered the question.
Talk to friends	talk	talked	I talked to my friends.
Laugh	laugh	laughed	I laughed with them.
Return home	return	returned	I returned home.
Rest	rest	rested	I rested for sometime.
Watch TV	watch	watched	I watched TV.
Help at home	help	helped	I helped my mother.
Cook food	cook	cooked	I cooked dinner with my sister.
Eat dinner	eat	ate	I ate dinner.
Wash utensils	wash	washed	I washed the utensils.
Clean room	clean	cleaned	I cleaned my room.
Study	study	studied	I studied for one hour.
Do homework	do	did	I did my homework.
Laugh with family	laugh	laughed	I laughed with my family.
Plan next day	plan	planned	I planned my next day.
Pray	pray	prayed	I prayed before dinner.
Read a book	read	read *(red)*	I read a book.
Check phone	check	checked	I checked my phone.
Say goodnight	say	said	I said goodnight to my family.
Sleep	sleep	slept	I slept at 10 p.m.

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Day 78: Consolidation: Practice Time

Day 107: Visiting the Doctor – Roleplay & Speaking Practice

Doctor: Hello. What's your name?
Patient: My name is [Student Name].

Doctor: What is the problem?
Patient: I have a headache and a cough.

Doctor: When did it start?
Patient: It started yesterday morning.

Doctor: Where do you feel pain?
Patient: I feel pain in my head and throat.

Doctor: What is your daily routine?
Patient: I wake up at 6am, bath, eat breakfast and then I go to work and I come back in the evening, I eat dinner and sleep.

Doctor: What did you eat yesterday?
Patient: I ate some cold food.

Doctor: Who lives with you?
Patient: My mother lives with me.

Doctor: Why didn't you go to the hospital before?
Patient: I thought I would feel better.

Doctor: How do you feel now?
Patient: I feel very tired.

Doctor: Okay. Take this medicine and rest well.
Patient: Thank you, doctor.
Doctor: You're welcome. Get well soon!

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Day 110: Naye Daur ke Naye Kaam

My Plan A is to become a _____

Here are 5 steps I will take to achieve this goal:

1. _____
2. _____
3. _____
4. _____
5. _____

My Plan B is to become a _____

Here are 5 steps I will take to achieve this goal:

1. _____
2. _____
3. _____
4. _____
5. _____

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Day 113: Speaking Challenge

Write the questions on the board:

1. Who is your best friend? What do you like about them?
2. What do you usually do on Sundays?
3. What is your favourite place? Why?
4. Tell me about your family.
5. If you had one free day, what would you do?
6. What is more important: money or happiness? Why?
7. If you could change one thing about your village or town, what would you change?

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Day 118: Finding Opportunities Around the World

Sentence Starters to Ask AI:

My Country is _____

"What is famous in…?"

"What jobs are there in…?"

"What skills do I need to work in…?"

"Are there study opportunities in…?"

"What can I learn from this country?"

"What should I do if I want to go there?"

Instructions: Sit in pairs. Choose one country from the map. Use the sentence starters above to ask AI questions. Write the answers in your notebook

Our Country: _____.

Answer:

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

XXXXXX

Day 119: Listening Activity: “Learning from Portado”

What can we learn from this video? Write in 5-7 sentences.

xxxxxx

Day 121: Presenting: Career Research

Today's 3 Careers (Choose One):

1. Cruise Ship Activity Staff
2. Drone Operator
3. Digital Marketer

1. What is the name of the job?
The job I chose to talk about is called:

2. How much is the average salary?
The average salary for this job is around:

3. What does the person do in this job?
A person in this job is responsible for:

4. Where do they work?
They usually work in the _____ industry, at places like:

5. What skills are needed for this job?
To do this job well, you need skills such as:

6. What education or training is required?
Most people in this job need to study or train in:

7. What is exciting or different about this job?
This job is exciting because:

_____

_____

8. Would you like to do this job? Why or why not?
I would / would not like to do this job because:

_____

_____

9. One interesting fact I found was that:

_____

_____

10. In conclusion, I think this job is a good option for someone who:

_____

_____

XXXXXX

Day 122: "English Progress Check

Exercise 1 — My Life in My Village

Complete the sentences.

I live in _____.

There are _____ people in my family.

Every day, I _____.

I work/study at _____.

In my free time, I _____.

I enjoy _____.

Now speak

Talk to your partner about:

“My Life in My Village”

Try to speak for **1 minute**.

Remember:

Family → Daily life → Work/Studies → Free time

Exercise 2 — What Did I Do Yesterday?

Complete the sentences.

Yesterday, I woke up at _____.

Then I _____.

After that, I _____.

In the evening, I _____.

At night, I _____.

Now speak

Tell your partner **3 things** you did yesterday.

Your partner can ask:

> **"What did you do next?"**

Exercise 3 — My Opinion

Question:

Is it better to live in a village or a city?

I think living in a _____ is better.

My reason is:

For example:

Now talk

Tell your partner your opinion.

Then ask:

> **"What do you think?"**

Listen to your partner's answer.

Exercise 4 — Ask More Questions

When your partner speaks, ask **2 questions**.

You can use:

Why?
When?
Who?
How?
What happened next?

My questions

Question 1:
_____?

Answer:
_____.

Question 2:
_____?

Answer:
_____.

My Progress

At the end of the lesson, think about your speaking.

- ☐ I can speak for 1 minute on a familiar topic.
- ☐ I can talk about something that happened in the past.
- ☐ I can give my opinion and a reason.
- ☐ I can ask follow-up questions.
- ☐ I can respond to questions without much help.
- ☐ I can complete a conversation in English.

XXXXXX

Day 126: Talking to a Customer

Activity 1- New Words

Customer care
Order
Delivery
Refund
Replace
Cancel
Problem
Damaged
Activity 2- Useful English

Customer

- Hello.
- I need some help.
- I have a problem.
- My order has not arrived.
- I received the wrong product.
- The product is damaged.
- Can you help me?
- Thank you.

Customer Care Executive

- Hello. How can I help you?
- What is the problem?
- Can I have your order number?
- I am sorry to hear that.
- We will replace it.
- We will refund your money.
- Your problem will be solved soon.

Group Roleplay
Work in groups of four. Choose one situation and create your own conversation. Everyone must speak.

- Your order has not arrived.
- You received the wrong product.
- The product is damaged.
- You want a refund.
- Your internet is not working.
- Your mobile recharge failed.
- Your food delivery is cold.
- You want to cancel your order.

Reflection
What new words or expressions did you learn today?
How can you use this English in real life?

XXXXXX

Day 130: Hot Seat – Ask Me Questions

Question Ideas

About Me

- What is your favourite food?
- What is your favourite movie?
- What is your favourite subject?
- What makes you happy?
- What is your hobby?

Family

- How many people are there in your family?
- Who do you admire most?
- What do your parents do?

School and Work

- Why are you learning English?
- What job do you want?
- What skills do you want to learn?

Daily Life

- What time do you wake up?
- What do you do after class?
- How do you travel to the centre?

Opinions

- Which season do you like most?
- Which city would you like to visit?
- Why is English important?
- What makes a good friend?

Fun Questions

- If you had one crore rupees, what would you do?
- If you could travel anywhere, where would you go?
- If you could meet anyone, who would you meet?
- What superpower would you like to have?

XXXXXX

Day 132: My Career Goal

CAREER PLAN SHEET

1. My dream job:
   I want to be a _____.
2. What does this job do?
   ChatGPT says: _____.
3. What skills do I need?
   ChatGPT says: _____.
4. What should I study?
   ChatGPT says: _____.
5. What steps should I take?
   ChatGPT says:
   - Step 1: _____.
   - Step 2: _____.
   - Step 3: _____.
6. My first action this year:
   I will _____.

Follow the FEA Growth Hub channel on WhatsApp:

https://whatsapp.com/channel/0029Vb6CBaHDTkJujzVcTl11

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✅ Daily motivation & growth hacks ✨

✅ Learn & engage with polls, quizzes, and brain teasers 🎯

XXXXXX

Day 138: Online Communication with Zoom

Step 1: Pair Work – Create 5 Questions

Instructions:

Work with your partner. Open AI on your phone or laptop.

Search online or think creatively.

Write down 5 questions. Only write questions (not answers).

Examples to guide you:

1. What is your favorite memory from school?
2. If you could travel anywhere, where would you go?
3. Who inspires you the most?
4. What is one dream you have for the future?
5. What is your favorite thing to do on weekends?

Your Turn: Write Your 5 Questions Below

Question 1- _____

Question 2- _____

Question 3- _____

Question 4- _____

Question 5- _____

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Day 139: Mock Interview – Tell Me About Yourself

Step 1: Think About Yourself

Answer these questions.

1. What is your full name?
2. Where are you from?
3. What is your highest qualification?
4. What course or skills have you learned?
5. What job would you like to do?
6. What are two of your strengths?
7. What is one weakness you are improving?
8. How are you improving it?

Step 2: Prepare Your Introduction

Use the ideas below to prepare your own 90-second answer.

Good morning.

My name is _____.

I am from _____.

I completed _____.

I recently learned _____.

I would like to work as a _____ because _____.

One of my strengths is _____.

Another strength is _____.

One area I am improving is _____.

I am improving it by _____.

Thank you.

Useful Strengths

- Hardworking
- Honest
- Responsible
- Quick learner
- Good communicator
- Friendly
- Positive attitude
- Team player
- Punctual
- Confident
- Adaptable
- Good listener

Areas for Improvement

Choose one that is true for you.

- I sometimes feel nervous while speaking English.
- I need to improve my confidence.
- I sometimes hesitate before answering.
- I need more work experience.
- I want to improve my communication skills.
- I am learning to manage my time better.

Remember: Always explain **how you are improving**.

Example:

I sometimes feel nervous while speaking English, but I practise speaking every day with my classmates.

XXXXXX

Day 140- Planning a Village Trip for a Foreign Visitor

MY VISITOR'S ONE-DAY TRIP:

Students plan their trip using these prompts:

1. First stop – Where will you take them?

2. Food stop – What will they eat or drink?

3. Experience – What will they do?

4. Culture – What tradition, festival, or local activity will they experience?

5. Personal story – What memory will you share?

6. Special reason – Why is your village special?

7. Final stop – Where will you take them before they leave?

Write your notes here:

_____

_____

_____

_____

_____

XXXXXX

Day 142: Talking in the Present (Role Play)

Role Play 1 – Student and Teacher

Situation: A student talks to a teacher about their daily routine.

Teacher: What time do you wake up?

Student: I wake up at _____.

Teacher: What do you do after that?

Student: I _____.

Teacher: What do you do in the evening?

Student: I _____.

Change roles and practise again.

5. Role Play 2 – Two Friends

Situation: Two friends talk about their usual weekday.

Friend 1: What do you do on weekdays?

Friend 2: I _____.

Friend 1: What do you do after work/class?

Friend 2: I _____.

Friend 1: What do you do in the evening?

Friend 2: I _____.

Change roles and practise again.

XXXXXX

Day 143: Talking in the Past – Role Play + AI Practice

1. **Useful Past Tense Words**

Read and practise:

- wake up → woke up
- eat → ate
- drink → drank
- go → went
- come → came
- work → worked
- study → studied
- play → played
- watch → watched
- cook → cooked

2. Useful Speaking Words

First → Then → After that → Finally

Use these words to tell your story.

Role Play 1 – Friends

One friend asks the other:

“What did you do yesterday?”

The student explains where they went and what they did.

Useful sentences:

“I went to _____.”

“I went with _____.”

“We _____.”

“Then we _____.”

Role Play 2 – Mother and Child

The child came home late yesterday.

Mother asks:

“Why did you come home late?”

The child explains what happened.

Useful sentences:

“I went to _____.”

“I met _____.”

“I came home late because _____.”

“Sorry, Mother.”

Role Play 3 – Teacher and Student

The student did not complete the homework.

Teacher asks:

“Why didn't you complete your homework?”

Student explains what happened.

Useful sentences:

“I forgot my homework.”

“I was busy.”

“I came home late.”

“I completed it later.”

Role Play 4 – Neighbours

The electricity went off yesterday.

Two neighbours talk about what happened.

Useful sentences:

“There was a power cut.”

“It started at _____.”

“I was at home.”

“I sat with my family.”

“The electricity came back at _____.”

XXXXXX

Day 146: Group Role Play Challenge

Exercise 1 — A Person Who Influenced My Life

Think about an important person in your life.

Who is the person?

How do you know this person?

What has this person taught you?

Why is this person important to you?

My 2-Minute Talk

Use your notes to speak.

Remember:

Who → How I know them → What they taught me → Why important

Speak for 2 minutes.

Exercise 2 — A Memorable Day

Think about a day you remember well.

Where were you?

Who was with you?

What happened?

How did you feel?

Why do you remember this day?

Now tell your story

Tell your partner what happened.

Your partner asks:

> "What happened next?"

Try to tell the story in order.

Exercise 3 — Keep the Conversation Going

Topic:

"What makes someone successful?"

Choose some ideas:

- Hard work
- Education
- Confidence
- Good communication
- Money

- Helping others
- Never giving up

My opinion:

I think _____.

My reason:

Because _____.

Another reason:

Also, _____.

Now talk with your group

Remember:

1. Give an opinion.

2. Ask someone a question.

3. Respond to someone's opinion.

Useful questions:

- Why do you think so?
- Do you agree?
- Can you give an example?
- What do you think?
- What about you?

My Progress

- ☐ I can speak for 2 minutes on a familiar topic.
- ☐ I can explain an experience or event.
- ☐ I can express my opinion and give reasons.
- ☐ I can ask follow-up questions.
- ☐ I can respond to different opinions.
- ☐ I can communicate without depending on the teacher.

XXXXXX

Day 151: Mock Interview 3- Why Do You Want This Job?

1. My Dream Job

Complete the sentences.

I want to be a _____.

I want to work in a _____.

2. Why Do I Want This Job?

Complete the sentences.

I want this job because _____.

I like _____.

I want to learn _____.

3. My Interview Answer

Complete your answer.

I want to be a _____.

I want this job because _____.

I can _____.

4. Practise With a Partner

Ask your partner:

“What job do you want?”

“Why do you want this job?”

Complete:

My partner wants to be a _____.

My partner wants this job because _____.

5. My Turn

My partner asks:

“Why do you want this job?”

My answer:

I want to be a _____.

I want this job because _____.

I can _____.

6. Make It Longer

Add one more sentence to your answer.

I also want to learn _____.

7. Final Challenge

Close your book.

Tell your partner about your dream job.

Try to speak for 30 seconds without reading.

XXXXXX

Day 152: Mock Interview – Talking About My Experiences

1. Word of the Day

Experience = Something that happens to you.

Complete the sentence:

One good experience I had was _____.

2. My Small Story

Think about one small problem or experience from your life.

I was _____.

I _____.

Then _____.

3. Tell Your Story

Complete the sentences.

What happened?

What did you do?

What happened next?

---

4. A Problem I Had

Complete the answer.

I had a problem with _____.

I _____.

Then _____.

5. A Mistake I Made

Complete the answer.

I made a mistake. I _____.

I said _____.

Then _____.

6. Make My Answer Better

Add one more detail to your story.

I had a problem with _____.

It happened _____.

I _____.

Then _____.

7. Interview Practice

Work with a partner.

Partner asks:

"Tell me about a problem you had."

My answer:

_____

_____

_____

Partner asks:

"Tell me about a mistake you made."

My answer:

_____

_____

_____

8. My Final Story

Complete your story.

First, _____.

Then, _____.

After that, _____.

In the end, _____.

9. Speak Without Reading

Close your book.

Tell your partner your story in 30 seconds.

Try to remember:

What happened?

What did you do?

What happened next?

XXXXXX

Day 153: See Think Speak

Preparation (10 min)

Instructions for Students:

1. Choose one of the photos below (Student Reference Book).
2. Look at it carefully for 5 minutes.
3. Use the checklist below to think of sentences about the photo.
4. Write your sentences in the space provided.

Checklist for Describing Your Photo

- Who / What do you see?
- Where is the photo taken?
- What are people/things doing?
- What colors or objects can you describe?
- How does the photo make you feel?
- What can you see in the background?

My Sentences About the Photo:

_____

_____

_____

_____

_____

_____

XXXXXX

Day 154: Role Play Challenge

Role Play 1 – Asking for Directions

Roles:

- Visitor
- Local person
- Shopkeeper

Visitor: “Excuse me. Can you help me?”

Local: “Yes, of course.”

Visitor: “Where is the bus stand?”

Local: “It is near the market.”

Visitor: “How can I go there?”

Local: “Go straight and turn left.”

Visitor: “Thank you.”

Local: “You're welcome.”

Role Play 2 – At the Shop

Roles:

- Customer
- Shopkeeper
- Friend

Customer: “Hello. I want to buy a bag.”

Shopkeeper: “Sure. Which bag do you like?”

Customer: “I like this one. How much is it?”

Shopkeeper: “It is 500 rupees.”

Customer: “Can you give me a lower price?”

Shopkeeper: “Okay. 450 rupees.”

Customer: “Okay. I will take it.”

Shopkeeper: “Thank you.”

Role Play 3 – Planning a Small Celebration

Roles:

- Friend 1
- Friend 2
- Friend 3

Friend 1: “It is Rani's birthday tomorrow.”

Friend 2: “Yes. What should we do?”

Friend 3: “Let's have a small party.”

Friend 1: “Good idea.”

Friend 2: “What food should we buy?”

Friend 3: “Let's buy cake and snacks.”

Friend 1: “Who will buy the cake?”

Friend 2: “I can buy it.”

Friend 3: “I can bring the snacks.”

Write 2–3 sentences you will say:

1. _____
2. _____
3. _____

XXXXXX

Day 156: Present Tense Group Discussion

SAB Questions – Present Tense

1. Healthy Habits

- What do you do to stay healthy?
- What healthy habits do you follow every day?
- What healthy habit do you want to improve?

2. My Free Time Activities

- What do you do in your free time?
- Who do you spend your free time with?
- What activity do you enjoy most?

3. My Hobby

- What is your hobby?
- When do you do it?
- Why do you like it?

4. My School or College

- What is your school/college like?
- What do you do there every day?
- Who is your favorite teacher, and why?

5. My Morning Routine

- What do you do after you wake up?
- What do you do before leaving home?
- What is your favorite part of your morning?

6. My Favorite Festival

- What is your favorite festival?
- How do you celebrate it?
- Who do you celebrate it with?

7. My Favorite Sport

- What sport do you like?
- Do you play it or watch it?
- Why do you like it?

8. My Neighborhood

- Where do you live?
- What places are near your home?
- What do you like about your neighborhood?

9. My Favorite Season

- Which season do you like?
- What do you usually do in this season?
- Why do you like it?

10. My Family

- Who is in your family?
- What do your family members do every day?
- What do you like doing with your family?

11. My Village

- What is your village like?
- What important places are in your village?
- What do people usually do there?

12. How English Helps Me

- Why are you learning English?
- How do you use English in your daily life?
- How can English help you in the future?

13. My Favorite Food

- What is your favorite food?
- When do you usually eat it?
- Why do you like it?

14. How I Use Mobile Phones

- How do you use your phone every day?
- Which apps do you use most?
- How does your phone help you?

15. How AI Helps Students

- How can AI help students?
- What do you use AI for?
- What can students learn with AI?

16. City or Village?

- Which do you prefer: a city or a village?
- Why do you prefer it?
- What is better about your choice?

17. Why Education Is Important

- Why is education important?
- How does education help people?
- How can education help you in the future?

18. Advantages and Disadvantages of Mobile Phones

- How do mobile phones help us?
- What problems can mobile phones cause?
- How can we use phones wisely?

XXXXXX

Day 157: Past Tense Group Discussion

SAB Questions – Past Tense

1. My Childhood Memory

- What is a happy memory from your childhood?
- What happened?
- Who was with you?

2. What I Did Yesterday

- What did you do yesterday morning?
- What did you do in the afternoon?
- What did you do in the evening?

3. My First Day at FEA

- When did you join FEA?
- What happened on your first day?
- How did you feel?

4. My FEA Journey

- When did you join FEA?
- What did you learn at FEA?
- What was your favorite part?

5. My English Learning Challenge

- What was difficult for you when you started learning English?
- What did you do to improve?
- What can you do better now?

6. A Wedding I Attended

- Whose wedding did you attend?
- What happened at the wedding?
- What did you enjoy most?

7. My Visit to a Doctor

- When did you last visit a doctor?
- Why did you go?

- What happened at the clinic?

8. A Teacher Who Helped Me

- Which teacher helped you?
- What did the teacher do for you?
- How did the teacher help you?

9. My Favorite Childhood Game

- What game did you play as a child?
- Who did you play with?
- Why did you enjoy it?

10. A Festival in My Village

- Which festival did you celebrate?
- How did people celebrate it?
- What did you do?

11. A Busy Day in My Life

- When did you have a very busy day?
- What did you do?
- How did you feel at the end?

12. My Sunday

- What did you do last Sunday?
- Who did you spend time with?
- What was the best part of your day?

13. My School Picnic

- Where did you go for your school picnic?
- Who went with you?
- What did you do there?

14. A Time I Helped Someone

- When did you help someone?
- Who did you help?
- What did you do?

15. My Last Birthday Celebration

- Where did you celebrate your last birthday?
- Who was with you?
- What did you do?

16. A Movie I Watched Recently

- What movie did you watch recently?
- What was it about?
- Did you like it? Why?

17. A Time I Felt Proud

- When did you feel proud of yourself?
- What did you do?
- Why did you feel proud?

18. My Favorite Family Celebration

- What family celebration do you remember?
- What did your family do?
- Why was it special?

XXXXXX

Day 158: Future Tense Group Discussion

SRB Questions – Future Tense

1. My Plan for Next Week

- What will you do next week?
- Where will you go?
- Who will you spend time with?

2. My Dream Job

- What job do you want in the future?
- Why do you want this job?
- What skills do you need?

3. My Plans After FEA

- What will you do after FEA?
- Where do you want to work?

- What is your first goal?

4. How I Will Improve My English

- How will you improve your English?
- How often will you practice?
- Who will you practice with?

5. My Dream House

- What will your dream house look like?
- Where will it be?
- Who will live there with you?

6. A Place I Want to Visit

- Where do you want to go?
- Why do you want to visit this place?
- What will you do there?

7. What I Will Do This Weekend

- What will you do this weekend?
- Where will you go?
- Who will you meet?

8. My Future Village or City

- How will your village/city change?
- What new places will it have?
- What will be better?

9. How Technology Will Help Students

- How will technology help students?
- What will students learn using technology?
- Will learning become easier? Why?

10. My Future Life

- Where will you live in the future?
- What work will you do?
- What will your daily life be like?

11. A New Skill I Want to Learn

- What new skill do you want to learn?
- Why do you want to learn it?

- How will you learn it?

12. My Career Plan

- What work do you want to do?
- Where do you want to work?
- What will you do to reach your goal?

13. How I Will Help My Family

- How will you help your family in the future?
- What will you do for them?
- Why is this important to you?

14. My Next Festival Celebration

- How will you celebrate the next festival?
- Who will you celebrate with?
- What will you do?

15. My Fitness Plan

- What will you do to stay healthy?
- What exercise will you do?
- What healthy food will you eat?

16. What I Will Do If I Get a Good Job

- What will you do if you get a good job?
- How will you help your family?
- What will you buy or save for?

17. My Future Village

- What do you want your village to look like in the future?
- What should change?
- How will these changes help people?

18. How I Will Use AI

- How will you use AI for your studies?
- How can AI help you at work?
- What else will you use AI for?

XXXXXX

Day 169: Solving One Problem in My Village - A Panchayat Presentation

My Panchayat Presentation

Complete your four sentences:

The problem is _____.

It is a problem because _____.

My solution is _____.

I think it will help because _____.

Panchayat Questions

Practise answering these questions with your group.

Why is it a problem?

How can we solve it?

Who can help?

XXXXXX

Day 174: Everyday Shopping Conversations

You're right. **The lesson itself is primarily a speaking lesson**, so the SAB should **not make students do unnecessary writing**.

The book should mainly provide **sentence support, role cards, and a small amount of preparation**. I would change it to this:

Student Activity Book – Day 174: Everyday Shopping Conversations

1. Word of the Day

Bargain = To ask for a lower price.

Say:

"I bargain when I _____."

2. Useful Shopping English

Read and practise:

- How much is this?
- Can I try this?
- Is there any discount?
- That is expensive.
- Can you reduce the price?
- I'll take it.
- Thank you.

3. Shopping Role Play – Customer

You want to buy something.

Choose one:

☐ Shirt
☐ Saree
☐ Shoes
☐ Bag
☐ Gift

You have: **₹1,000**

Try to say:

"How much is this?"

"That is expensive."

"Can you reduce the price?"

"I'll take it."

4. Shopping Role Play – Shopkeeper

Your customer wants to buy something.

You can say:

“It is ₹800.”

“Sure.”

“I can give you a discount.”

“₹600 is my final price.”

“Okay.”

“Thank you.”

5. Surprise Challenge

Your teacher will give you a surprise problem.

Be ready to say:

“That's okay.”

“Can you help me?”

“I only have ₹500.”

“Do you have another one?”

“I don't want it.”

“I'll take it.”

6. Final Challenge

Work with a partner.

Customer: Ask about the price and bargain.

Shopkeeper: Give a price and respond.

Change roles.

Try to speak for **30–60 seconds**.

Remember:

Speak loudly.

Listen to your partner.

Use English.

Keep the conversation going.

XXXXXX

Day 175- 5 Cool Things About Me

Draw a large star in the space below.

On each of the five points of the star, write one fact about yourself.

_____

_____

_____

_____

_____

_____

_____

_____

_____

xxxxxx

Day 143: How to Apply for a Passport and Visa

Step 2 – Setting Up the Task

Your Goal: *Create a 2-minute speech on passport and visa.*

You will work in **pairs** and use these sentence starters to ask AI for information.

Rule: You must **SAY the question aloud** before typing it to AI.

Step 3 – Sentence Starters

Use these to ask AI your questions:

1. What is a passport?
2. How do I apply for a passport in India?
3. What documents are needed for a passport?
4. How much does it cost to make a passport in India?
5. What is a visa?
6. How do I apply for a visa?
7. Which countries are visa-free for Indians?

Step 4 – Pair Work with AI

Instructions for Students:

1. Sit in pairs.
2. Take turns asking AI these questions (SAY the question before typing).
3. Write the **answers** below.
4. Use the information to prepare your **2-minute speech**.

Our Notes from AI:

1. What is a passport?

Answer: _____.

2. How do I apply for a passport in India?

Answer: _____

_____

3. What documents are needed for a passport?

Answer: _____

_____

4. How much does it cost to get a passport in India?

Answer: _____

_____

5. What is a visa?

Answer: _____

_____

6. How do I apply for a visa?

Answer: _____

_____

7. Which countries are visa-free for Indians? Answer:

_____

_____

Final Task – Plan Your Speech

Use your notes to create a **2-minute speech** about passport and visa.

_____

_____

_____

_____

_____

_____

Day 180 - Student Interview DAY ONE

Answer in 4 or more sentences. To achieve B1- try to give examples and add reasons (because….)

Group Discussion + TM Observation | 40–50 mins

Teacher instructions:

Students will choose a topic and **discuss for 10 minutes** in small groups

- Speak in full sentences.
- Share your own ideas.
- Listen to others.
- Respond to what your classmates say.
- Try to speak naturally without memorising answers.

Choose a topic for discussion from this link

Teacher Interview Questions – Group Discussion Topics

XXXXXX

Day 190- How to fill a Form and Ask Questions

Sample Bank Account Opening Form 1. Applicant Information Full Name (in BLOCK letters): Father's / Husband's Name:
_____

Mother's Name: _____

Date of Birth (DD/MM/YYYY): _____/_____/_____ Gender: ■ Male ■ Female ■ Other Marital Status: ■ Single ■ Married ■ Other

Nationality: _____

Occupation: ■ Student ■ Service ■ Business ■ Farmer ■ Other _____

2. Contact Details Permanent Address:
_____
_____ District: _____ State:
_____ Pin Code: _____ Present Address (if different):
_____
_____ District:
_____ State: _____ Pin Code: _____ Mobile No.:
_____ Alternate Mobile: _____

Email ID: _____

3. Identification Proof Choose ONE (tick): ■ Aadhaar ■ PAN ■ Passport ■ Driving Licence ■ Voter ID ID Number: _____

4. Account Details Type of Account: ■ Savings ■ Current ■ Joint ■ Other _____ Mode of Operation: ■ Self ■ Joint ■ Either or Survivor Initial Deposit Amount: ■
_____

5. Nominee Details Nominee Name: _____
Relationship with Applicant: _____ Nominee Date of Birth:
_____/_____/_____ Nominee Address: _____
Nominee ID Proof: ■ Aadhaar ■ Voter ID ■ Other _____

6. Declaration I declare that the information given above is true and correct. Signature of Applicant:
_____ Date: ____/____/_____ Place:
_____

7. For Bank Use Only Account Number: _____ Customer ID:
_____ Branch Code: _____ Staff Signature: _____

XXXXXX

Day 196 – Practicing Daily Conversations

Step 1 – Role Play Preparation (30 mins)

Instructions for Students:

1. Work in pairs or groups of 3.
2. Your teacher will write some real-life situations on the board. Choose one situation for your role play.
3. Work together to create a short conversation (5–6 lines per person).
4. Use simple sentence starters to help you write your dialogue.
5. Practice your role play. You will perform it for the class!

Our Chosen Situation

_____

_____

_____

_____

_____

Our Role Play Conversation:

Person A: _____

Person B: _____

Person A: _____

Person B: _____

Person A: _____

Person B: _____

Person A: _____

Person B: _____

Person A: _____

Person B: _____

Helpful Sentence Starters

- “Hello, I want to buy…”
- “Where is the…?”
- “I am not feeling well.”
- “Can you help me with…?”
- “I would like to order…”
- “How much is this?”

XXXXXX

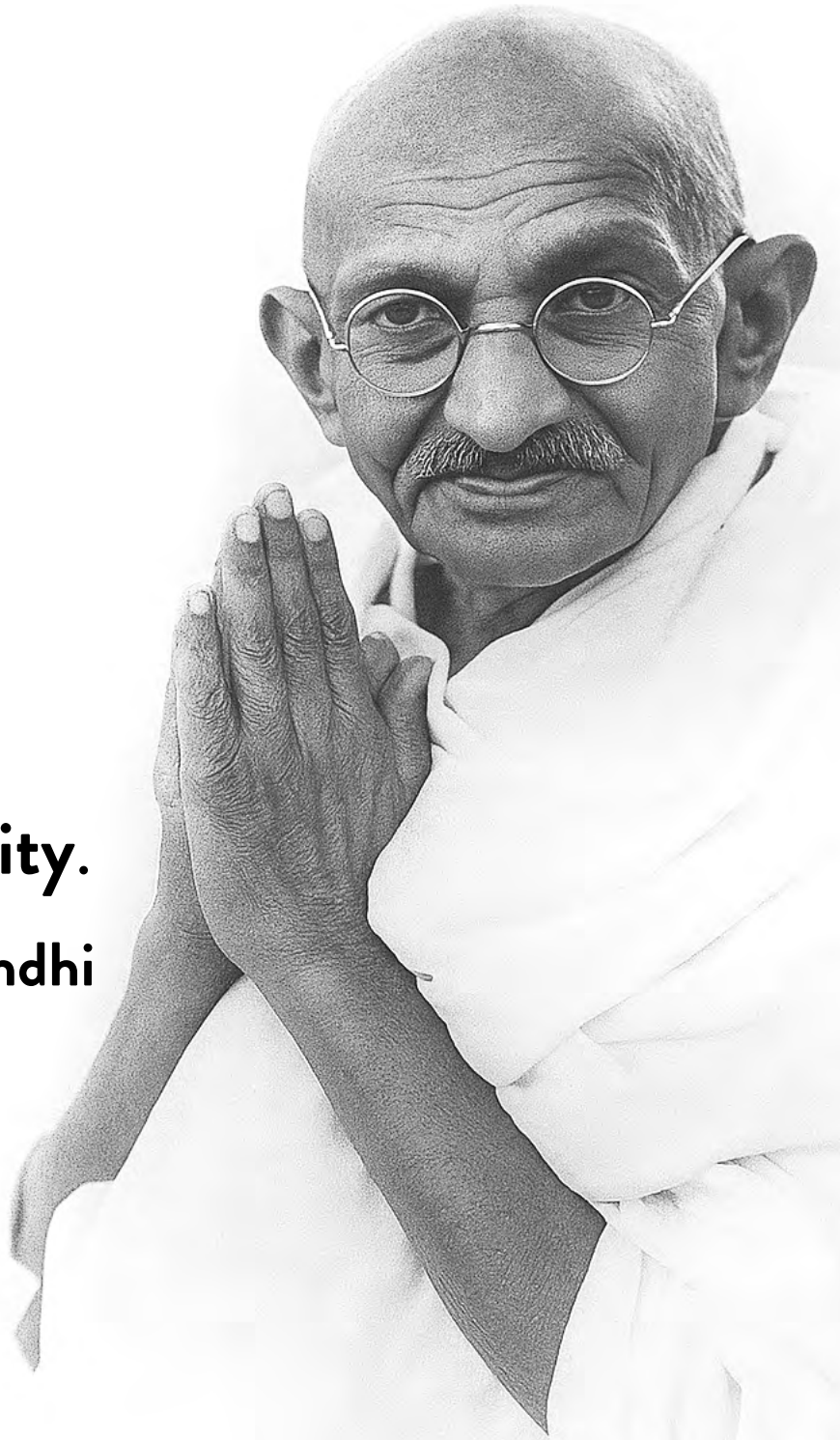
F E A

Building ethical, productive mindsets and core employability skills

Community Service

For me the road to salvation lies through incessant toil in the service of my country and the entire humanity.

- Mahatma Gandhi



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