



This book has been issued to (First Name) (Family Name)
of Session on (DD/MM/YY)

THIS PROGRAM WILL BUILD

MINDSET

- Develop self-confidence
- Improve decision-making
- Find creative solutions
- Learn from successful mentors

DIGITAL SKILLS

- Learn MS Word and Excel
- Develop online search skills
- Practice typing and computer operation

LANGUAGE

- Build English speaking skills
- Expand English vocabulary and grammar
- Practice listening comprehension
- Master public speaking and debate

CAREER-BUILDING SKILLS

- Learn about various careers
- Discover how to find a job
- Develop interview skills
- Prepare a resume
- Work with career guides to find the right career for you

Learn while having FUN

Many students more than double or triple or even quadruple their incomes by completing the FEA course. Are you going to be one of them?

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Class Duration - 2 Hour and 15 Minutes

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FEA Pledge एफईए प्लेज (प्रतिज्ञा)

**“Every day I will perform an act of kindness towards another person.
Where there is a will there is a way.”**

"हर दिन मैं दूसरे व्यक्ति के प्रति दयालुता का कार्य करूंगा। जहां चाह है, वहां राह है।

Lesson 2: English Self - Introduction 1

A. Fill-in-the-blanks with information about yourself.

1- My full name is _____

2- I am from _____ (village name) which is located
in the state of _____

3- I am _____ years old.

Lesson 3: English Self - Introduction 2

A. Fill-in-the-blanks with information about yourself.

1- I studied _____ (school subject) at
_____ (school name) located
at _____ in the
state of _____.

Lesson 4: English Self - Introduction 3

A. Fill-in-the-blanks with information about yourself.

5 things I like are:

1: _____

2: _____

3: _____

4: _____

5: _____

Lesson 5: English Self - Introduction 4

A. Fill-in-the-blanks with information about yourself.

1- My career goal is to become

2- My favorite relative is _____ because

Lesson 6: The Story of FEA

THE AAM FOUNDATION, WHICH OPERATES FREEDOM EMPLOYABILITY ACADEMY (FEA), WAS FOUNDED IN April, 2000 IN INDIA AND THE UNITED STATES BY DEEPAK CHOPRA

एएएम फाउंडेशन, जो फ्रीडम एम्प्लॉयबिलिटी एकेडमी (एफईए) को चलाती है, की स्थापना अप्रैल, 2000 में भारत और संयुक्त राज्य अमेरिका में दीपक चोपड़ा द्वारा की गई थी।

THIS IS THE STORY

कहानी यह है।

“As a teenager, I walked to my school bus stop through a very low-income neighborhood. Every day, I saw people cooking, eating, and living their lives on the side of the streets.

“एक किशोर के रूप में, मैं बहुत कम आय वाले पड़ोस से होकर अपने स्कूल बस स्टॉप तक जाता था। हर दिन, मैंने लोगों को सड़कों के किनारे खाना बनाते, खाते और अपना जीवन व्यतीत करते देखा।

The deprivation, misery, and loss of human dignity brought about by poverty deeply saddened me. I made a personal commitment to never forget what I experienced, and to help solve this immense problem.

गरीबी के कारण मानव गरिमा के अभाव, दुख और हानि ने मुझे बहुत दुखी किया। मैंने जो कुछ भी अनुभव किया उसे कभी न भूलने और इस विशाल समस्या को हल करने में मदद करने के लिए मैंने एक पर्सनल कमिटमेंट की

As I started my final year of high school, I decided I wanted to go to the Indian Institutes of Technology (IIT), which had a reputation for being a difficult engineering school to get into. Most students who got into IIT were typically in the top 2-3 of their high school class. I had never even been in the top 20 of any class.

जैसे ही मैंने हाई स्कूल के अपने अंतिम वर्ष की शुरुआत की, मैंने फैसला किया कि मैं भारतीय प्रौद्योगिकी संस्थान (IIT) में जाना चाहता हूँ, जिसकी प्रतिष्ठा एक ऐसे इंजीनियरिंग कॉलेज के रूप में थी जहाँ प्रवेश कठिन था। IIT में प्रवेश पाने वाले अधिकांश छात्र आमतौर पर अपनी हाई स्कूल कक्षा के टॉप 2-3 में थे। मैं कभी किसी क्लास में टॉप 20 में भी नहीं आया था।

So I spent my final year of high school taking as many extra classes as I could and doing everything I could think of to help prepare for the entrance exam. I gave up watching cricket

matches, movies and television. I would get up at 4:30 AM and travel 2 hours to the living room of a gifted mathematics teacher, to learn with him before I went to school. I skipped the annual family summer vacation. That entire year I focused deeply on preparing for this single examination so I could have a chance to attend IIT. And at the end of the year, I was accepted.

इसलिए मैंने अपना हाई स्कूल का अंतिम वर्ष अधिक से अधिक एक्स्ट्रा क्लासेज लेने और प्रवेश परीक्षा की तैयारी में मदद करने के लिए वह सब कुछ करने में बिताया जो मैं सोच सकता था। मैंने क्रिकेट मैच, फिल्मों और टेलीविजन देखना छोड़ दिया। मैं प्रातः 4:30 बजे उठ जाता था और 2 घंटे यात्रा करके एक प्रतिभाशाली गणित शिक्षक के बैठक कक्ष में जाता था, स्कूल जाने से पहले उनसे सीखने के लिए। मैंने उस साल समर वेकेशन भी छोड़ दिया। उस पूरे साल मैंने इस एक परीक्षा की तैयारी पर गहराई से ध्यान केंद्रित किया ताकि मुझे आईआईटी में जाने का मौका मिल सके। और साल के अंत में, मुझे स्वीकार कर लिया गया।

Having gotten into that university transformed my career options and brought many opportunities. This led me to think that in an average person's education, one intensive year of extra learning opportunities can have a significant impact on their career. Through the work of FEA, I am seeking to provide that one year experience to as many people as possible, with the hope that it will make a significant and lasting impact in their lives.”

उस विश्वविद्यालय में प्रवेश लेने से मेरे करियर ऑप्शंस बदल गए और कई अवसर आए। इसने मुझे यह सोचने के लिए प्रेरित किया कि एक औसत व्यक्ति की शिक्षा में, अतिरिक्त सीखने के अवसरों का एक वर्ष उनके करियर पर महत्वपूर्ण प्रभाव डाल सकता है। एफईए के काम के माध्यम से, मैं इस आशा के साथ अधिक से अधिक लोगों को एक वर्ष का अनुभव प्रदान करना चाहता हूँ कि यह उनके जीवन में एक महत्वपूर्ण और स्थायी प्रभाव डालेगा।”

Lesson 9 A: Learning Materials

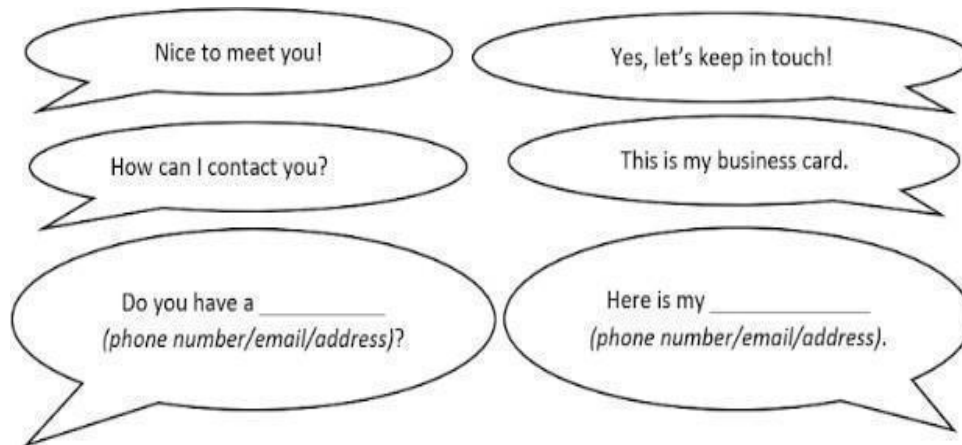
Write one of the following do's or don'ts on your poster. Discuss with your group why it is important.

निम्नलिखित क्या करें या क्या न करें में से अपने पोस्टर पर कोई एक लिखें। अपने ग्रुप के साथ डिस्कस करें कि यह क्यों महत्वपूर्ण है।

Group 1 ग्रुप 1	DO keep the laptop clean. लैपटॉप को साफ रखें।	Discuss: Why? डिस्कस करें: क्यों?
Group 2 ग्रुप 2	DO close the laptop gently. लैपटॉप को धीरे से बंद करें।	Discuss: Why? डिस्कस करें: क्यों?
Group 3 ग्रुप 3	DO keep the laptops on the tables at all times. लैपटॉप को हर समय टेबल पर रखें।	Discuss: Why? डिस्कस करें: क्यों?
Group 4 ग्रुप 4	DO pick up your chair to carefully move it. अपनी कुर्सी को सावधानी से हिलाने के लिए उठाएं।	Discuss: Why? डिस्कस करें: क्यों?
Group 5 ग्रुप 5	DON'T use pen drives in the laptops. लैपटॉप में पेन ड्राइव का प्रयोग न करें।	Discuss: Why? डिस्कस करें: क्यों?
Group 6 ग्रुप 6	DON'T use the internet without the facilitator's permission. बिना फसिलिटेटर की अनुमति के इंटरनेट उपयोग न करें।	Discuss: Why? डिस्कस करें: क्यों?

Lesson 9 B: English: Contact Information

Role Play - Create a dialogue about asking for someone's contact information. Use the sentences below for support.



Lesson 10: What You Already Know



What do you see? List as many words or sentences as you can to describe what is in the picture:

- 1-
- 2-
- 3-

Note: Are you speaking English for at least 10% of the class time? If not, let's work together to encourage more English conversation. Even a little practice can make a big difference!

Lesson 11: Punctuality

पंकचुएलिटी (समय की पाबंदी)

A. Read the Story as a class. What title would you give this story?

Germany: In Germany, being on time is like a superpower! When everyone shows up on time, everything works smoothly. Trains run perfectly, factories make amazing things, and German cars are super reliable. Being on time isn't just about being early; it's about being part of a team where everyone helps each other.

जर्मनी: जर्मनी में समय पर आने का मतलब है सब कुछ सही तरीके से होता है! जब सभी समय पर पहुंचते हैं, तो सब कुछ बिना किसी तकलीफ के हो जाता है। ट्रेनें बिल्कुल समय पर चलती हैं, कारखानों में उत्पादन बेहतरीन होता है, और जर्मन कारें अत्यधिक विश्वसनीय होती हैं। समय पर आना बस एक व्यक्तिगत स्वभाव नहीं है; यह एक टीम का हिस्सा होने का एहसास कराता है जहां हर कोई एक-दूसरे की मदद करता है।

Japan: Japan is like a big clock where everything ticks perfectly. From trains to gadgets, everything works like magic because people value time. Being on time is a way to show you care about others. In Japan, being punctual isn't just a habit; it's a way to feel good and do your best.

जापान: जापान एक बड़ी घड़ी की तरह है जहां हर चीज बिल्कुल सही समय पर होती है। ट्रेनों से लेकर गैजेट्स तक, हर चीज जादू की तरह काम करती है क्योंकि लोग समय का महत्व जानते हैं। समय पर पहुंचना कोई परेशानी नहीं है; यह दिखाता है कि आप दूसरों की देखभाल करते हैं। जापान में समय पर आना बस एक आदत नहीं है; यह अच्छा महसूस करने का और अपनी सबसे अच्छी कोशिश करने का एक तरीका है।

Switzerland: Imagine Switzerland like a beautiful watch – precise and perfect. From watches to trains, Swiss people are great at being on time. It's not just about following rules; it's about doing things well and making every moment count. In Switzerland, being on time is like being a hero!

स्विट्जरलैंड: स्विट्जरलैंड को एक खूबसूरत घड़ी की तरह सोचें – नियमित और पूर्णतः। घड़ियालों से लेकर ट्रेनों तक, स्विस् लोग समय पर रहने में माहिर हैं। यह नियमों का पालन करने के बारे में ही नहीं है; यह चीजों को अच्छी तरह से करने और हर क्षण को महत्वपूर्ण बनाने का एक तरीका है। समय पर आना सिर्फ एक आदत नहीं है; यह एक कला है!

Singapore: Singapore is like a big family where everyone helps each other. From busy streets to buses, being on time keeps everything running smoothly. It's not hard; it's a chance to be part of something exciting. In Singapore, being on time is like being a superstar!

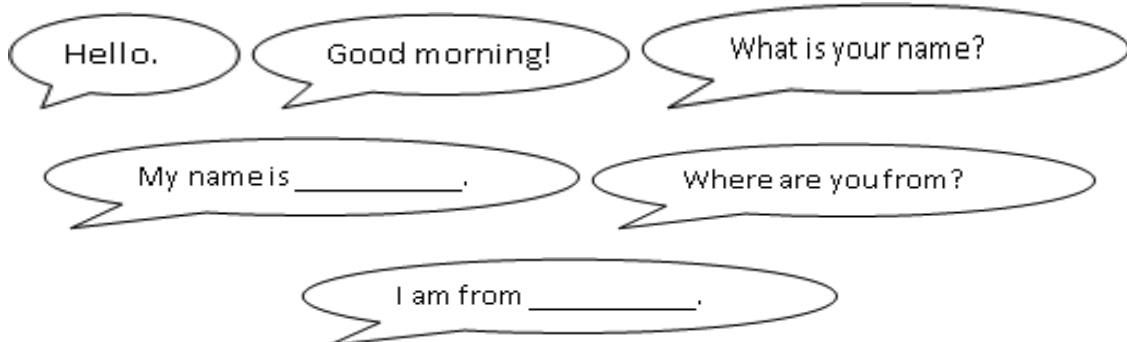
सिंगापुर: सिंगापुर एक बड़े परिवार की तरह है जहां सब एक-दूसरे की मदद करते हैं। भारी सड़कों से लेकर बसों तक, समय पर पहुंचना सब कुछ को चालू रखता है। यह मुश्किल नहीं है; यह कुछ रोमांचक में हिस्सा बनने का एक मौका है। सिंगापुर में समय पर पहुंचना एक सुपरस्टार बनने के जैसा है!

- What is the message of this story?
- इस कहानी का संदेश क्या है?

Lesson 12A: Introductions

Introducing yourself:

Use these sentence frames as a guideline to practice introducing yourself.



Lesson 12 B: FEA Certificate and Contract

A. Read the scenarios below.

नीचे दिए गए सिनेरियोज़ पढ़ें।

1. Sayed enrolled in FEA because he thought it would help him get a job. Even though the program is every day, he comes to class once or twice a week. When he comes, he arrives late and spends a lot of time checking his phone and joking with his friend. He shows up for graduation on the last day, excited to wear the gown and get a certificate.

सईद ने एफईए में दाखिला लिया क्योंकि उसे लगा कि इससे उसे नौकरी पाने में मदद मिलेगी। भले ही कार्यक्रम हर दिन है, वह सप्ताह में एक या दो बार कक्षा में आता है। जब वह आता है तो देर से आता है और अपना काफी समय फोन चेक करने और अपने दोस्त के साथ मजाक करने में बिताता है। वह अंतिम दिन स्नातक के लिए आता है, गाउन पहनने और सर्टिफिकेट प्राप्त करने के लिए उत्साहित।

2. Faiza enrolled in FEA because she wanted to learn skills to help her get a job. She comes on time each day and listens to the facilitator. She participates in the activities and discussions, even when she feels a little shy. She tries new things, like using a computer program she is not familiar with or doing a role play for a job interview. She comes to graduation to celebrate completing the program.

फैज़ा ने एफईए में दाखिला लिया क्योंकि वह नौकरी पाने में मदद करने के लिए स्किल्स सीखना चाहती थी। वह हर दिन समय पर आती है और फसिलिटैटर की बात सुनती है। वह एक्टिविटीज़ और डिस्कशंस में भाग लेती है, जबकि वह थोड़ा शर्माती है। वह नई चीज़ों की कोशिश करती है, जैसे कंप्यूटर प्रोग्राम का उपयोग करना जिससे वह नहीं जानती या जॉब इंटरव्यू पर रोल प्ले करना। वह कार्यक्रम पूरा करने का जश्न मनाने के लिए ग्रेजुएशन में आती है।

B. Discuss the questions with a partner.

पार्टनर के साथ प्रश्न डिस्कस करें।

- Which student do you think will learn more from the program? Why?
- आपके विचार से कौन सा छात्र इस कार्यक्रम से अधिक सीखेगा? क्यों?
- Which student do you think is more likely to start on their career path after the program? Why?
- आपको क्या लगता है कि किस छात्र के कार्यक्रम के बाद अपने करियर पाथ पर शुरू होने की अधिक संभावना है? क्यों?

Lesson 13: Greetings

In 1-2 sentences, write what you learned in the class today. Share your notes with the class.

1:

2:

Lesson 14: Greetings throughout the day

I- Situation 1: You meet your friend in the morning. Greet and talk

Sample:

You: Good morning Aman, how are you?

Aman: Good morning Ram, fine thanks, and you?

You: Pretty good.

Situation 2: You meet your teacher at 2 pm. (Call another pair)

Situation 3: You meet your aunt at 6 pm (Call a different pair)

Situation 4: You meet your cousin at 8 am

Situation 5: You meet your teacher at 3 pm

Situation 6: You see your grandfather at 10 pm in his room

Situation 7: You meet your FEA facilitator at 9 am in the FEA class

Situation 8: You meet your father at 7 pm

Situation 9: You meet your friend at 5 am in a park

Situation 10: You meet your uncle at a shop at 6 pm.

II- Write three sentences about what you would say to a person you see on the street.

1

2

3

Lesson 17: Digital Learning: Online Search

Find and share your answers in English:

1: Population of Delhi

2: Number of tigers in the world

3: Number of centuries by Virat Kohli

4: First movie of Tiger Shroff

5: Vice President of India

6: Capital of Nagaland

7: Current temperature in Goa

8: Athlete with the most Cricket World Cup runs

9: English word for वरुणा

10: Map of your village

Lesson 18: The Sentence

Arrange them into complete sentences:

A: you where are going

B: milk cow us gives

C: like i apple eating

D: elders your always respect should you

E: likes to dance Sneha

F: seven week are a in there days

G: games love children play to

H: do you where live

I: Two I have smartphones

J: Please make noise not do

Lesson 18: Digital Information Hunt:

Find and share your answers in English:

- Pair 1 and 2: Research and present the information about the coldest village “Oomyakon’
- Pair 3 and 4: Explore and share information about the cleanest village of Asia.
- Pair 5 and 6: Identify the best place to visit in Kerala. Share your findings in 6-7 sentences.
- Pair 7 and 8: Find more information about the book “Wings of Fire”
- Pair 9 and 10: Gather information about Mountain man of India.

Note: Are you speaking English for at least 20 % of the class time? If not, let's work together to encourage more English conversation. Even a little practice can make a big difference!

Lesson 21: I, You, He, She, It and They

Fill in the blanks with (I, he, she, it, we, they & you).

1. My name is Mohan. _____ am a lawyer.
2. Rohan is my cousin. _____ is 16 years old.
3. My grandparents are sick. _____ will see a doctor.
4. Anushka is from Japan. _____ is Japanese.
5. I like my new football. _____ is red.
6. My sister is from Delhi. _____ is 25 years old.
7. Suman, Payal and Shanti are teachers. _____ teach mathematics.
8. Manish and I live in a hostel together. _____ are good friends.
9. Do _____ like going shopping? -Yes, I do.
10. _____ is raining again.

Lesson 22: My Branch and Session

Students write their own sentences using these action words - (come, attend, speak, learn) They will need to add in some words.

1- Come:

2- Attend:

3- Speak:

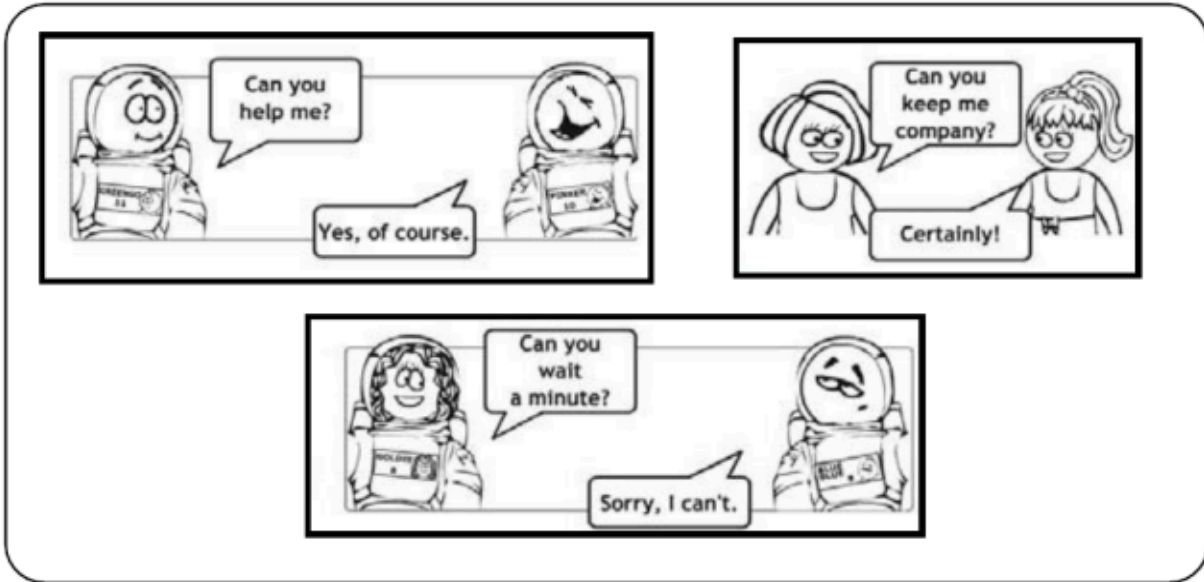
4- Learn:

Now take turns and say the sentences you have written to your partner.

Lesson 23: Can and Can't

CAN/CAN'T I/YOU/HE/SHE/IT/....?

Can't = Cannot



B. I/You/He/She/It/Can/Can't....

I can...

I can't...

My partner can.....

My partner can't.....

Lesson 24: My community

Students write their own sentences using these action words -(live, love, make, learn, work, serve)

1- Live:

2- Love:

3- Make:

4- Learn:

5- Work:

6- Serve:

Lesson 25: I think

Write sentences using the word think.

When I think about _____, I become sad.

When I think about _____, I become happy.

In the morning, I think about _____.

In the evening, I think about _____.

Additional sentence 1:

Additional sentence 2:

Additional sentence 3:

Lesson 26: We are thinking

Write a few sentences that students, facilitators and staff at FEA are thinking about:

At FEA, we are thinking about _____

At FEA, we are thinking about _____

At FEA, we are thinking about _____

At FEA, we are thinking about _____

At FEA, we are thinking about _____

Lesson 27: He has thoughts

Who do you talk to?

- I talk to _____

What do you talk about with your friends?

- I talk about _____

(2) _____

and (3) _____

with my friends.

What do you think about FEA?

- I think _____ about FEA.

Lesson 27: Digital Information 2

- Pair 1 and 2: Research and present the information about the Bullet trains in Japan'
- Pair 3 and 4: Explore and share information about the first 5 movies of Amitabh Bachhan.
- Pair 5 and 6: Find best places to visit in Mumbai (in 6-7 sentences).
- Pair 7 and 8: Search who is Manu Bhaker.
- Pair 9 and 10: Search who is Navdeep Singh - Para Athlete

Lesson 28: She has Ideas

Share your thoughts on the following topics with your partner:

Do you have ideas about your future? What are your ideas?

- "I want to be a _____ [profession/role] because

Do you have ideas about your FEA branch? What are your ideas?

- "One idea I have for our FEA branch is _____

Discuss with your classmates: Why do we share our ideas?

- "Sharing ideas helps us to _____

Scenarios:

1. Your friend tells you that another friend was saying unkind things about you behind your back.
2. You have an important exam tomorrow but you also need to attend a family celebration tonight.
3. You are trying to decide between two different career paths and you can't decide which to pursue.
4. You like someone but are not sure whether you are ready for marriage, or if they are the right match for you.
5. Your village is becoming more and more dirty as people take less care of the environment.

Lesson 28: May, Must, Might

B. 1. MAY I ...?

Me: May I come in, _____? (polite word)

Teacher: Yes, come in.

May I _____? (go _____)

May I _____? (take _____)

May I _____?

2. EXCUSE ME....MAY I...?

Me: Excuse me, _____ (title)

Teacher: Yes, _____ (name)

Me: May I ask a question, _____?

Teacher: Yes, you may.

Student	Teacher
Excuse me, _____.	Yes, _____.
May I _____?	You may _____.
Excuse me, _____.	Yes, _____.
May Ravi _____?	No he may not. He has not finished his work.
Excuse me, _____.	Yes, _____.
May we _____?	You may _____.

Part C: Fill in the blanks with may, must or might

- Sarah _____ come to the party tonight.
- It _____ rain tomorrow.
- I _____ finish my homework before dinner.
- He _____ be at the library because his backpack is there.
- The sun _____ set in the west.
- We _____ go to the beach if it's sunny.
- They _____ be in the garden; their toys are there.
- The cake _____ be ready by now.
- You _____ want to check your bag for the keys.
- The dog _____ want to play fetch.

Lesson 29: My Family

Share your thoughts on the following topics with your partner:

- How do your parents help you?
- How do you help your parents?
- How do you help your brothers and sisters?
- How does a family progress?

Lesson 30: Our Home

Clean

Noisy

Quiet

Big

Bright

Messy

Tidy

Dark

Small

Dirty

Write five sentences about your home. They can use the words from the above list, but they can also use other words

1. My home is _____

2. My home is _____

3. My home is _____

4. My home is _____

5. My home is _____

Note: Are you speaking English for at least 30% of the class time? If not, let's work together to encourage more English conversation. Even a little practice can make a big difference!

Lesson 31: I belong



Name: _____

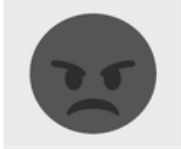

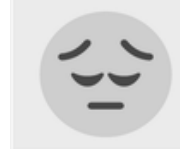
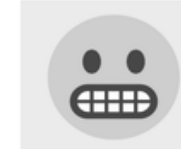
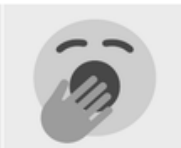

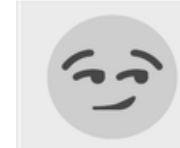
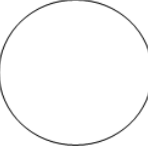
Directions: Circle the item in each row that does not belong.

1.	apple 	grapes 	steak 	banana 
2.	spaghetti 	cucumber 	carrot 	broccoli 
3.	red 	seven 7	blue 	yellow 
4.	ring 	necklace 	earrings 	shoes 
5.	whale 	cow 	shark 	sea horse 

Lesson 31: I am + Emotions

A. Choose emotions from the box below to complete the sentences. You can write or just practice saying the sentences with a friend.

वाक्यों को पूरा करने के लिए नीचे दिए गए बॉक्स से भावनाओं को चुनें। आप किसी मित्र के साथ वाक्यों को लिख सकते हैं या बोलने का अभ्यास कर सकते हैं।

			
angry	excited	sad	nervous
			
tired	surprised	proud	other? ____

Example: I am excited when I see my friend.

उदाहरण: मैं एक्साइटेड होता हूँ जब मैं अपने दोस्त को देखता हूँ।

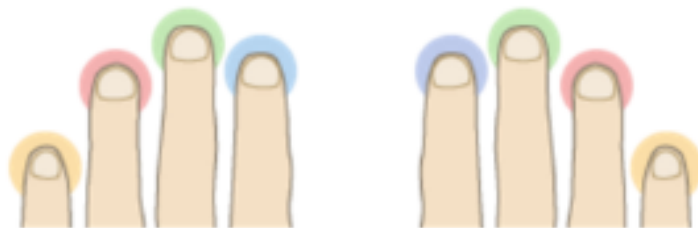
1. I am _____ when _____.
मैं _____ होता हूँ जब _____.
2. I am _____ when _____.
मैं _____ होता हूँ जब _____.
3. I am _____ when _____.
मैं _____ होता हूँ जब _____.
4. I am _____ when _____.
मैं _____ होता हूँ जब _____.

B. Answer the question below and draw the emotion.

नीचे दिए गए प्रश्न का उत्तर दें और अपनी भावना को चित्रित करें।

How are you feeling today?

Lesson 33B: Typing Home Row



Lesson 34: Stepping out of your Comfort Zone

अपने कम्फर्ट जोन से बाहर निकलना

Scenario 1: Daniel is very skilled at painting, but he is too shy to show his art to anyone because they might criticize him.

सिनेरियो 1: डैनियल पेंटिंग में बहुत कुशल है, लेकिन वह किसी को भी अपनी कला दिखाने से कतराता है क्योंकि वे उसकी आलोचना कर सकते हैं

1. What can Daniel do to help him step out of his comfort zone?

अपने कम्फर्ट जोन से बाहर निकलने में डैनियल अपनी मदद करने के लिए क्या कर सकता है?

2. How could Daniel benefit from stepping out of his comfort zone to show his artwork?

अपनी कलाकृति दिखाने के लिए अपने कम्फर्ट जोन से बाहर निकलने से डैनियल को क्या फायदा हो सकता है?

Scenario 2: Pinki wants to apply to AIIMS University. Her family supports this decision, but she is nervous about living in the city away from her family.

सिनेरियो 2: पिंकी एम्स यूनिवर्सिटी में आवेदन करना चाहती है। उसका परिवार इस फैसले का समर्थन करता है, लेकिन वह अपने परिवार से दूर शहर में रहने से घबराती है।

1. What can Pinki do to help her step out of her comfort zone?

अपने कम्फर्ट जोन से बाहर निकलने में पिंकी अपनी मदद कैसे कर सकती है?

2. How could Pinki benefit from stepping out of her comfort zone to attend university in the city?

पिंकी को शहर में विश्वविद्यालय में भाग लेने के लिए अपने कम्फर्ट जोन से बाहर निकलने से कैसे फायदा हो सकता है?

Practice stepping out of your comfort zone! Make a commitment to one way you will step out of your comfort zone this week. Choose one of the examples below or create your own.

अपने कम्फर्ट जोन से बाहर निकलने का अभ्यास करें! इस सप्ताह आप अपने कम्फर्ट जोन से बाहर निकलने के लिए एक तरह की कमिटमेंट करें। नीचे दिए गए उदाहरणों में से कोई एक चुनें या अपना खुद का बनाएं।

Examples:

उदाहरण:

- Speaking out in class at least once each day.
प्रतिदिन कम से कम एक बार कक्षा में बोलना।
- Choosing a partner or group I have not worked with before.
ऐसा पार्टनर या ग्रुप चुनना जिसके साथ आपने पहले काम नहीं किया हो।
- Volunteering for an activity.
एक एक्टिविटी के लिए वालंटियर करना।

My Commitment

मेरी कमिटमेंट

This week, I will step out of my comfort zone by

इस हफ्ते, मैं अपने कम्फर्ट जोन से बाहर निकलूंगा

Lesson 35 B: Sentence Structure

A. Capitalization:

Use capitalization for:

I	Do I have to go?
Initials	My father's name is R.S. Sharma.
First letter of a name.	My name is Rahul Sharma. Today is Monday. I live in Delhi.
First letter of first word in a sentence.	The food is hot.

1. Proofread:

Capitalize and rewrite the sentences:

i. my new friend is alok

ii. rohit was born in january

iii. you will go to london in july

B. Ending of sentence:

1. Proofread: End the sentence with:

. (full stop) if it is a statement

Example: I like to eat.

? (question mark) if it is a question.

Example: What is your name?

End with. or ?

i. What is the time _____

ii. He is my brother _____

iii. May I have a biscuit, please _____

iv. You are singing _____

v. What is your question _____

C. Proofread the passage and make corrections to it:

rahul and priya traveled to jaipur they explored the amer fort walked through the bustling markets and ate delicious street food they joyed by the vibrant culture have you visited jaipur it's a city full of history and colors


Lesson 36 A: Asking Questions-1

A.1. Exercise

Write the correct question word at the beginning and punctuation mark at the end:

How	Who	Where	Do	What	When	Why
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

2. If you were in the audience, what would you ask this person?

	<hr/> <hr/> <hr/> <hr/> <hr/>
--	-------------------------------

B. Proofread and correct these questions:

1. What your name?

2. Who your father?

3. He coming when to class?

4. Where he lives?

5. How he go to school?

Lesson 37: Teamwork Collaboration

Part A- Students work in pairs. Student 1 types odd number sentences and student 2 types the even number sentences.

1. I saw that horror movie on Netflix.
2. The children play together in the garden.
3. The boy wrote a sentence on the blackboard.
4. They play with those toys in their house.
5. Maira reads a novel every week.
6. I saw them coming to our new apartment.
7. We went to the cineplex yesterday.
8. We all went to the party last night.
9. They stay together at that critical time.
10. He plays with his friends in the yard.
11. We won't play together again.
12. I talked to my teacher about my final project.
13. We played an exciting game in the garden.
14. Mr. Williams stands near the window.
15. I got a letter from my best friend.

Write a new commitment to step out of their comfort zones this week.

Lesson 38: Asking Questions 2

A. Story:

Read the story:

Hello, I'm Lata. I'm 10 years old. I live with my dad and my sister in England. I'm going to tell you about my dad.

My dad's name is Paul. He's 46 years old. His hair is black and grey. His eyes are green. My dad gets up early in the morning and makes our breakfast. Sometimes, he takes me to school.

My dad is a teacher but he doesn't teach children. He teaches other people who work with him. He gets home at 5 'o' clock and my dad helps me with my homework. Sometimes, I help him cook our dinner.

In the evening we watch TV or read books. On Sundays, we go to the cinema, or to a concert. My dad loves music.

It is great living with my dad.

EXERCISE:

Prepare 5 questions about the story to ask your partner:

1. _____
2. _____
3. _____
4. _____
5. _____

B. Prepare questions for statements given below:

Statements	Questions
1. I like vanilla ice cream.	What is your favorite ice cream flavour?
2. Your shirt is in the cupboard.	
3. Radha shouted at me.	
4. The name of my school is Raj School.	
5. She will come home at 6 o' clock.	
6. I have 6 apples.	

Lesson 39: English - Do and Does

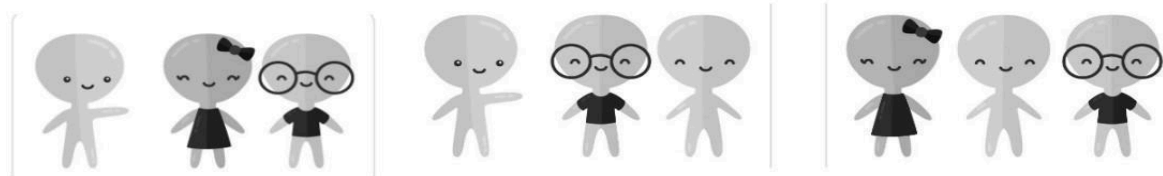
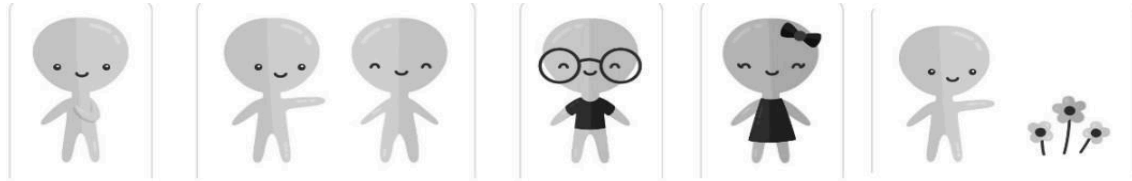
A. Complete the following using 'Do' and 'Does':

1. _____ you have a pen?
2. _____ he have a brother?
3. _____ Ravi dance on stage?
4. _____ they know me?
5. _____ we have a holiday tomorrow?
6. _____ I clean the bathroom?
7. _____ they play in the garden?
8. _____ he read books?
9. _____ you speak English or French?
10. _____ it bark?

Lesson 40: You are, We are, They are

A. Fill in the chart with the following words.

you we it I they he you she



Source: freepik.com

Career Notes:

- Look for careers you have never heard of or never considered for yourself.
- उन करियर की तलाश करें जिनके बारे में आपने कभी नहीं सुना है या अपने लिए कभी विचार नहीं किया है।
- Write down at least three careers that match what you enjoy. For example, if you enjoy being active, you might write down a career in construction, agriculture, or at a gym.
- कम से कम तीन करियर लिखिए जो आपकी रुचियों से मेल खाते हों। उदाहरण के लिए, यदि आप एक्टिव रहना पसंद करते हैं, तो आप निर्माण, कृषि या जिम में अपना करियर लिख सकते हैं।

Lesson 41:

Quiz Time

I. Fill in the blanks with the words given in the box:

Voice	Microphone	Google Translate
-------	------------	------------------

1. _____ helps you change words from Hindi to English.
2. You can type a message or record your _____ that needs translation.
3. To record, click on the _____ button in the box.

II. Complete these sentences and check with your partner.

Where

- Where do you live?
(Starter: I live in _____)
- Where is your favourite place to go on holidays?
(Starter: My favourite place to go is _____)

When

- When do you wake up in the morning?
(Starter: I wake up at _____)
- When do you usually go to bed?
(Starter: I usually go to bed at _____)

Why

- Why do you like your favourite hobby?
(Starter: I like my favourite hobby because _____)
- Why is it important to be healthy?
(Starter: It is important to be healthy because _____)

How

- How do you get to school?
(Starter: I get to school by _____)
- How do you feel when you meet new people?
(Starter: I feel happy because _____)

What

- What is your favourite food?
(Starter: My favourite food is _____ and _____)

- What do you usually do after school?
(Starter: After school, I usually _____, _____ and _____)

III. Fill in the blanks with 'Do' or 'Does':

1. He _____ not like painting/drawing. (Do/Does)
2. _____ you like to drink tea? (Do/Does)
3. _____ it rain in your village in September? (Do/Does)
4. They _____ do not like to go outside the house after 10 pm. (Do/Does)

Lesson 44: Typing



- What do you notice about the way the man on the right is sitting?
- What is one thing you can improve about your own typing posture?

Lesson 45: Bullying

How do you want to be remembered?

HITLER



German Dictator

Actions - Led his country to invade other countries and bullied Jewish people and other small groups.

Philosophy - His kind of people are better and should rule over other people

Legacy - Attacked Poland and many other countries, caused a lot of pain and suffering, killed over 60,00,000 Jews.

GANDHI



Indian Freedom Fighter

Actions - Led people first in South Africa, then in India to fight for their rights against foreign rule and bullying.

Philosophy - Said everyone is equal and should be respected equally.

Legacy - Won Indian independence through non-violence, kept peace between religions, remembered as the Father of India.

Look at the following image.
Discuss in groups of 4 what it means and how it's connected to our lesson.

Do you think it's true?



Lesson 46: English: Like/don't like

A. Conversation Practice

Choose one of the following topics to discuss with a partner in English:

sports books music film cooking

Use the sentence frames below to guide your conversation.

Do you like *sports/books/music/film/cooking*?

- Yes, I like _____.

- No, I don't like _____.

What kind of *sports/books/music/film/cooking* do you like?

- I like _____.

Why *do you/don't you* like it?

- I like it because _____.

- I don't like it because _____.

Quiz Time

I. Fill in the blanks with 'Is', 'Am' or 'Are':

1. I ____ happy to hear about your promotion.
2. She ____ coming with me tomorrow.
3. We ____ going for a picnic.
4. This ____ a beautiful dress.
5. Why ____ you not completing your homework?

II. Look at the image below:



mpt-7 On the Farm Picture Talk
(3 feet x 2 feet)

Question: What are the 5 things you can see in the picture?

- **Sentence Starter:** I can see

Question: Where is the dog?

- **Sentence Starter:** The dog is...

Question: What is the color of the tractor?

- **Sentence Starter:** The tractor is...

Question: *What is the farmer doing?*

- **Sentence Starter:** *The farmer is...*

Question: What is the colour of the cows?

Question: What are the pigs doing?

Sentence Starter: The pigs are...

III. Answer the following questions:

How can we do to help calm a friend who has been bullied?

Sentence Starter: I think the best thing to say is

Lesson 47: Youtube Search 2

A. Exploring channels. As you explore the channel, write or discuss the answers to the questions below.

Channel: _____

- What are the videos on this channel about?
- What are some of the playlist topics?
- Does it have videos that are useful to you? Why or why not?

B. Find your own. Choose a topic and find a channel with useful videos on the topic.

Topics: (choose 1)

_____ English learning

_____ Digital skills

_____ Motivational stories

_____ Career talks

_____ Exam preparation

_____ Job-related skills

Channel: _____

Lesson 48: Have, Has

A. Read the sentences out loud.

<u>I</u> have a sister.	I don't have a brother.	<u>He</u> has two brothers.	<u>He</u> doesn't have a cousin.
<u>You</u> have a pencil.	<u>You</u> don't have paper.	<u>She</u> has a notebook.	<u>She</u> doesn't have an eraser.
<u>We</u> have a brown house.	<u>We</u> don't have a blue house.	<u>It</u> has a battery.	<u>It</u> doesn't have a power cord.
<u>They</u> have long hair.	<u>They</u> don't have short hair.		

B. Write your rules.

Based on the sentences above, what are the rules for making sentences with have and has?

C. Practice. Fill in the blanks with *have* or *has* based on your rules.

1. He _____ (*have/has*) a green shirt.
2. I _____ (*have/has*) a two-wheeler.
3. We _____ (*have/has*) a new teacher.
4. The girl doesn't _____ (*have/has*) a younger sister.
5. You don't _____ (*have/has*) brothers.
6. The school _____ (*have/has*) computers.
7. Gowri _____ (*have/has*) many books.
8. I don't _____ (*have/has*) a cat.

9. Rajini and I _____(*have/has*) curly hair.
10. David and Samuel _____(*have/has*) brown eye

D. Your turn!

Practice making your own sentences using 'have' and 'has' and saying them out loud with your group. You should use all of these at least once: *have, don't have, has, doesn't have*

Lesson 49A: Tell me about Yourself

A. Scenarios

Job Interview:

- Student A is the job applicant, and Student B is the interviewer.
- Student A needs to introduce themselves and provide a brief overview of their qualifications and experience, focusing on relevance to the job position.

Networking Event:

- Student A is attending a business networking event, and Student B is a potential client or business partner.
- Student A must initiate a conversation, introduce themselves, and express their interest in a possible collaboration or partnership.

First Day of a New Class:

- Student A is a new student in a class or educational setting, and Student B is a fellow student or the teacher.
- Student A needs to introduce themselves to the class, sharing their name, a fun fact, and their motivation for taking the class.

Social Gathering:

- Student A is attending a casual social gathering, and Student B is a new acquaintance.
- Student A must engage in small talk, introduce themselves, and find common interests with Student B.

Conference Presentation:

- Student A is a speaker at a conference, and Student B is a member of the audience.
- Student A needs to introduce themselves before starting their presentation, highlighting their expertise and the purpose of their talk.

Elevator Pitch:

- Student A and Student B are both professionals attending a conference. They meet in an elevator, and Student A has just a short ride to make an impression.
- Student A must deliver a concise and engaging self-introduction to Student B before the elevator ride ends.

Community Event:

- Student A is attending a local community event, and Student B is a neighbor or community member.
- Student A must introduce themselves and briefly share their involvement in the community or a relevant project.

Speed Dating:

- Student A and Student B are participants in a speed dating event.
- Student A has a limited time to introduce themselves and make a positive impression on Student B.

Mentorship Meeting:

- Student A is seeking mentorship in their field, and Student B is an experienced mentor.
- Student A needs to introduce themselves, explain their career goals, and express their interest in receiving mentorship.

Professional Conference:

- Student A and Student B are both professionals at a large conference.
- Student A must introduce themselves and initiate a conversation about a common interest or industry topic.

Lesson 49 B : Career Exploration

Job:	What does someone in this job do?	What skills or qualifications are required?

News Reporter for
a local news
channel

Lesson 50: This, that, these, those

A. Poster Discussion

Rs.53,00,000

240 classes

**Rs.53,00,000
divided by 240**

**= Rs. 22,083 Loss
per class missed**

B. 'This' and 'That' are used to point out objects, places and people

This (ONE-Near)	That (ONE - FAR)	These (Many-Near)	Those (Many- Far)
Use 'this' for a single object/person/place near the speaker.	Use 'that' for a single object/person/place away from the speaker.	Use 'these' for more than one object/person/place near the speaker.	Use 'those' for more than one object/person/place away from the speaker.
Examples:	Examples:	Examples:	Examples:
This is my book.	That star is very bright.	These are my books.	Those stars are very bright.

C. Fill the blank with the correct word

1. Please bring _____ fan close to me.
2. _____ place on the map is nearby.
3. Of all the kites in the sky, I like _____ one.
4. _____ was a wonderful holiday we had last year.
5. Please bring _____ boys from the next room to my class.
6. _____ places in the movie were splendid.
7. Of all the books in front of me, I like _____ two.
8. _____ are difficult days for me as I have my board exams.

Quiz Time

I. Answer the following questions:

1. What are 2 strategies for finding a good video on YouTube?

Two strategies for finding a good video on YouTube are

2. What are some examples of channels to follow for:

- English learning?
- Career and job-related skills?
- Exam preparation?
- Motivational stories?

3. What is MS word?

4. What is the meaning of font?

II. Fill in the blanks with have/has:

1. I _____ a red bike.
2. She _____ to go to the doctor on Saturday.
3. Does the phone _____ a good camera and enough memory?
4. He _____ to finish his homework before he goes to play.
5. You _____ to choose among science, commerce and arts in 11th.
6. They _____ not eaten anything since morning.
7. Niharika _____ two dogs and three cats.
8. Sarita and Lalita _____ got good marks in their exams.
9. We all _____ to speak in English at FEA.

**Note: Are you speaking English for at least 50% of the class time? If Yes, Congratulations!
If No, discuss with your facilitator and keep trying. You will see improvements.**

Lesson 51: Do You Have?

Read the Words aloud as a class: Admire, Musical Instrument, Guardian, Conversation.

Match the Words: Which word fits the picture best?"



Lesson 51: Thank You Cards

A. Think about your parents or another important adult in your family. Answer the questions in the chart below.

अपने माता-पिता या अपने परिवार के किसी अन्य महत्वपूर्ण वयस्क के बारे में सोचें। नीचे दिए गए चार्ट में प्रश्नों के उत्तर दें।

<ul style="list-style-type: none">• (What have your parents done to make your life better?) (आपके माता-पिता ने आपके जीवन को बेहतर बनाने के लिए क्या किया है?)	<ul style="list-style-type: none">• (What have you learned from your parents?) (आपने अपने माता-पिता से क्या सीखा है?)
<ul style="list-style-type: none">• (What is one way you know your parents care about you?) (एक तरीका क्या है जिससे आप जान सकते हैं कि आपके माता-पिता आपकी परवाह करते हैं?)	<ul style="list-style-type: none">• (What do you admire about your parents?) (आप अपने माता-पिता के बारे में क्या प्रशंसा करते हैं?)

B. Make thank you cards for your parents. Include at least one reason you are thankful for them (use the chart above for guidance).

अपने माता-पिता के लिए थैंक यू कार्ड बनाएं। कम से कम एक विशिष्ट कारण शामिल करें कि आप उनके लिए आभारी हैं (मार्गदर्शन के लिए ऊपर दिए गए चार्ट का उपयोग करें)।

Lesson 52: Gossip

Word Power

Read the Words aloud as a class: Gossip, Goal, Whisper

Match the Words: Which word fits the picture best?"



Lesson 53: Actions and Places

Match the words that fits best with the picture:

misusing, scribbling, tearing, filthy, scatter, wrapper

















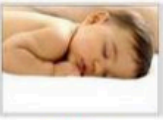













Sentences:

1. The boy is _____ the wall with crayons (Hint:One option is correct: scribbling or tearing)
2. The kid is _____ pages from a book. (Hint: One option is correct: filthy or tearing)

3. The man on the bike is _____ the phone. (Hint: One is correct: misusing or wrapper)
4. Pieces of paper are _____ on the floor. (Hint: One option is correct: scattered or misusing)
5. The river is _____. (Hint: One option is correct: tearing or filthy)

A. Actions

			
Read	Cook	Play	Talk
			
Sing	Dance	Walk	Eat
			
Pick	Take	Give	Laugh
			
Drink	Clean	Close	Open
			
Sleep	Bathe	Teach	Work
			
Jump	Run	Sit	Stand
			
Come	Go	Write	Think

B. Actions and Places

1. Complete the following:

My _____ in _____.
(family member)



My _____ in _____.

(family member) (place)



My _____ in _____.

(family member) (action)




My _____ in _____.

(family member) (place)



My _____ in _____.

(family member) (action)



2. Read the article with a partner:

Most people have not realized the value of public property. Misusing public property has become common.

Some people do not turn off the taps after use and waste a large quantity of water. Public libraries are set up by the government for the benefit of people. Some people, including some school children, are in the habit of **tearing off** and removing pages from library books. Sometimes, people **scribble filthy** words on public walls or cut the seat covers while traveling in public buses. Some people **scatter** bits of papers and **wrappers** in the public parks.

Maintaining the public property is the duty and responsibility of every citizen.

Lesson 54 A: English Consolidation

A. Picture discussion. Choose one picture to discuss with your group.

- *Who are they?*
- *What do they have?*
- *What are they doing?*
- *How are they feeling? Why?*



B. Describe your school experience.

If needed, use the sentence frames below.

What is your school's name?

My school's name is _____.

What does your classroom have?

My classroom has _____.

What teacher do you like?

I like _____ because

What subjects do you like?

_____.

Lesson 54 B: Growth Mindset 1

A. Read the scenarios and discuss the questions.

सिनेरियोज को पढ़ें और प्रश्नों पर चर्चा करें।

1. Priya went to school to become a nurse. She studied, but the course was difficult. She failed the exam to become a nurse.

प्रिया नर्स बनने स्कूल गई थी। उसने पढ़ाई की, लेकिन कोर्स कठिन था। वह नर्स बनने की परीक्षा में फेल हो गई थी।

- What would be a fixed mindset response Priya could have?

प्रिया का एक फिक्स्ड मिंडसेट रिस्पॉन्स क्या हो सकता है?

- What would be a growth mindset response Priya could have?

प्रिया का एक ग्रोथ मिंडसेट रिस्पॉन्स क्या हो सकता है?

- Which do you think would be more helpful for Priya?

आपको क्या लगता है कि प्रिया के लिए कौन सा रिस्पॉन्स अधिक सहायक होगा?

2. Ravi wants to start a juice stand. He buys a blender and cups and some fresh fruit. To make his juice stand different from others, he mixes flavors together. His first three customers buy mixed juice from his stand. They spit it out because the flavor is terrible.

रवि जूस स्टैंड शुरू करना चाहता है। वह एक ब्लेंडर, कप और कुछ ताजे फल खरीदता है। अपने जूस को दूसरों से अलग बनाने के लिए वह फ्लेवर मिलाता है। उसके पहले तीन ग्राहक उसके स्टैंड से मिक्स जूस खरीदते हैं। वे इसे थूक देते हैं क्योंकि स्वाद भयानक होता है।

- What would be a fixed mindset response Ravi could have?

रवि का एक फिक्स्ड मिंडसेट रिस्पॉन्स क्या हो सकता है?

- What would be a growth mindset response Ravi could have?

रवि का एक ग्रोथ मिंडसेट रिस्पॉन्स क्या हो सकता है?

- Which do you think would be more helpful for Ravi?

आपको क्या लगता है कि रवि के लिए कौन सा रिस्पॉन्स अधिक सहायक होगा?

B. Practice thinking growth mindset thoughts!

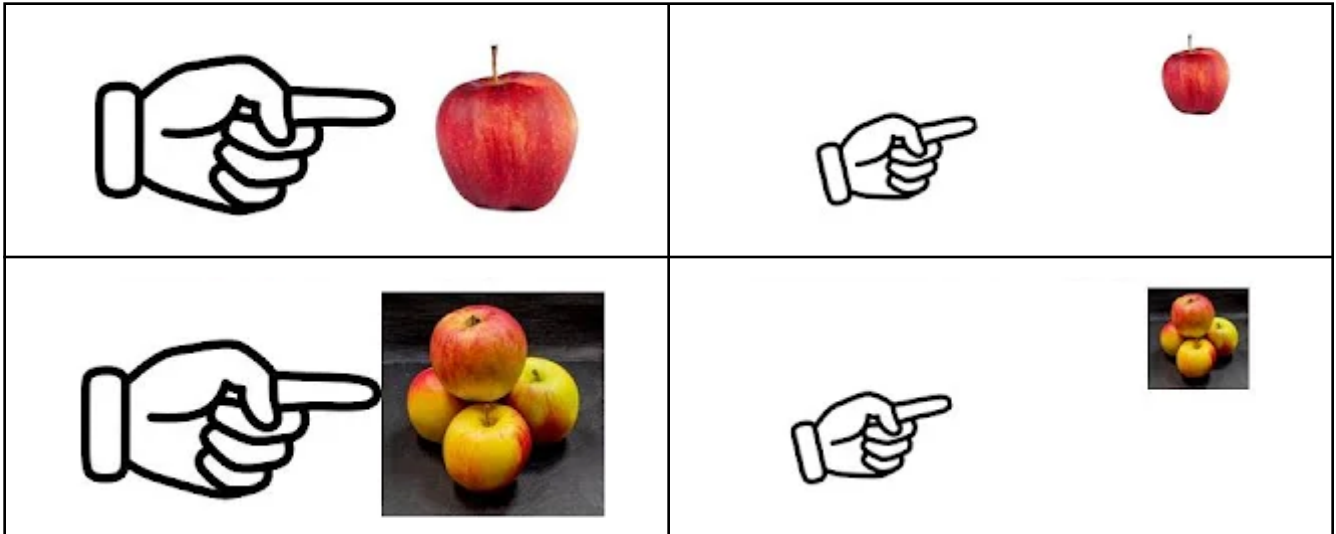
फिक्स्ड माइंडसेट विचारों को सोचने अभ्यास करना

Write down one growth mindset thought to remember when you face something challenging:

जब आप किसी चुनौती का सामना करते हैं तो याद रखने के लिए एक ग्रोथ माइंडसेट थॉट लिखें:

Quiz Time

I. Choose the words from: (This/That/These/Those) that fit best for the following images:



II. Identify an 'action' and a 'place' in each sentence:

1. The dog is barking on the road.
2. Rita is eating lunch in a restaurant.
3. The baby is crying in the hospital.
4. A new phone is launching in the store today.
5. I want to go to the departmental store for groceries.

Lesson 56: Revision

Whatsapp conversation between Tej and Suraj:

Tej: Suraj, I'm scared about exams. Can you help me?

Suraj: Sure, Tej! What's wrong?

Tej: I have a lot to study, but not much time. What should I do?

Suraj: Let's make a study plan. We can study for a short time every day.

Tej: Okay. How long should we study each day?

Suraj: We can start with one hour every day and then increase the time later.

Tej: That sounds manageable. But what about playing?

Suraj: It's important to take breaks and play too. We need to balance study and playtime.

Tej: Thank you, Suraj! You're very smart!

Suraj: No problem, Tej! We can be smart together!

Questions:

1. What is Tej feeling worried about?
2. How does Suraj suggest they solve Tej's problem?
3. How much time does Suraj recommend studying each day initially?
4. Why does Suraj think taking breaks is important?
5. What does Tej thank Suraj for?
6. How does Suraj reply when Tej says thank you?

Lesson 57: Telephonic Conversation

A. MAKING CALLS

Scenario 1

Neha: Hello, is this Computer Academy?

Customer care: Yes, this is Computer Academy. My name is Geeta. How may I help you?

Neha: My name is Neha and I want to take admission in Computer Academy.

Geeta: Welcome Neha. Our classes will start from February 4.

Neha: What's the fees?

Geeta: Fees is Rs 500 per month

Neha: What's the time?

Geeta: It's from 4 pm to 6 pm everyday.

Neha: Thank you.

Geeta: Thank you for contacting me. Please visit our academy.

Scenario 2

Receptionist: Good morning, High tech industries, Suman speaking. How may I help you?

Client: Good morning, My name is Ravi. I want to talk to Mr. Sohan.

Receptionist: Sorry Mr. Ravi. Mr. Sohan is in the meeting. Would you like to leave a message?

Client: No, thank you. Please ask him to return my call.

Receptionist: Of course, Sir?. Thank you

Scenario 3

Aman: Hello Rohit, how are you

Rohit: Hi Aman, I am good. What are you doing?

Aman: I am planning to visit a job fair. Would you join me?

Rohit: Sure. Give me some more details.

Aman: It's in Pragati Maidan on Feb 24 at 9 am.

Rohit: Thank you for informing me. I am interested.

Aman: Great. See you then. Bye.

B. ROLE PLAY

1. You are an employee of a company called Office Deluxe that sells office equipment. Prepare a phone conversation with your partner who is interested in buying printers for his/her office.
2. You want to make a booking in your favorite restaurant. The booking is to be done through a telephonic conversation for your birthday.
3. You want to order books from Om Book Shop for your entire class. Prepare a phone conversation with the owner of the book shop.
4. You and your friend are planning a Delhi trip. Prepare a phone conversation with the travel agent to address your queries related to the places to visit, budget etc.
5. You want to take an educational loan from the bank. Have a phone conversation with the bank to enquire about certain details related to it.

C. WHAT IS TEAM FEA

What is Team FEA?

Team FEA exists to help alleviate poverty in India. We are doing this by enabling FEA students to learn core employability skills and to develop ethical and productive mindsets, so they can take care of their families and become contributors to the nation and to humanity.

Team FEA is a group of lifelong learners who continuously strive to be kind, compassionate, generous, and forgiving. Our minds are free of fear, anger, greed, unkind thoughts, or negative thinking.

Team FEA is thoughtful, considerate, and polite. We discuss ideas rather than people, believe in resolving conflicts rather than holding grudges, nurture goodwill and not resentment, do not discriminate based on caste, religion, economic status, or abilities and are unwilling to retaliate. We believe in loving the whole world like a mother loves her only child. We do not compare ourselves with others and we do not judge others.

Team FEA derives a quiet satisfaction from leading a life of selfless service. We believe it is in giving that we receive.



Meanings of difficult words:

- **Alleviate** = To reduce or make less
- **Enabling** = Making possible
- **Employability skills** = Skills that help you get and keep a job (like speaking, working with others, etc.)
- **Ethical** = Having like honesty and fairness
- **Mindset** = The way you think about things
- **Retaliate** = To take revenge or hurt someone back
- **Grudge** = A feeling of anger or dislike that lasts for a long time
- **Discriminate** = To treat someone unfairly because of their caste, religion, money, or abilities
- **Resentment** = A feeling of anger or hurt because you think someone has treated you unfairly
- **Selfless service** = Helping others without expecting anything in return
- **Satisfaction** = A feeling of happiness or contentment

Read this whatsapp conversation between Samar and Karan

Karan: Hey Samar, what's up?

Samar: Hey Karan! Not much, just chilling. How about you?

Karan: Same here. Hey, I was thinking, want to catch a movie this evening at 6 pm?

Samar: Sounds good to me! Any movie in mind?

Karan: How about The Hulk Returns?

Samar: Yeah, sounds exciting! Where do you want to meet?

Karan: Let's meet at my place around 3 pm and then we can go to the cinema together.

Samar: Sure thing! Should I bring anything?

Karan: No, we can grab some snacks on the way.

Samar: Cool, see you at 3 pm then!

Karan: Got it, see you at 3!

Questions

1. Who is Karan going to the cinema with?
2. What movie are they going to watch?
3. What time are they meeting?
4. Where are they meeting?
5. How are they going to the cinema?

Lesson 58 A: A, An, The

When to use <i>a</i>, <i>an</i>, and <i>the</i>: <i>a</i>, <i>an</i>, and <i>the</i> का कब उपयोग कर :	a	an	the
Use before words that start with a vowel sound (a, e, i, o, u).		✓	✓
Use before words that start with a consonant sound (b, c, d, f, g...).	✓		✓

Use when there is only one of something (singular).	✓	✓	✓
--	---	---	---

Use when there are more than one (plural).			✓
Use to describe something general .	✓	✓	
Use to describe something specific .			✓

A. Fill in the blanks with *a*, *an*, or *the*, or leave them blank if none of those are needed.

1. I'm hungry. Do you have _____apple?

Sorry, I only have _____banana. I don't like _____bananas.

Do you want to go to _____grocery store to buy _____apple? Yes, please. We can go to _____store beside the bus stand.

That sounds great! _____owner there is very friendly. It's too far to walk.

Let's take _____auto.

_____auto over there looks empty. Let's take it.

2. Create a story or paragraph.

Lesson 58 B: Word Documents 3

A. Create a document that shares what you have learned in FEA so far.

Follow the guidelines below:

Your document should include:

- A **title or heading** in **16 pt. font**
- A **list** of at least four things you have learned during FEA in **12 pt. font**.
- The list should use either **numbers or bullet points**.
- The list should be **double-spaced**
- Your favorite item on the list should be in **green** font.
- Add your names to the **top right** of the page, above the title.
- **Save** the file in “Documents” using your names and the date as the file name.

Your group should:

- Divide the work equally among group members.
- Try to answer questions on your own by looking them up online or asking a classmate before asking the facilitator.

Write one word to complete each gap. Use the words in the box below.

cook – do – go(x2) – have – listen – play(x2) – read – watch

Every morning, I wake up early and 1 to work. Before leaving, I always 2 a cup of coffee to start my day. After work, I like to 3 some exercise to stay healthy. Sometimes, I 4 football with my friends in the park and other times, I 5 the guitar at home to relax. In the evenings, I usually 6 to bed around 10:30 pm. Before sleeping, I often 7 a book. On weekends, I spend time with my family. We often 8 dinner together while 9 to music. Then, we eat and we 10 TV.

Quiz Time


I. Answer the following question:

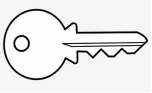
- Why is celebrating small wins also important?
- What are some common phrases used in a telephonic conversation?

Lesson 59 A: How many?

A. Fill in the blanks. Make the words plural to ask how many. Then, discuss your answers with a partner.

Example: [foot] How many feet do you have? I have two

1.  [tooth] How many _____ do you have?
I have _____.
My partner has _____.

2.  [key] How many _____ do you have?

I have _____.

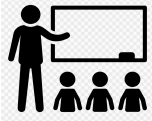
My partner has _____.



3. [box] How many _____ do you have?

I have _____.

My partner has _____.



4. [class] How many _____ have you attended?

I have attended _____.

My partner has attended _____.



5. [person] How many _____ live in your home?

_____ live in my home.

_____ live in my partner's home.

2. Your turn. Write three "How many" questions and ask your partner.

How many

Lesson 59 B:

Quiz Time

English Practice Time: Fill this exercise individually or with the help of your partner.

dress – hang up – hat – pants – scarf – size – take off – the
laundry – try on – wear

- 1 Tom is wearing a new pair of .
- 2 Tina is wearing a around her neck.
- 3 Please your dirty shoes before coming inside.
- 4 The girl is wearing a long .
- 5 Anna was wearing a green on her head.
- 6 I always clothes before I buy them.
- 7 These jeans are too small for me. Do you have them in a larger .
- 8 I always my coat after taking it off.

Lesson 60: Vocabulary Contest

Take 10 mins to revise the meaning of all the words.

Wake up – To stop sleeping and open your eyes.

Weekends – Saturday and Sunday, when people don't go to school or work.

Client – A person who buys services or products from a business.
Enquire – To ask questions to get information.
Receptionist – The person who welcomes visitors in an office or hotel.
Scatter – To spread out in different directions quickly.
Gossip – Talking about other people’s private lives, often not in a good way.
Filthy – Very dirty and unclean.
Growth mindset – Believing you can improve and learn new things with effort.
Wrapper – Material that covers food or products.
Admire – To like and respect someone or something.
Victory – Winning a game, competition, or challenge.
Misuse – Using something in the wrong or bad way.
Whisper – Speaking very softly and quietly.
Goal – What you want to achieve in the future.
Conversation – Talking with someone and sharing thoughts or ideas.
Celebrate – To enjoy and have a good time after a success or special event.
Achievement – Something you do successfully after hard work and effort.
Victory – Winning a competition or challenge.
Musical instrument – An object you play to make music (e.g., guitar, drum).
Guardian – A person who takes care of and protects someone.
Admire – To like and respect someone or something.
Conversation – Talking and sharing ideas with someone

Note: Are you trying to speak in English for most of the time in your class? If Yes, Congratulations! If No, challenge yourself to speak in English. You can do it!

Lesson 61 A: Summarizing

A. Read the paragraph below.

Underline the most important parts.

Malala Yousafzai was born on July 12, 1997. She is a brave girl from Pakistan who works

hard to make sure girls can go to school. She got a big award called the Nobel Peace Prize when she was only 17 years old, making her the youngest person ever to get this prize. She has helped many people learn about the importance of education for everyone, especially girls, even in places where it's difficult for them to go to school. Many people think she is one of the most important people from Pakistan.

B. Write a summary of the paragraph:

B: Revision and Carer Search

Job:	What does someone in this job do?	What skills or qualifications are required?
-------------	--	--

Telecaller Outbound		
------------------------	--	--

Quiz Time

I. Fill in the blanks with 'A, An, The':

1. She has fixed _____ appointment with _____ doctor.
2. Will you take _____ picture of us?
3. I bought _____ apple and _____ banana from _____ market.
4. Can you pass me _____ red crayon from _____ table?
5. Her daughter is learning to play _____ violin at her school.

II. Look at the image below:



What do you see? I can see that _____

How many boys are there in the picture? There are _____

What are the boys doing? The boys are _____

What games do you play? I play _____, _____ and _____

III. Convert the following words to plural:

Singular	Plural
Crayon	
Mango	
Library	
Day	
Shelf	
Roof	
Person	
Fish	
Man	
Child	

Lesson 62 A: Healthy Eating

A. 1. FOOD CHOICES



Plate 1



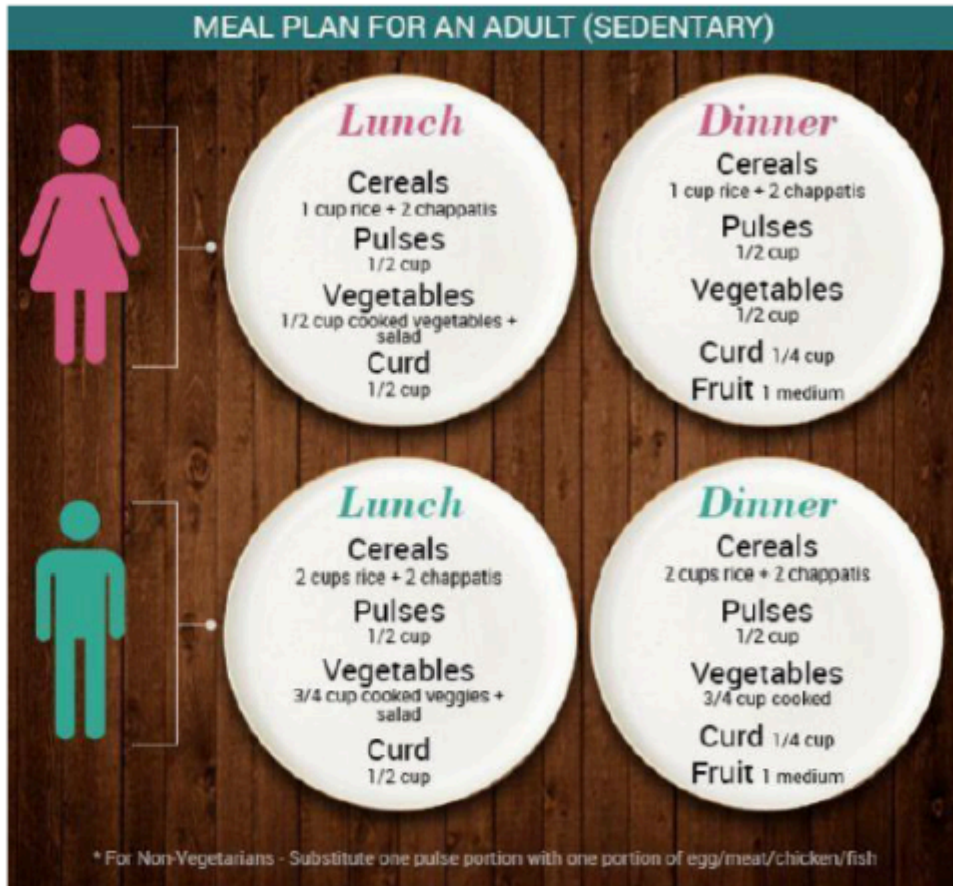
Plate 2

A2

Identify whether the following habits are healthy or unhealthy and explain why:



B. A BALANCED PLATE:



Source - <http://food.ndtv.com/>

Lesson 63A: Adjectives 1

A. Adjectives describe how something looks, sounds, tastes, smells, feels, or behaves.

In a sentence, the adjective can come before the thing it describes (the noun).

For example:

It is a blue pen.

Or it can come after the word *am*, *are*, or *is*.


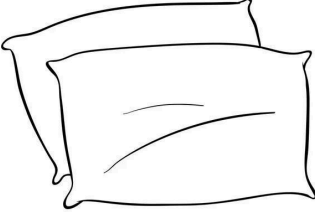



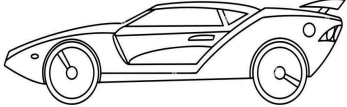
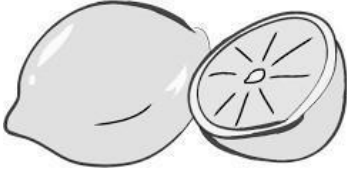
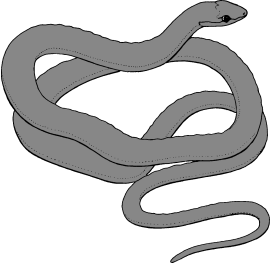

For example:

The pen is blue.

B. Match the adjective and describe the pictures below. Use complete sentences.

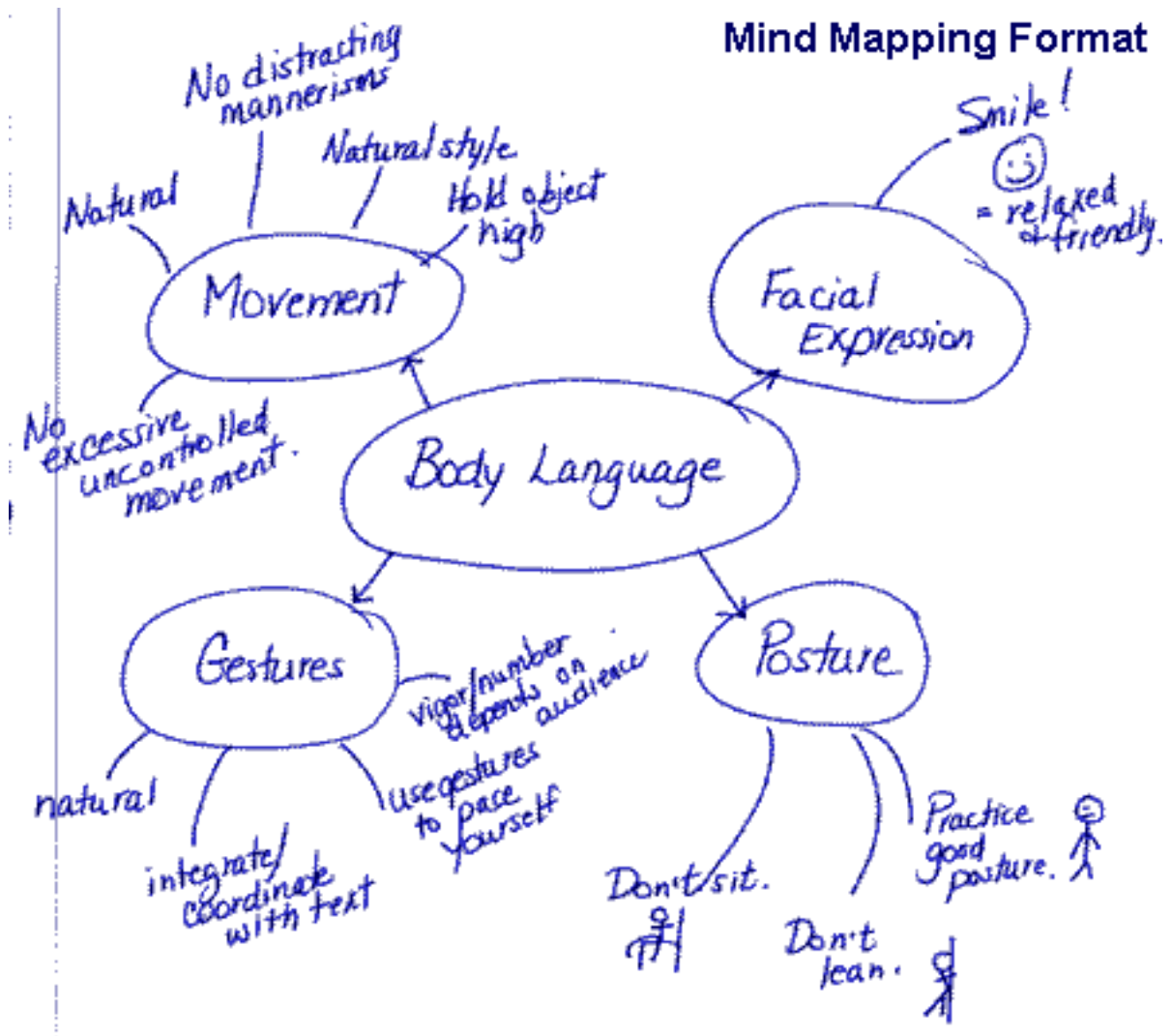
soft hard strong fast slow expensive sour sweet

dangerous loud beautiful wet dry long short tall

 <p>That is a _____ dog.</p>	 <p>The pillows are _____.</p>	 <p>The drum is _____.</p>
 <p>_____</p>	 <p>_____</p>	 <p>_____</p>
 <p>_____</p>	 <p>_____</p>	 <p>_____</p>

Lesson 63 B: Note-Taking

A. Look at the Mind-Mapping notes. Answer the questions below.



Body Language and Oral Presentations

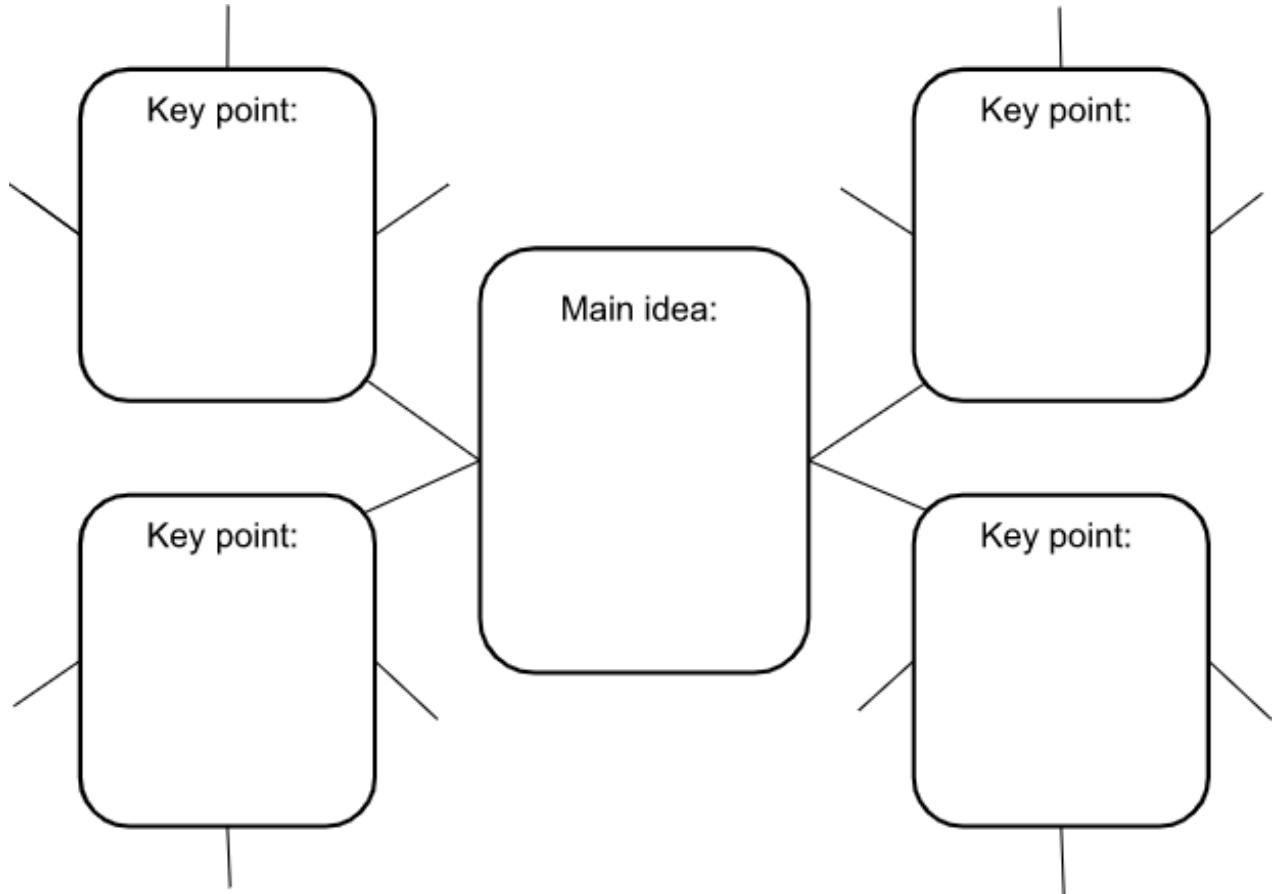
(image from study-hack.tumblr.com)

Questions:

- What is the main topic?
- What are the key points?
- Does it use complete sentences?
- Is it easy to read and understand? Why or why not?

B. Create your own Mind Map.

As you conduct research, fill in the main idea, some key points, and useful details.



C: Notice: Read this Notice:

English School of Learning

We have three courses:

Speaking:

maximum 20 students

50-hour course

Monday to Saturday

Experienced teachers

Rs 250

Writing:

maximum 15 students

10-hour course

Wednesday only

experienced teachers

Rs 100

Listening:

maximum 25 students

45-hour course

Weekends only

Qualified teachers

Rs 150

Opening times:

Monday–Friday 7 a.m.–6pm

Saturday–Sunday 8 a.m.–5 p.m.

Find us

Navi Mumbai

Coast Guard Road

Mumbai

Contact

0652 13906

es@gmail.com

Lesson 64: Log Kya Kahenge 1

A. Read the scenario and discuss the questions below.

Scenario:

Hema dreams of becoming a police officer. Most of the women in her village who work are teachers. Hema's family wants to support her dreams, but they are worried about "log kya kahenge" – what others will think.

हेमा का सपना पुलिस अफसर बनने का है। उनके गांव में काम करने वाली ज्यादातर महिलाएं शिक्षिका हैं। हेमा का परिवार उसके सपनों का समर्थन करना चाहता है, लेकिन वे "लोग क्या कहेंगे" के बारे में चिंतित हैं - दूसरे क्या सोचेंगे।

Questions:

- How will Hema's choice affect her life?
- What would happen if she chose not to listen to her neighbors?
- What would happen if she chose not to follow her dream?
- How will her choice affect her family?
- How will her choice affect her neighbors?
- What do you think Hema should do?

B. Write one dream/belief/value/aspect of yourself that you will not change no matter what others say.

Lesson 65: Forming a Research Question

A. Read the “search terms” below.

1. “Plumbing”
2. “What is a typical day of work for a plumber?”
3. “What is the average salary for a plumber in Lucknow in 2022?”

Which question do you think would lead you to the most useful information? Why?

B. Write your own research question:

C. Take notes!

You can jot down key points or draw a mind map.

D. Reflect.

Does the information you found answer your research question? Summarize it here.

Lesson 66: English Consolidation

A. Expand the sentences. Add adjectives to describe the people, places, or thing

For example:

The woman works in the building

The confident woman works in the tall gray office building.

1. A cat is on the wall. Those are my brother's friends
2. That day, I cooked dinner for my grandmother.
3. The boy sees an elephant in the forest.
4. Is this the boss's car?
5. This morning, the girl is flying a kite in the park.

D.E.A.R: Read this story and answer the following question in your notepads

Priya is a young woman. She just finished her studies and needs a job. Her family doesn't have much money, so getting a job is very important.

Priya has an interview at a well-known company. They ask her if she can use a computer program. Priya doesn't know the program well. She thinks about saying yes, but she decides to be honest. She knows lying could cause problems later.

1- What did Priya finish?

- A) School
- B) A job
- C) A book
- D) Cooking

2- Why does Priya need a job?

- A) To buy a phone
- B) Her family needs money
- C) To go on vacation
- D) To get a car

3- Where is Priya having an interview?

- A) In a store
- B) At a company
- C) In a park
- D) At a school

4- What do they ask Priya in the interview?

- A) If she has a car
- B) If she can use a computer program
- C) If she has a pet
- D) If she can cook

5- What does Priya decide to do?

- A) Tell the truth
- B) Leave the interview
- C) Lie about the program
- D) Ask for money

Quiz Time

I. Fill in the blanks with a suitable adjective from the box below:

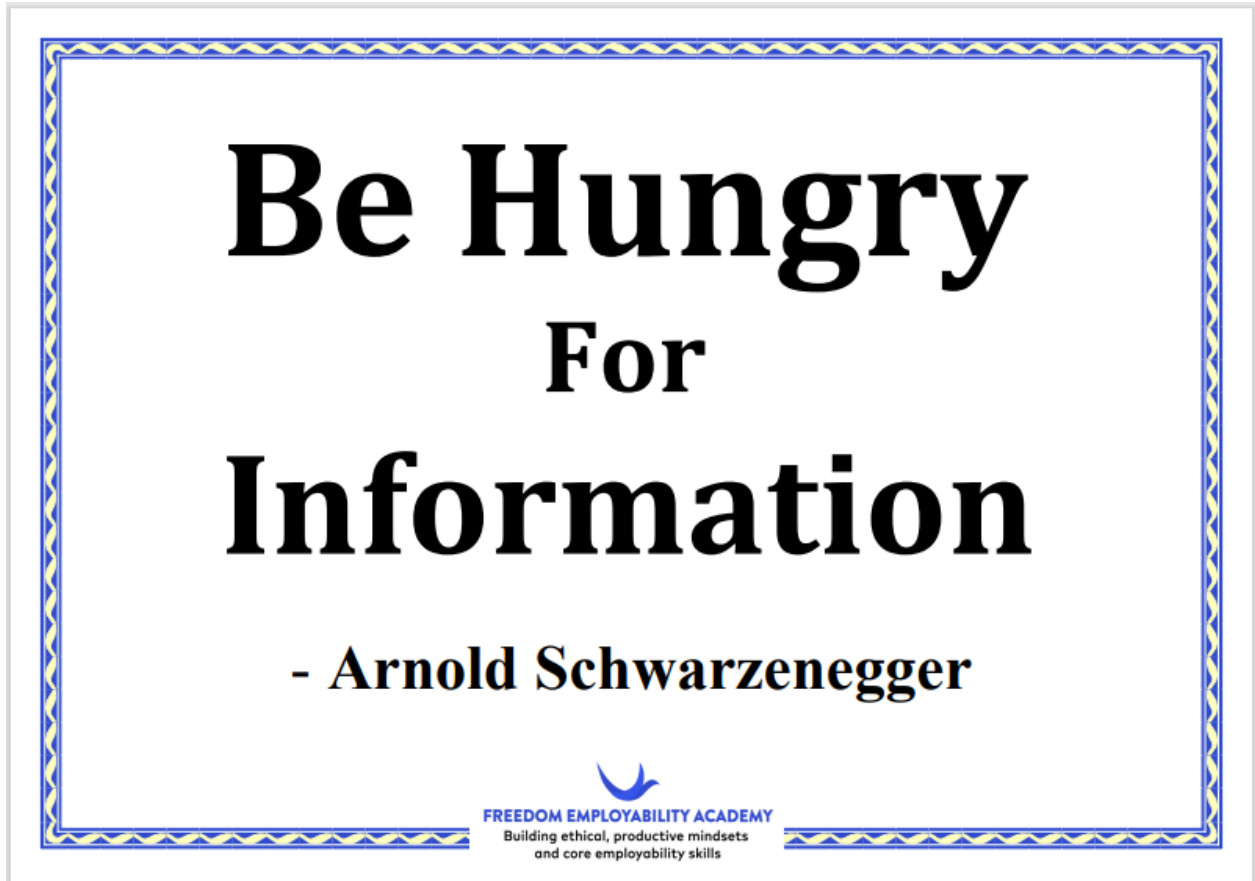
Tall	Dirty	Five	Comfortable	Pretty
------	-------	------	-------------	--------

1. She looks _____ in her dress.
Make another sentence with this adjective.

2. This chair is very _____.
Make another sentence with this adjective.
3. You need to come behind the _____ building.
Make another sentence with this adjective.
4. Your clothes have become _____.
Make another sentence with this adjective.
5. They have packed _____ juice bottles for you.
Make another sentence with this adjective.

Lesson 67 A: Hygiene

A1. Poster Discussion



A2. What is hygiene?

A3. Exercise

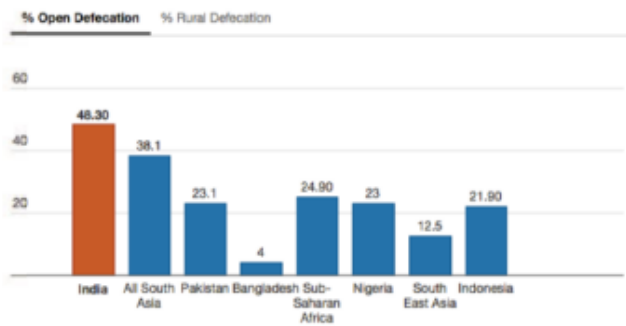
Identify what is hygienic and unhygienic. Mark "H" for hygienic and "U" for unhygienic. Discuss with your partner why the action is hygienic / unhygienic.

B. EXERCISE

Look at the image and read the graph given below. Answer the questions that follow:



International Comparison of Open Defecation (2012)



Source - <http://www.thehindu.com/>

Discuss with your partner

- 1: Look at the image and discuss where the women are going?
- 2: Look at the graph and share what the graph shows.

Lesson 67 B: The Gig Economy

A. Which of these are gig economy jobs? How can you tell?

<p>Company: Pune Painters Job Type: Full time Experience: 3-4 years Pay: Monthly</p> <p>-Preparing walls and other surfaces. -Mixing and applying paints, varnishes, and sealants for a lasting finish. -Using fillers to repair cracks. -Obeying workplace safety rules. -Collaborating with others.</p>	<p>Company: ABC Solutions Skills: IT Support Experience: 3+years Pay: Hourly</p> <p>Looking for trainer who can provide support for 60 to 90 mins in a day</p> <p>We are providing time flexibility, morning 6 to 10 or evening 6 to 10.</p>
--	---

<p>Company: Weddings and More Job Type: As needed Experience: 1-2 years Pay: Hourly</p> <p>Hair and makeup styling assistants for weddings and other events.</p> <p>Must work well with others and have an eye for design.</p>	<p>Company: Wellness Plus Job: Junior Content Writer Experience: 0-2 years Job Type: Full time; Work from home Pay: Salary</p> <p>Create content for websites, blogs, articles, and YouTube descriptions. Excellent communication and social media skills required.</p>
---	--

B. What are some advantages and disadvantages of gig economy jobs? Discuss with your partner.

Lesson 68: Log Kya Kahenge

Word Power: Courage, award, proud

Look at the 3 images and match the words. Guess the meaning of the words. Try making one sentence from each of these three words.



Part A

Individual reflection: Do you find yourself thinking about what other people will think of you or say about you when you are making life and career decisions? How does this affect your decisions?

Quotes for discussion after watching the video:

- 1- “As you make life and career decisions while navigating the opinions of others, remember to always be kind, always be helpful, and never be intimidated.”
- 2- “Do not let your peace depend on the hearts of others; whatever they say about you, good or bad, you are not because of it another, for as you are, you are. : **Thomas a Kempis**

Part B

‘लोग क्या कहेंगे’ मानसिकता को दरकिनार कर तीन लड़कियों ने शुरू किया फूड स्टॉल,
आत्मनिर्भर होकर लोगों को कर रही प्रेरित, जानिए इनकी कहानी

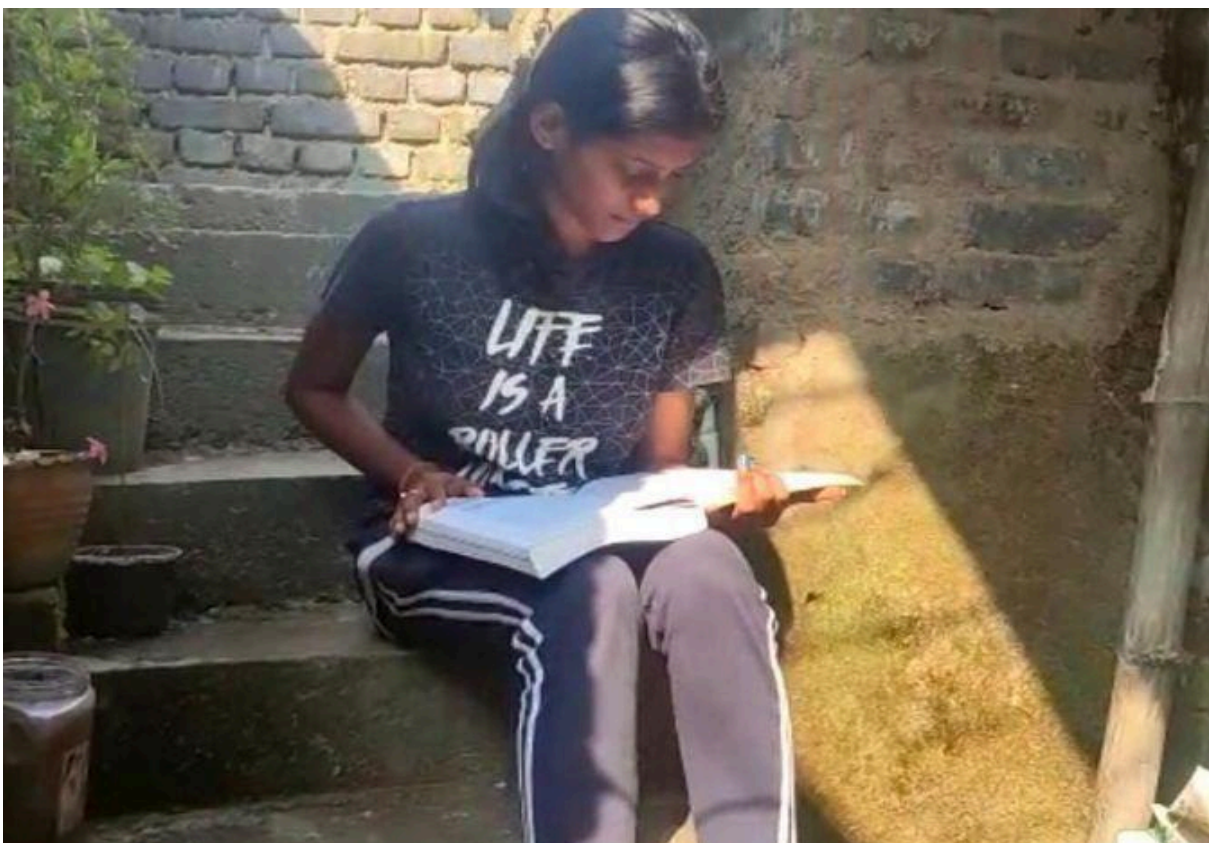
ओडिशा के मयूरभंज जिले के बारीपदा शहर की तीन लड़कियां आज औरों के लिए मिशाल बनी हुई हैं. इन लड़कियों ने मिलकर एक टीम बनाई और फूड स्टॉल लगाया जहां ये अपने शहरवासियों को खाने का स्वाद चखा रही हैं.



‘लोग क्या कहेंगे’ इस मानसिकता को दरकिनार कर तीन लड़कियों ने पढ़ाई के साथ फास्ट-फूड स्टॉल लगाकर आज आत्मनिर्भर बन चुकी हैं. ये सभी लड़कियां मेधावी छात्र हैं और अपनी दैनिक खर्च के लिए प्रतिदिन कॉलेज की खत्म होने के बाद शाम में सड़क किनारे फूड स्टॉल लगाती हैं. यह कहानी ओडिशा के मयूरभंज जिले के बारीपदा शहर की है, जहां इनकी आत्मनिर्भरता अन्य लोगों के लिए प्रेरणादायक बन चुकी है. लड़कियों का यह प्रयास शहर में चर्चा का विषय बना हुआ है. बड़ी संख्या में आ रहे लोग जिले में उच्च शिक्षा ग्रहण करने के साथ अपने दैनिक खर्च को वहन करने के लिए बारीपदा की तीन अलग-अलग कॉलेजों की लड़कियों ने आत्मनिर्भर होने का संकल्प लिया.

इन लोगों ने योजनाबद्ध तरीके से काम किया और कॉलेज की छुट्टी होने के बाद शाम को सड़क किनारे बड़ी छतरी डाल एक फास्ट-फूड स्टॉल लगाया. लड़कियों के इस आत्मनिर्भर प्रयास को शहरवासियों ने सराहा और अन्य लोगों के लिए इसे मिशाल बताया. साथ ही लड़कियों के मनोबल को बढ़ावा देने के लिए बड़ी संख्या में लोग फूड स्टॉल पर खाने में दिलचस्पी दिखाते हैं.

पढ़ने में होशियार हैं सभी छात्राएं जानकारी के मुताबिक शहर में तीन लड़कियों की एक टीम ने लोगों की मानसिकता बदल दी है. बारीपदा में डिप्लोमा के साथ एमबीए करने वाली विष्णुप्रिया से प्रेरित होकर अन्य दो लड़कियां सीमा मोहंती और सुभशरी मोहंती ने आत्मनिर्भर बनने का निश्चय किया. सीमा बारीपदा महिला विश्वविद्यालय (Women’s University) में आर्ट्स विषय से स्नातक की पढ़ाई पूरी कर रही हैं. वहीं सुभशरी बारीपदा एमपीसी (MPC) कॉलेज में उच्च शिक्षा ग्रहण कर रही हैं. सीमा और सुभशरी दोनों कॉलेज की मेधावी छात्रा हैं और कभी क्लास मिस नहीं करती हैं.



सीमा ने बताया कि पढ़ाई के लिए कुछ पैसों की जरूरत होती थी. कॉपी-किताबों और फीस के लिए घर से बार-बार पैसा मांगना अच्छा नहीं लगता था. हमें किसी और के लिए काम करना पसंद नहीं था. जिसके कारण हम तीन लड़कियों ने योजनाबद्ध तरीके से एक टीम बनाई और कॉलेज की समाप्ती के बाद शाम में सड़क किनारे फास्ट-फूड स्टॉल लगाने का निर्णय लिया. किसी भी व्यवसाय के लिए एक छोटी सी शुरुआत जरूरी होती है. हमें उम्मीद था कि हमारा व्यवसाय अच्छा होगा. इन दिनों हम किसी पर भी निर्भर नहीं हैं हम आत्मनिर्भर हैं.

कोई भी काम छोटा या बड़ा नहीं होता - विष्णुप्रिया

वहीं, सुभषरी ने बताया कि शुरुआती दौर में फूड स्टॉल पर किसी को नाश्ता देने में दिक्कत होता थी लेकिन कुछ दिनों के बाद सब कुछ सामान्य हो गया. शाम के समय में हमारे स्टॉल पर काफी भीड़ होती है और हम सम्मान के साथ अपना काम करते हैं. दूसरी और विष्णुप्रिया ने बताया कि हर एक इंसान को सकारात्मक सोचना चाहिए. कोई भी काम छोटा या खराब नहीं होता है. हर काम आपकी सोच पर निर्भर करती है. लोगों की सोच को आप नहीं रोक सकते हैं. आपको खुद से आगे बढ़ना होगा क्योंकि बुरे समय में आपके साथ कोई नहीं खड़ा होगा. मैं एक लड़की हूँ और मेरा मानना है कि हर किसी को आत्मनिर्भर बनने की जरूरत है.



फूड स्टॉल पर आई एक महिला स्वाती मोहंती ने कहा कि इन दिनों हमारी बच्चियों को आत्मनिर्भर होने की जरूरत है. इन तीन लड़कियों द्वारा चलाया जा रहा फूड स्टॉल समाज में स्वागत योग्य एवं सराहनीय है. इन सभी लड़कियों में खास बात यह है कि इन्होंने पढ़ाई के साथ अपने आप को आत्मनिर्भर बनाया है। हमारे समाज में ये अन्य लोगों के लिए मिसाल हैं।

Source- Gnttv.com

D.E.A.R: Read this story and answer the following question in your notepads

This 8-Year-Old Girl from Nagaland is a Bravery Award Winner

Mhonbeni is an 8-year-old girl from Nagaland. One day during her winter vacation, she went to visit her grandmother in a village. While they were fishing, her grandmother, who was 78 years old, got very sick and fell down.

Mhonbeni was very brave. She ran 4-5 kms, through the forest, all by herself to get help for her grandmother. Because of her courage, her grandmother got better.

Mhonbeni's father who is a havaldar in Nagaland's home guards department, was very proud of her when she received a special bravery award from the Prime Minister. The prize included a medal, a certificate, and some money to help her with school. We are all very proud of Mhonbeni for being so brave!

1- What was Mhonbeni doing during her winter vacation?

- a) Studying at home
- b) Visiting her grandmother in a village in Nagaland
- c) Traveling to different countries
- d) Attending a summer camp

2- How old was Mhonbeni's grandmother when the incident occurred?

- a) 68
- b) 78
- c) 88
- d) 98

3- What happened to Mhonbeni's grandmother while they were fishing?

- a) She got sunburned
- b) She got bitten by a snake
- c) She got very sick and fell down
- d) She caught a big fish

3- How far did Mhonbeni run back to the village for help?

- a) 1-2 km
- b) 2-3 km
- c) 3-4 km
- d) 4-5 km

4- Who was present when Mhonbeni received the award from the Prime Minister?

- a) Her grandmother
- b) Her mother
- c) Her father
- d) Her teacher

5- What is Mhonbeni's father's profession?

- a) Farmer
- b) Doctor
- c) Havaldar in Nagaland's home guards department
- d) Teacher

6- What did Mhonbeni receive as part of the award?

- a) A trophy
- b) A medal, a certificate, and cash
- c) A book
- d) A scholarship for college

7- Where did Mhonbeni's act of bravery take place?

- a) In New Delhi
- b) In Nagaland
- c) In a different country
- d) In a neighboring village

Lesson 69: Healthy Living

A. FOOD FOR THOUGHT

1. Do you watch a lot of movies? How often?
2. Which electronic device do you use to watch movies?
3. How many hours should be spent on any electronic device?
4. Do you use this device for other activities also such as social media?
5. How can it affect our health?

B.1. SELF-ASSESSMENT - (Use notepads to write)

How often do you...	Always	Often	Sometimes	Rarely	Never
sleep for 7 - 8 hours at night?					
exercise once a day for 30 minutes or more?					
smile at ordinary things?					
express thankfulness?					
spend some silent time every day?					
spend time with positive people?					
think about your goals?					
think positive thoughts?					
learn new things?					

Lesson 69 B: One-Pointed Focus

A. Find the dice.



Lesson 70: Conjunctions

Part A: Correct the incorrect sentences:

Incorrect Sentence: "I goes to the store yesterday."

Incorrect Sentence: "She is have a dog."

Incorrect Sentence: "We have many book in the library."

Incorrect Sentence: "I not like vegetables."

Incorrect Sentence: "She can't swimming."

Incorrect Sentence: "He like apples."

Incorrect Sentence: "He don't understand the instructions."

Incorrect Sentence: "They is going to visit their grandparents next weekend."

Incorrect Sentence: "She have been living in London since two years."

B: Conjunction Exercise: Fill in the Blanks

Instructions:

Fill in the blanks in each sentence with the appropriate conjunction from the word bank provided.

Word Bank: 'and', 'but', 'or'

1. I like to play soccer _____ basketball.
2. It's raining outside, _____ we can still have fun indoors.
3. Do you want pizza _____ pasta for dinner?
4. Sarah wants to go to the park, _____ her brother prefers staying at home.
5. My favorite colors are blue _____ green.

6. I want to go to the beach _____ the weather is too cold.
7. Would you like tea _____ coffee for breakfast?
8. Jane is not feeling well, _____ she still went to work.
9. I want to buy a new phone _____ a laptop for my birthday.
10. Sarah can play the piano _____ sing beautifully.

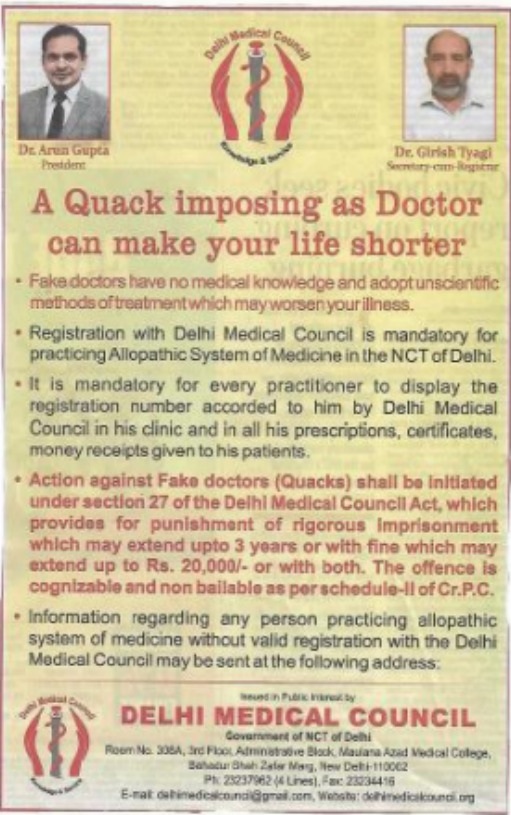
C: Use this time to practice online conjunctions exercises:

https://test-english.com/grammar-points/a1/conjunctions_and-but-or-so-because/



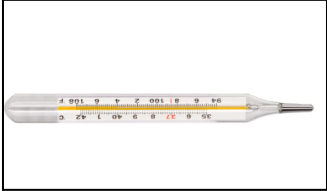
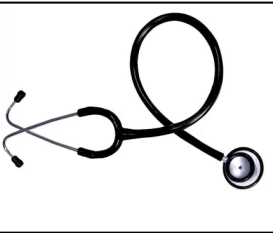


Note: Are you trying to speak in English for most of the time in your class? If yes, congratulations! If no, challenge yourself to speak in English. You can do it!

Lesson 71: Going to the Doctor

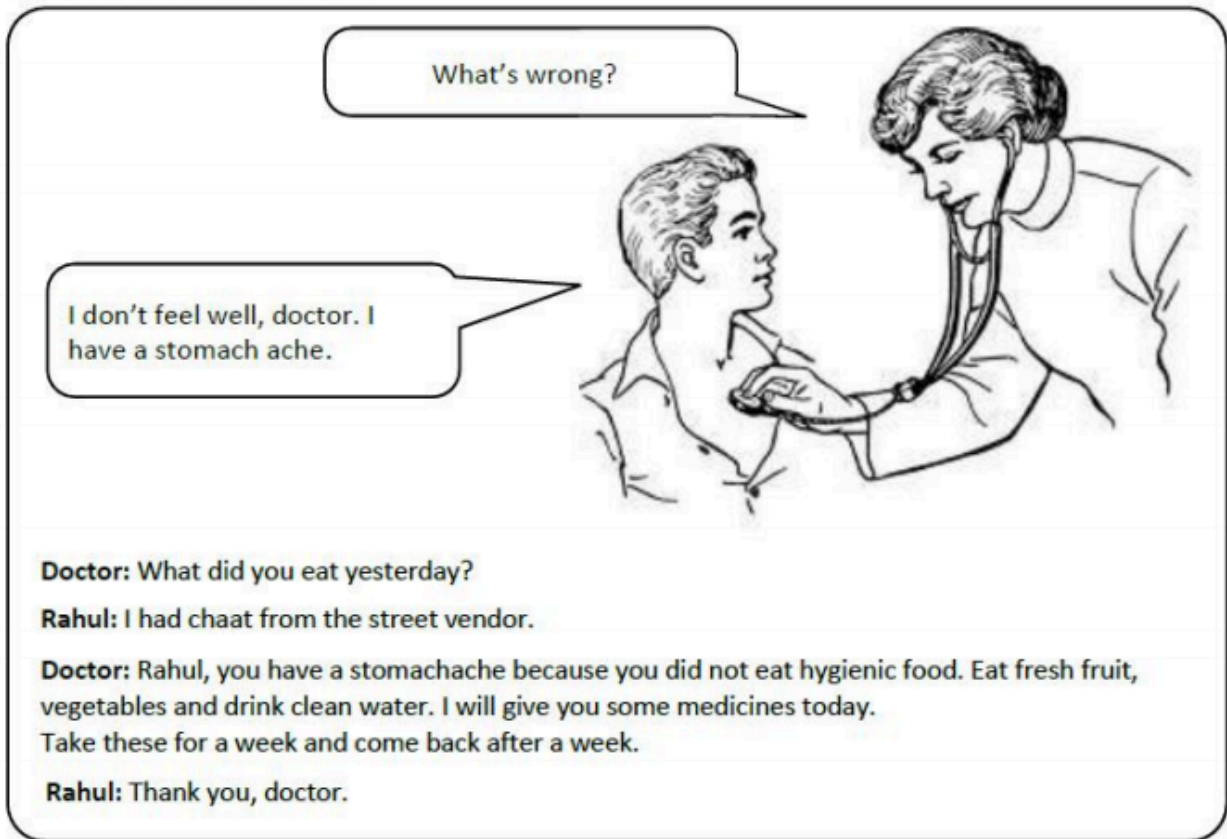
A. Read the poster given below:

	<p>1. What is the poster about?</p> <hr/> <hr/> <p>2. Who are quacks?</p> <hr/> <hr/> <p>3. What kind of action can be taken against fake doctors?</p> <hr/> <hr/> <p>4. Did you find this poster useful?</p> <hr/> <hr/>
--	---

B.1. At the clinic/hospital:

 <p>Doctor/Patient</p>	 <p>Medicines</p>	 <p>Thermometer</p>
 <p>Stethoscope</p>	 <p>Injection</p>	 <p>Nurse</p>

2. At the clinic/hospital:



What's wrong?

I don't feel well, doctor. I have a stomach ache.

Doctor: What did you eat yesterday?

Rahul: I had chaat from the street vendor.

Doctor: Rahul, you have a stomachache because you did not eat hygienic food. Eat fresh fruit, vegetables and drink clean water. I will give you some medicines today. Take these for a week and come back after a week.

Rahul: Thank you, doctor.

C. First Aid: What can you do in case of...

1. Bleeding?
2. Nosebleed?
3. Vomiting?
4. Fainting?
5. Dehydration?

Do you know the difference between:

A physician and a surgeon?

A clinic and a hospital?

A qualified doctor and a quack?

Quiz Time

I. Always, Sometimes, Rarely, Never:

Write about something you always do: I always _____

Write about something you sometimes do: I sometimes _____

Write about something you rarely do: I rarely _____

Write about something you never do: I never _____

II. Conjunctions

Combine the following pairs of sentences using the correct conjunction: **and, or, but**. Write the combined sentence below each pair.

1. Pair:

- You can have tea.
- You can have coffee.
- **Combined Sentence:** _____

2. Pair:

- I went to the park.
- It started raining.
- **Combined Sentence:** _____

3. Pair:

- Sam likes to read books.
- Sam likes to watch movies.
- **Combined Sentence:** _____

4. Pair:

- The dress is beautiful.
- The dress is too expensive.
- **Combined Sentence:** _____

5. Pair:

- Do you want to play football?
- Do you want to play cricket?
- **Combined Sentence:** _____

6. Pair:

- We can visit the zoo today.
- We can visit the zoo tomorrow.
- **Combined Sentence:** _____

Lesson 72: Greed and Shortcuts

Part A

Study the following story¹ with your facilitator:

Sometimes, we all want things we don't have. Working for what we want is good, but if we aren't careful, wanting too much can turn into greed, and greed can control us.

There was a dog who found a big, yummy bone in the trash. He was very happy and quickly took the bone home to enjoy it. But on his way home, he had to cross a small river.

When he stepped on the plank to cross the river, he saw another dog in the water. The other dog also had a tasty bone in his mouth! The dog thought, "**Wow! I can take that bone from him while he's still in the water!**"

But when he opened his mouth to grab the bone, his own bone fell into the river and disappeared. Now, he lost **both bones**. The other dog just looked back at him with a sad face.

This story teaches us that **being too greedy can make us lose everything**.

COMPREHENSION

Answer the questions below in complete sentences.

1. What did the dog find lying in the trash?

2. What was the dog imagining while he headed home with the bone?

¹ This story and exercises are excerpted from a textbook for young people called *Walking the Straight Path*, with copyright owned by the Badi Foundation, Macau 2002, Development Learning Press.

3. What delightful sight did the dog see while crossing the river?

4. What do you think he really saw?

5. What do you think kept the dog from seeing what was really there?

6. Why did he think he would be able to take the second bone and get away?

7. What happened when he tried to take the other bone?

8. How did the dog feel after losing both bones?

Part B

Discuss the following question with your class:

“Is it a sign of greed to want to improve our lives?”

Now write your thoughts in your notebook.

Part C

The story shows what happens when greed becomes our master. When we are motivated by greed, we become easy to cheat and easily make bad decisions.

All scams work because they can use greed to control people. People become excited by large sums of money or the promise of cures. This desire takes over their rational powers and their decision-making weakens.

Consider the following scenarios:

Vivek wants to get a government job, because someone told him that with this post, he can receive many bribes and supplement his salary.

Preeti needs to take an important exam to reach X. Someone told her she can get the test answers beforehand by paying a small sum. This will allow her to get good marks and achieve X.

Fatima lost about Rs 9 lakh to a fake job offer scam after the fraudster asked her to pay the processing fee to secure a content writer position.

These scenarios show that greed is self-defeating. Like the dog in the story who lost his bone, when controlled by greed we often lose something precious to us.

Part D

End this lesson by discussing with the class:

If greed is not your master, what should be?

Your discussion should show that it is the balanced well-being of ourselves, our families and our communities that can guide us to make right decisions.

Lesson 73A: Describing Places and Objects

A. Descriptive Words

1. Colour- _____
2. Size- Big, small, medium, large, tall., long, thick, thin, huge, tiny, little
3. Shape- Round, rectangular, oval, triangular, conical
4. Sound- Loud, melodious, deafening

How is the sound? Loud, melodious or deafening? The sound is _____



What is the size of the room?

What is the shape of the tv?



B.1. Very, So, Really, Completely

Word	Examples	My sentence
Very	very beautiful, very tall, very clever etc.	
Really	really beautiful, really intelligent, really lovely etc.	

So	so beautiful, so tall, so clever etc.	
Completely	completely empty, completely dry	

C.1. Describing Places

Word	Other Words	Some place you know
Good	Spacious, clean, quiet, bright, beautiful, charming	Word-Place-
Bad	Messy, dirty, crowded, dark	Word-Place-
Others	Empty, large, noisy, small, modern, ancient, famous, expensive	Word-Place-

Lesson 73 B: Understanding Sectors 1

A. Data at FEA

FEA provides a one-year duration course with 500+ hours of in classroom training.



80,227

CURRENT STUDENTS

(550,974 students enrolled to date)



1,333

TRAINING CENTERS



10

STATES

(NORTH INDIA)



1,906

FULL TIME EMPLOYEES

B. Info

Top 5 Government Job Salaries

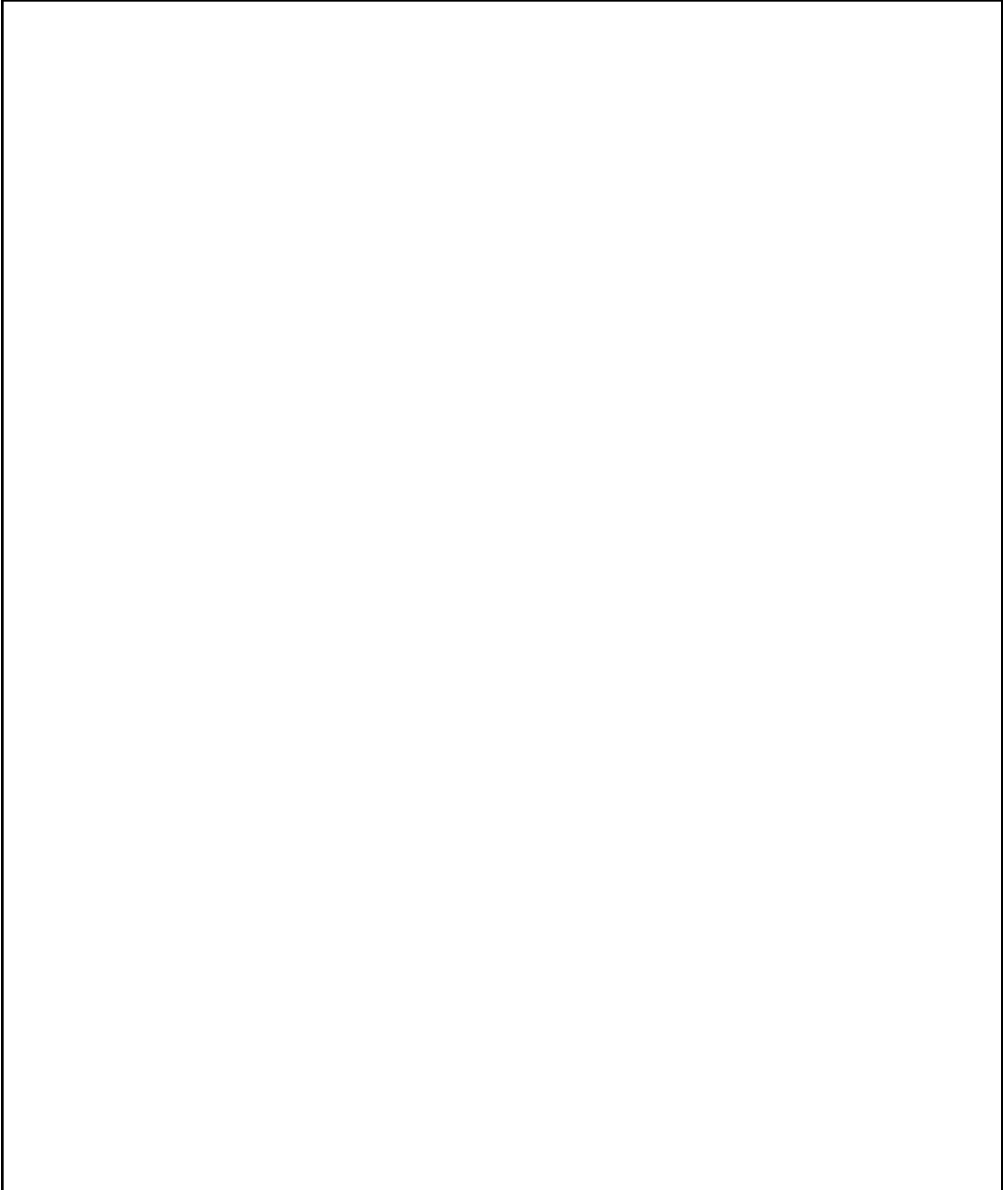
Job Profile	Salary
IAS and IPS	INR 6,73,200
Defence Services	INR 6,00,000
ISRO, DRDO Scientists/Engineers	INR 4,69,200
RBI Grade B	INR 4,20,000
Indian Forest Officer	INR 6,00,000

Top 5 Private Job Salaries

Job Profile	Salary
Software Engineer	INR 8,00,000
Call Centre Manager	INR 7,80,355
Healthcare and Medical Professional	INR 10,00,000
Commercial Pilot	INR 17,00,000
Business Manager	INR 20,00,000

Lesson 74A: The Art of Self-Teaching

Today during digital learning time, I will work on I will start by

A large, empty rectangular box with a thin black border, intended for the student to write their response to the prompt above.

Lesson 74B: Understanding Sectors 2

A. Vocabulary:

Flexibility: When something is flexible, it can bend and is easier to change. A person or group that is not flexible is difficult to change.

Initiative: When you take initiative, you are trying out a new idea or making decisions and implementing them yourself, instead of waiting for directions or doing nothing.

Negotiate: To discuss something in order to get to an outcome you prefer.

B. Points to keep in mind:

- Creativity and Risk-taking: Government offices often do not have enough flexibility for employees to suggest different ideas, try new things or take risks. Private companies often value creativity and risk-taking. When employees have opportunities to be creative and take initiative, they are able to grow and learn.
- Learning about New Technology: Private companies focus more on innovation and technology, so employees can often work with new tools and technologies. This helps employees to gain new skills and stay up-to-date with industry trends, which is valuable in today's job market.
- Better Work Culture: Private companies often have a more relaxed and informal work culture, which makes the work environment more enjoyable. Private companies give more flexibility with working hours, dress code, and work-life balance, which is an advantage over government jobs.
- Growth Opportunities: Private companies are always looking to grow and expand, which creates growth opportunities for employees. With hard work and dedication, private job employees can reach higher positions within a short span of time.
- Higher Salary: Private companies offer high salaries to attract and keep the best talent in the industry. In contrast, government jobs often have fixed pay scales. Private job employees can negotiate their salary and earn more than government job employees.

Lesson 76: Talking about Present

A. Subject and verb: Discuss with your partner

Subject	Verb	Statement or Question
I	am	I am very happy.
You	are	Are you my friend or not?
He/She/It	is	
We	are	
You	are	
They	are	
Some/All/Most/Many/A few	are	
Either/Neither	is	
Anyone/Each	is	

Subject	Verb	Statement or Question
I	run/sing/eat	
You (sing.)	run/sing/eat	
He/She/It	runs/sings/eats	
We	run/sing/eat	
You (pl.)	run/sing/eat	
They	run/sing/eat	
Some/All	run/sing/eat	

B. Read the article and:

i) complete the questions

My Weekend Activities

My name is Amar. I am a student, and I like weekends because I have free time. On Saturday and Sunday, I do many fun things.

On Saturday morning, I usually play cricket in the park with my friends. We run, hit the ball, and have a lot of fun. In the afternoon, I **often** go to the library to read books or do some homework. My favorite books are about animals and adventures.

On Sunday, I spend time with my family. We sometimes go to the beach. My mother makes sandwiches, and we have a picnic together. I like swimming in the river and play with sand.

In the evening, I like to relax at home. I watch movies or play video games on my computer. I also call my grandparents and talk to them for a while.

I love my weekends because I get to play, learn, and spend time with my family and friends.

Questions

- 1. What does Amar usually do on Saturday morning?**
 - a) Go to the beach
 - b) Play cricket in the park
 - c) Sleep late
- 2. Where does Amar go in the afternoon on Saturday?**
 - a) The supermarket
 - b) The library
 - c) The zoo
- 3. What does Amar's family sometimes do on Sunday?**
 - a) Go hiking
 - b) Have a picnic on the beach
 - c) Visit the museum
- 4. What does Amar like to do in the evening at home?**
 - a) Go to bed early
 - b) Watch movies or play video games
 - c) Clean his room
- 5. Why does Amar love weekends?**
 - a) Because he gets to sleep a lot
 - b) Because he can play, learn, and spend time with family and friends
 - c) Because he doesn't do any homework
- 6. What kind of books does Amar like to read?**
 - a) History books
 - b) Books about animals and adventures
 - c) Science books

Lesson 76

Quiz Time

I. Describing Places and Objects

Unscramble the words to make correct sentences. Write your answer below each jumbled sentence.

Word: Noisy

- Sentence: is / very / this / motorcycle / noisy.
- Answer: _____

Word: Famous

- Sentence: is / famous / the / city / its / for / food.
- Answer: _____

Word: Crowded

- Sentence: market / so / crowded / the / is / today.
- Answer: _____

Word: Ancient

- Sentence: this / ancient / an / is / building.
- Answer: _____

Word: Boring

- Sentence: was / the / movie / very / boring.
- Answer: _____

II. Present Tense

Use the present tense form of the verbs provided to create your own sentences. Think about what happens regularly or what you are doing right now.

Verb: Play

- Your sentence: _____

Verb: Work

- Your sentence: _____

Verb: Read

- Your sentence: _____

Verb: Go

- Your sentence: _____

Verb: Watch

- Your sentence: _____

Verb: Study

- Your sentence: _____

Verb: Like

- Your sentence: _____

III. Answer the following questions:

1. What do you mean by Quacks? Quack means

2. What is first aid? First aid is

Lesson 79 A: Questions

A. Write the answers in your **notepad**:

1. *Question:* Are _____ a nurse?

Answer: No, I am not a nurse.

2. *Question:* Is _____ your father?

Answer: Yes, he is my father.

3. *Question:* Is _____?

Answer: No, it is not a big house.

4. *Question:* Am _____?

Answer: Yes, you are in the correct classroom.

5. *Question:* _____?

Answer: No, that is not my mango.

6. *Question:* _____?

Answer: Yes, she is a police officer.

B. Surveys.

Ask your classmates the questions in your survey and record their answers in your notepad.

--

Group A: School (Yes or No)

Are you a student in school now?

Is school enjoyable?

Is school important for everyone?

Group B: Health

Is your favorite food healthy?

Are you good at exercising?

Is a healthy lifestyle important?

Group C: Family
Are your grandparents both living?
Are you married?
Is it important to live near your parents?

Word Power Contest

Read the meaning of these words and get ready for a contest.

Vocabulary List – Simple Meanings

1. **Trash** – Garbage; things people throw away.
2. **Witch Doctor** – A person believed to have special powers to heal or help people in some cultures.
3. **Illness** – When someone is not feeling well or is sick.
4. **Rarely** – Not often; very few times.
5. **Often** – Many times; frequently.
6. **Caught** – When someone is stopped or found doing something they shouldn't do.
7. **Trouble** – Problems or difficulties.
8. **Diet** – The food a person eats every day.
9. **Wonder** – To think about something and ask questions because you are curious.
10. **Courage** – The ability to do something brave or face difficult situations.
11. **Plank** – A flat, long piece of wood or board.
12. **Myth** – A traditional story that may not be true.
13. **Deafening** – Very loud, so loud it hurts your ears.
14. **Social Pressure** – When people feel they must behave a certain way to fit in with others.
15. **Reacts** – How someone responds or acts in a situation.
16. **Responds** – Giving an answer or reaction to someone or something.
17. **Scatter** – To spread out or move in different directions quickly.
18. **Conversation** – Talking and sharing thoughts with someone.
19. **Scribbling** – Writing or drawing quickly and messily.
20. **Wrapper** – Material that covers or protects food or objects.
21. **Filthy** – Very dirty and unclean.
22. **Misuse** – Using something in the wrong or bad way

Lesson 79 B: Jobs Vs. Career: Career Goals

A. Role plays the following scenarios. Does the person in the scenario have a job or a career? How do you know?

Scenario 1: Ram's work is to wipe down tables at a restaurant. He dreams of starting his own restaurant one day. He does a good job and is promoted to server. One year later, he becomes a manager. He saves his money to enroll in business school to learn how to start a restaurant of his own.

Scenario 2: Hema took a position as a retailer at a furniture store to earn money for her family. She doesn't know how long she will work there or what she will do next.

Scenario 3: Fareeza loves being an auto driver and plans to drive her whole life. She uses the money she earns to print business cards to gain clients and to upgrade her auto to make it more decorative and comfortable. She also teaches a weekly driving class for women.

Scenario 4: Chandra works as a receptionist to earn money for computer operation classes. After receiving a certificate, Chandra begins work in data entry and is using YouTube videos to learn about website design.

B. Write your own career goal. What do you want to work toward in the long term?

LOST DOG



A six - month old male Beagle was lost on Wednesday 21st of March 2018 near St Pierre market.

My dog is mostly brown with patches of white and black spots. An interesting feature is its crooked tail and it was not wearing any collar that day.

Please call on 402 XXXX when found.

Interesting reward will be given to the person who brings my Beagle home.

Lesson 80: Weather Forecast

A. Which season is it?

1



Season _____

What makes you say that? _____

2



Season _____

What makes you say that? _____

B.1. Weather Forecast:



Good _____ everyone. I am _____ and I will tell you
about the weather in your city today. In _____, it is the
(city)
_____ season (summer, winter, rainy, spring) and the weather is
_____. (sunny, cloudy, rainy, foggy, windy) It will be
_____ during the day and _____ during the night.
(weather) (weather)

Remember to take your _____ when you go out.
(clothing)

Thank you and have a nice day.

Note: Are you trying to speak in English for most of the time in your class? If yes, Congratulations! If no, challenge yourself to speak in English. You can do it!



Building ethical, productive mindsets and core employability skills

“The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires.”

William A. Ward

“Success is the ability to go from failure to failure without losing your enthusiasm.”

Winston Churchill

“Every child deserves a champion - an adult who will never give up on them, who understands the power of connection and insists that they become the best that they can possibly be.”

Rita Pierson

“I cannot teach anybody anything, I can only make them think.”

Socrates

“There are no foolish questions and no man becomes a fool until he has stopped asking questions.”

Charles Proteus Steinmetz

“The secret of getting ahead is getting started. The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and then starting on the first one.”

Mark Twain

“Great teacher engineer learning experiences that put students in the driver’s seat and then get out of the way”

Ben Johnson, Educator

“I think it’s very important to have a feedback loop, where you’re constantly thinking about what you’ve done and how you could be doing it better.”

Elon Musk

“Education is what remains after one has forgotten what one has learned in school.”

Albert Einstein

“The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.”

Confucius

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