

Building ethical, productive mindsets and core employability skills

Intermediate	Level
Intermediate	Level

This book has been issued to	(First Name)	(Family Name)
of Session	on	(DD/MM/VV)

THIS BOOK WILL BUILD

ENGLISH Tenses, Articles PERSONALITY Singular / plural Self confidence **Prepositions Public speaking Pronunciation Problem-solving** Verbs, adverbs and adjectives Self-evaluation **Listening comprehension Teamwork** Fluency Social etiquette Letter and email writing **INTERACTIVE SKILLS Learn from successful mentors** from around the world

Learn while having FUN

Learn from online sources

PLEASE DO NOT WRITE IN THIS BOOK

Did you know that the cost of the FEA classes is Rs. 22,800 per student? Donors give their hard-earned money to pay the rent, salaries and other expenses to make FEA classes possible for you. Will you show your gratitude by not missing classes and by completing the program?

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Lesson 101: Sound of 'th'

A. REFLECTIONS ON BOOK 1

ii. struggled with in Book 1						
Name one quality you: (Use notepads to write) i. developed in Book 1						
		<u> </u>				
k your facilitator t	o share what he/she	enjoyed and struggled with while teaching Book 1.				
B. 'TH' SOUND WO	ORDS:					
1. List of words:		2. Can you say these correctly?				
1	2	1. I think it's Thursday.				
think	then	2. It's his thirteenth birthday today.				
thick	these	3. Clean your teeth with a thin toothpick.				
third	them	4. They ask their fathers or mothers.				
thin	either	5. The other clothes are new.				
thank	brother	6. There is another feather on the thigh.				
birthday	clothes	7. Those three boys will be three this Thursday.				
bathtub	bathe	8. There is something in that dog's mouth.				
healthy	smooth	9. That thing is bigger than the other thing.				
math	they	10. The weather is warmer in the south than in the				
	breathe	north.				

Lesson 102: Word Stress

A. REFLECTIONS ON BOOK

1.	W	hat was the: (Use notepads to write)
	i.	best moment for you during Book1?
	ii.	most difficult moment for you during Book1?
		hich part of the FEA program did you: (Use notepads to write) enjoy the most during Book1?
		not enjoy during Book1?

Ask your facilitator to share his/her responses as well.

B. BREAKING UP WORDS: (Use notepads to write)

1	2	3
pen	garden	September
man	hotel	department
cup	Headache	telephone
hat	object	camera
feet	focus	Saturday

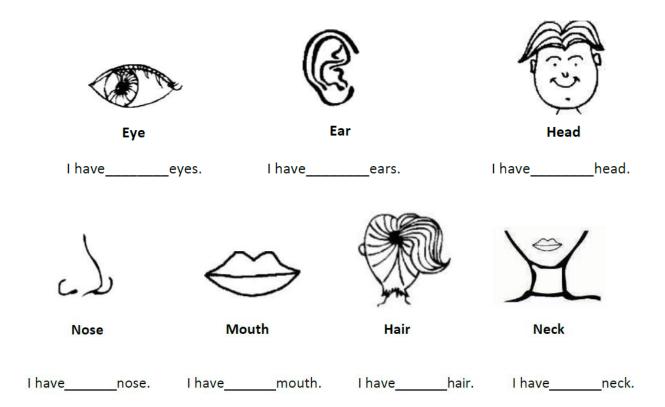
If you find any of this confusing, ask your facilitator to explain it again.

Speak with your facilitator when during your free time can you come to the branch to work on this.

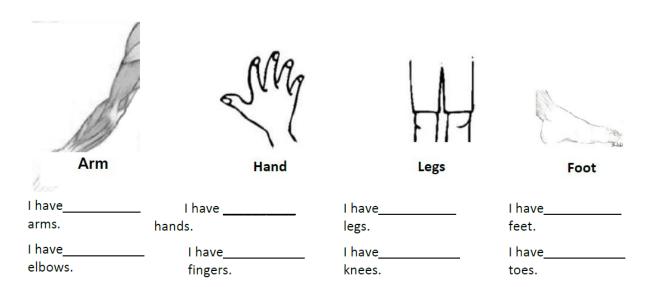
Lesson 103: Parts of Body

A.1 HEAD AND FACE

(Use notepads to write)



A.2 ARMS AND LEGS



B.2 WRITE YOUR OWN POEM:

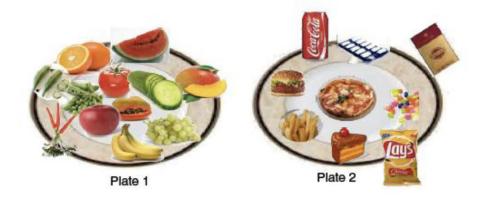
Read the poem below slowly with a partner: (Use notepads to write)

Be glad your nose is on your face	
Be glad your nose is on your face, not	
pasted on some other place, for if it	
were where it is not, you might	
dislike your nose a lot.	
Imagine if your precious nose were sandwiched	
in between your toes , that clearly would not be	
a treat , for you'd be forced to smell your feet.	
Your nose would be a source of dread	
were it attached atop your head, it soon would	
drive you to despair , forever tickled by your	
hair.	
Within your ear, your nose would be an	
absolute catastrophe,	
for when you were obliged to sneeze , your	
brain would rattle from the breeze.	
brain would rattle from the breeze.	
Your nose, instead, through thick and thin,	
remains between your eyes and chin,	
not pasted on some other place- be	
·	
glad your nose is on your face!	
by Jack Prelutsky	

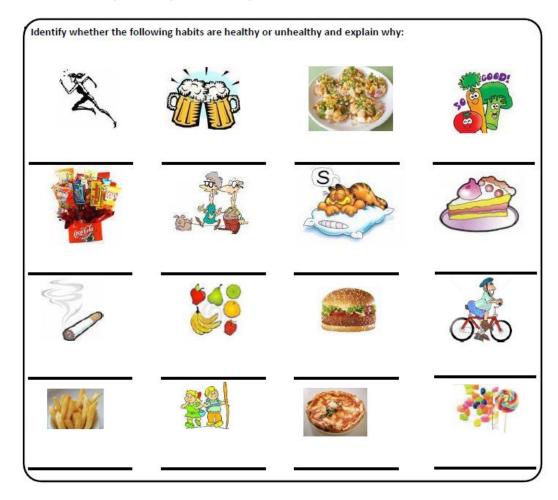
glad – happy	pasted - stuck
dislike - not like	precious - valuable
dread – fear	attached - joined
despair – sadness	catastrophe - disaster
obliged – forced	rattled - shaken
breeze - light wind	

Lesson 104: Healthy Eating

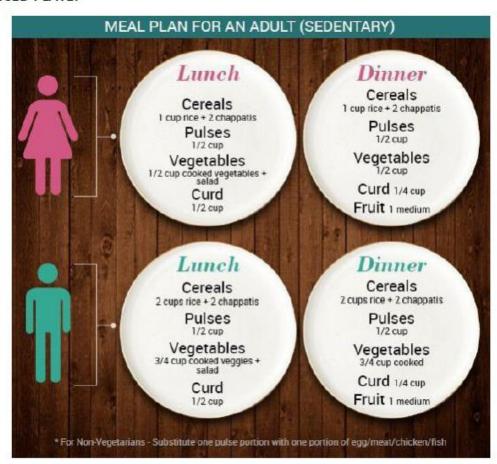
A. 1. FOOD CHOICES



A.2. EXERCISE (Use notepads to write)



B. A BALANCED PLATE:



Source - http://food.ndtv.com/

Lesson 105: Healthy Living

A. FOOD FOR THOUGHT

- Do you watch a lot of movies? How often?
- 2. Which electronic device do you use to watch movies?
- 3. How many hours should be spent on any electronic device?
- 4. Do you use this device for other activities also such as social media?
- 5. How can it affect our health?

B.1. SELF-ASSESSMENT - (Use notepads to write)

How often do you	Always	Often	Sometimes	Rarely	Never
sleep for 7 - 8 hours at night?					
exercise once a day for 30 minutes or more?					
smile at ordinary things?					
express thankfulness?					
spend some silent time every day?					
spend time with positive people?					
think about your goals?					
think positive thoughts?					
learn new things?					

2. CHOICES WE MAKE, CHOICES MAKE US (Use notepads to write)

a. READ THE PASSAGE AND ANSWER THE QUESTIONS THAT FOLLOW:

The word, "meditation" means different things to different people. It is a mental activity that does not require any religious faiths, special materials, etc. Some meditation techniques ask you to observe your breath, while others ask you to visualize a picture in your mind. Observing your breath is just that - observing your breath and it has nothing to do with any religion. Many people use the name (or the image) of their god in the practice. There are different meditation techniques from different religions - Buddhism, Hinduism, Sikhism, Islam, Christianity etc.

But whether we chant Om, My Lord, Allah, or whatever the main motive is to feel calm, connected with your inner self and relaxed.

4	1 4 /	L	• -	ا الد		-12	
1.	٧v	nat	IS	ıne	passage	aboute	

2. Did you learn anything new about the topic? If yes, what?	
3. What question(s) do you still have about the topic?	
4. What would be a suitable title for the passage?	
3. What question(s) do you still have about the topic?	

Lesson 106: Hygiene

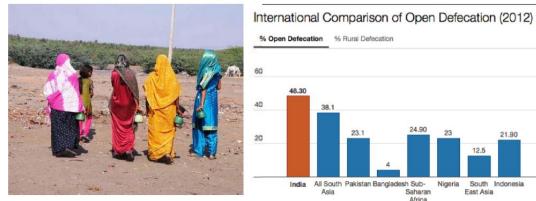
A. 1. WHAT IS HYGIENE?

2. EXERCISE (Use notepads to write)



B. EXERCISE

Look at the image and read the graph given below. Answer the questions that follow:



% Open Defecation % Rural Defecation 24.90 India All South Pakistan Bangladesh Sub-Asia Saharan Africa

Source - http://www.thehindu.com/

With your partner: (Use notepads to write)

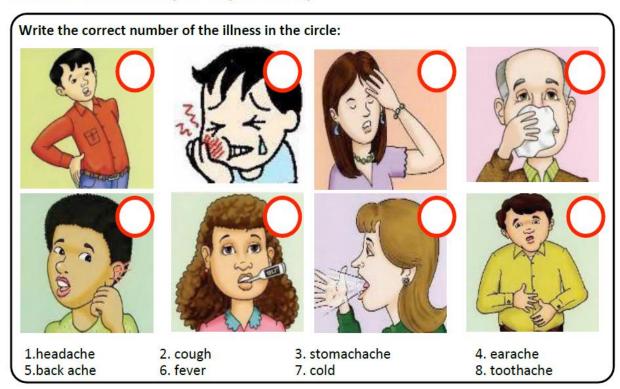
Look at the image and discuss where the women are going.	
2. Look at the graph and share what the graph shows.	_
3. What do you think about the information given in the graph?	
4. What question(s) come to your mind when you look at the graph?	

Lesson 107: Illness

A. Hygiene CHECK: (Use notepads to write)

How often do you	Rarely	Sometimes	Mostly	Always
wash your hands before eating?				
wash your hands after eating?				
brush your teeth in the morning?				
brush your teeth at night before going to bed?				
pick your teeth/nose/ears in public?				

B. WHAT'S THE MATTER? (Use notepads to write)



Complete the senter	nces: (Use notepads to w	rite)	
1.What`s wrong?	My head hurts. OR I ha	ve a headache.	
2. Are you OK? _	No. My	OR	
3. How are you? _	I am not well. My	hurts. OR I have	
4. What`s the matter	?	.OR I have an earache	
5. What`s wrong?	My back	. OR	<u>.</u>

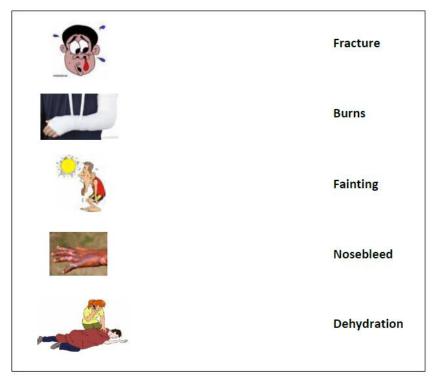
C. 1. WHEN DO YOU FEEL: (Use notepads to write)

nauseous?	
dizzy?	
tired?	
sick?	
ill?	

2. DO YOU KNOW THE DIFFERENCE BETWEEN: (Use notepads to write)

Do you know the difference between:	Yes	No
disease and illness?		
illness and injury?		

D. MATCH THE FOLLOWING: (Use notepads to write)



Lesson 108: Consolidation

A. SONG - THE WORLD'S GREATEST - BY R. KELLY (Use notepads to write)

Yeah, uhhUhhYeah It's	[Chorus] I'm that star up in the sky. I'm
the world's greatest, yo,	that mountain peak up high.
It's the world's greatest, come on,	Hey, I made it.
World's greatest, ever.	I'm the world's greatest.
World's greatest, even	And I'm that little bit of hope,
I am a	When my back's against the ropes. I can
I am at all	feel it mmm,
Oh, I am a swift wind,	I'm the world's greatest.
Sweepin' the country. I	Three world 5 greatest.
	In the ring of life I'll reign love (I will
am aDown	reign).
in the valley.	And the world will notice a(oh,
Oh, I am a vision	yeah).
And I can see	When all is darkest, I'll shine a light
	(shine a light).
If anybody asks you who I am,	And mirrors of success reflect in me
Justup tall, look 'em in the	(me).
face and say.	
	I'm that star up in the sky.
[Chorus] I'm that star up in the sky. I'm	I'm that mountain peak up high.
that mountain peak up high.	Hey, I made it.
Hey, I made it.	I'm the world's greatest.
I'm the world's greatest.	And I'm that little bit of hope,
And I'm that little bit of hope,	When my back's against the ropes. I can
When my back's against the ropes. I can	feel it mmm,
feel it mmm,	I'm the world's greatest. I'm
I'm the world's greatest.	that star up in the sky.
•	I'm that mountain peak up high.
l am a giant,	Hey, I made it.
I am an eagle.	I'm the world's greatest.
I ama I,	And I'm that little bit of hope,
Down in the jungle.	When my back's against the ropes. I can
I am a marchin' band. I	feel it mmm,
am the people.	I'm the world's greatest.
• •	The trained by Catalogn
I am a helpin' hand.	Una Alanka da u con in Alan alor
And I am a	I'm that star up in the sky.
	I'm that mountain peak up high.
If anybody asks you who I am,	Hey, I made it.
Just stand up tall, look 'em in the face and	I'm the world's greatest.
say,	And I'm that little bit of hope,
•	When my back's against the ropes. I can
	feel it,
	I'm the world's greatest.

Use notepads to write	
1. Which word(s) from the song describe you?	? Give a reason.
2. What are 2 - 3 new words that you learnt fro	om the song?
3. What career would you be 'great' at? Why?	
4. How is F.E.A. helping you in achieving this 'g	reatness'?
5. It takes effort and time to achieve anything gre outting into making you achieve your 'greatness'.	
To make me great, F.E.A	
outting into making you achieve your 'greatness'.	
To make me great, F.E.A hires and trains my facilitator. (Ask your	
To make me great, F.E.A hires and trains my facilitator. (Ask your facilitator about how well he/she is trained.) designs, prints and gives me a world-class	
To make me great, F.E.A hires and trains my facilitator. (Ask your facilitator about how well he/she is trained.) designs, prints and gives me a world-class curriculum at no cost to me. pays for room and its maintenance in my neighborhood at no cost to me, so that I do not	
To make me great, F.E.A hires and trains my facilitator. (Ask your facilitator about how well he/she is trained.) designs, prints and gives me a world-class curriculum at no cost to me. pays for room and its maintenance in my neighborhood at no cost to me, so that I do not have to travel far for the class. buys and maintains laptops, headphones etc. at no	
butting into making you achieve your 'greatness'. To make me great, F.E.A hires and trains my facilitator. (Ask your facilitator about how well he/she is trained.) designs, prints and gives me a world-class curriculum at no cost to me. pays for room and its maintenance in my neighborhood at no cost to me, so that I do not have to travel far for the class. buys and maintains laptops, headphones etc. at no cost to me. hires and trains other staff to see that I learn well. (There is a team of about 5 -10 people to help	

SPENDING ON YOU: (Use notepads to write) 1. every day? 2. every month? 3. every year? C. 2. F.E.A. SPENDS ABOUT RS. 100 ON EACH STUDENT EVERY DAY. HOW MUCH OF F.E.A. MONEY IS WASTED IF YOU ARE ABSENT FOR: (Use notepads to write) 1. one day? 2. 3 days? 3. one week?

C. 1. F.E.A. SPENDS ABOUT RS.100 ON EACH STUDENT EVERYDAY. HOW MUCH IS F.E.A.

C. 3. WHAT IS FAIR? (Use notepads to write)

If you leave after-	You would-
	spend well-Rsof F.E.A.
	waste - Rsof F.E.A.
clearing Book 1.	have learnt - 10% - 20% of F.E.A. program.
	probably get a job that pays about Rs. 3,000 - 4,000 per month.
	spend well - Rsof F.E.A.
	waste - Rsof F.E.A.
clearing Book 2.	have learnt - 30% - 40% of F.E.A. program.
	probably get a job that pays about Rs. 4,000 - 5,000 per month.
	spend well - Rsof F.E.A.
	waste-Rsof F.E.A.
clearing Book 3.	have learnt - 50% - 60% of F.E.A. program.
	probably get a job that pays about Rs. 7,000 - 9,000 per month.
	spend well - Rsof F.E.A.
	waste-Rsof F.E.A.
clearing Book 4.	have learnt - 70% - 80% of F.E.A. program.
	probably get a job that pays about Rs. 9,000 - 12,000 per month.

If you leave after-	You would-
	spend well-Rsof F.E.A.
clearing Book 5.	waste-Rsof F.E.A.
	have learnt - 80% - 100% of F.E.A. program.
	probably get a job that pays about Rs. 12,000 - 18,000 per month.

D. LOOK AT THE IMAGE BELOW AND ANSWER THE QUESTIONS (Use notepads to write)



2.	Why are they there?

3.	If this	was F.E.A.	Graduation	ceremony,	which one	e would you be	? Why?
----	---------	------------	------------	-----------	-----------	----------------	--------

- 4. i) What can you do to make sure that you are like Person 1 or 3 or 5 or 7 in the image at the F.E.A. graduation ceremony?
 - ii) What can you do to make sure that your friend is not like Person 2 or 4 or 6 in the image at the F.E.A. graduation ceremony?

Lesson 109: Safety

A.1 WHAT IS SAFETY?

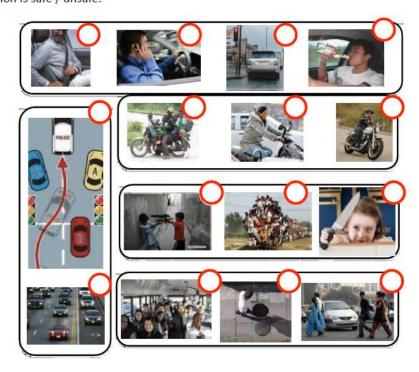
Use notepads to write.



IF GLOVES AND GOGGLES MAKE YOU LOOK LIKE A DORK, HOW DO YOU FEEL ABOUT BLISTERS AND AN EYEPATCH?

2. EXERCISE

Identify safe or unsafe. Mark " \mathbf{v} " for safe and " \mathbf{X} " for unsafe. Discuss with your partner why the action is safe / unsafe.



B. 1. READ THE ARTICLES WITH A PARTNER AND ANSWER QUESTIONS: (Use notepads to write)

Article 1
"Click!" That's the sound of safety. That's the sound of a seatbelt locking in place. Seat belts save lives and that's a fact. Choosing to wear your seatbelt is as simple as choosing between life and death. Which one do you choose? Why?
Think about it. When you're driving in a car, you may be going 80 kilometers per hour or faster. Somebody ahead of you presses on his or her brakes. Your driver doesn't have time to stop. The that you are in crashes. Your car was going 80 kilometers per hour. Now it has suddenly stopped. Your body, however, is still going 80 kilometers per hour. What's going to stop your body? Will it is the windshield or your seat belt? Every time that you get into a car you make that choice.
Some people think that seat belts are uncool. They think that seat belts cramp their style, or that seat belts are uncomfortable. To them I say, what's more uncomfortable? Wearing a seatbelt or flying through a car windshield? What's more uncool? Sitting safely in a car, or being thrown across the road in your ripped clothes and a bloody face?
Wearing seat belts has proven to be safer than driving without them. You are much less likely to be killed in a car crash if you are wearing a seat belt. You are less likely to get seriously injured if you are wearing one. So why do many people not wear seatbelts?
Adapted from https://www.ereadingworksheets.com/
Article 2
The traffic police department reports that 43% of two-wheeler riders carry helmets with them but do not wear them. Why?
It is mostly the younger lot that avoids wearing helmets while riders from 35-65 years of age generally wear them. Why?
Have you ever gone to the neurosurgery ward of your city hospital? You will find maximum patients have suffered head injury. In case of head injury, there is a high risk of losing memory and low chance of survival. Many a times, this happens because of not wearing a helmet. The million-dollar question is - what stops people from wearing helmets?
Offenders are always ready with excuses for not wearing helmets. Giving reasons like it obstructs

view, or causes backache, or doesn't suit them, or makes them uncomfortable, they get away with a fine. Traffic police claims that strict measures, like fines, have made some difference, but those fined, always argue. Do most people wear helmets for fear of traffic police or to be safe? Why?

C. 1. TYPING VS KEYBOARDING: (Use notepads to write)

Typing	Keyboarding		
Simi	larity		

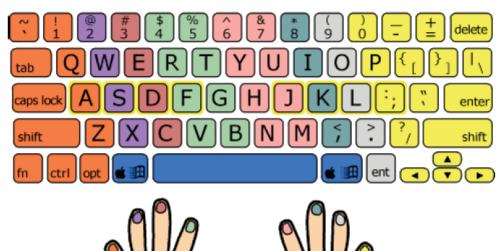
Typing	Keyboarding
Diffe	erence

i) Which jobs require excellent keyboarding skills?

ii) How important is it for you to learn keyboarding?

Very Important Important Not Important

C.2. FINGERS ON KEYS:



Lesson 110: Numbers

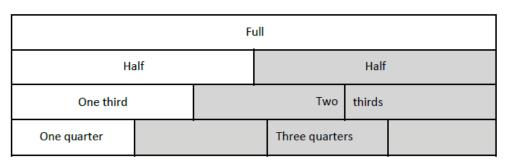
A. 1. SAY THE NUMBER

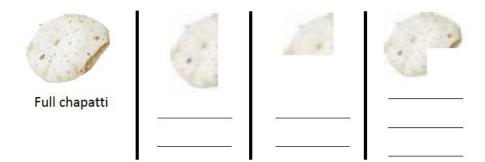
4 - four	50 - fifty
14 - fourteen	10 - ten
40 - forty	12 - twelve
13 - thirteen	11 - eleven

A. 2. NUMBERS AROUND THE WORLD:

Number	Indian system	International system	
1,00,000	Lac or lakh	Hundred thousand	
10,00,000	Ten Lacs	Million	
1,00,00,000	Crore	Ten million	
10,00,00,000	Ten Crore	Hundred million	
1,00,00,00,000	Arab	Billion	
10,00,00,00,000	Ten Arab	Ten Billion	

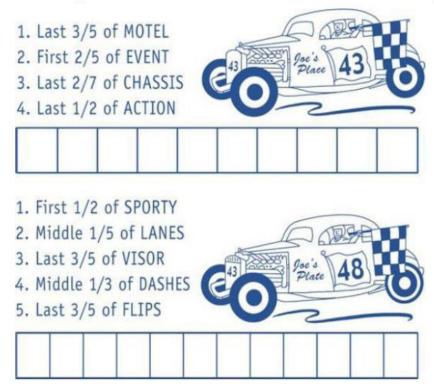
B. 1. FRACTIONS:





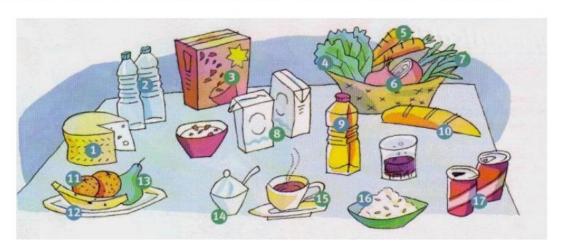
B.2. PUZZLE (Use notepads to write)

Identify the letters in the clue given below and write them in the box. What word do they make?



Lesson 111: Quantifiers

A. EXERCISE: Identify 5 food items and tick whether they are countable or uncountable:



B.1. A FEW / SOME / MANY

A few	Some	Many
東東	TERR	TEEFE
90	0000	

2. EXERCISE:

I have a few	(Family
I have some	 (Food)
I have many	(Clothing)

C. 1. LITTLE / SOME / LOTS OF

A little	Some	Lots of
	uni will	

2. EXERCISE: (Use notepads to write)

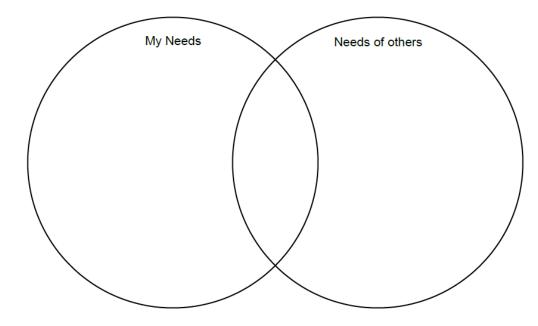
I want		Give me	·
	Can I have	#Jagas2	
	Can I have	please?	

D. PLUS, MINUS, INTERESTING (MOVIE - PART2) (Use notepads to write)

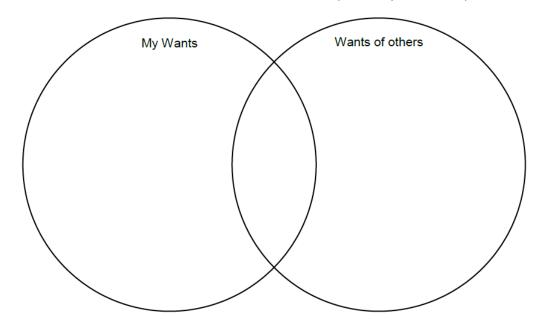
Plus	Minus	Interesting

E. 1. I w	ANT			
I Ne	EED			

2. COMPARE YOUR NEEDS WITH THOSE OF YOUR FRIEND: (Use notepads to write)



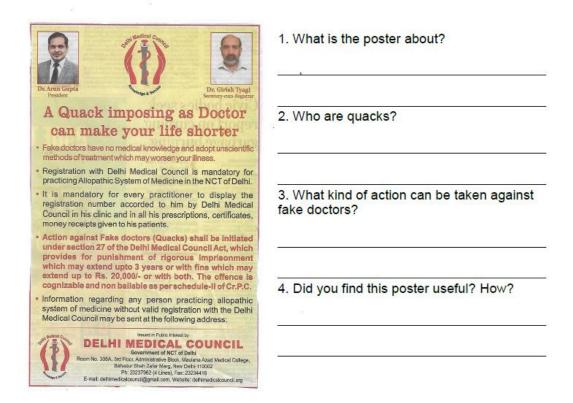
3. COMPARE YOUR WANTS WITH THOSE OF YOUR FRIEND: (Use notepads to write)



- 4. i) Why are some needs common?
 - ii) Why are some needs different?

Lesson 112: Going to the Doctor

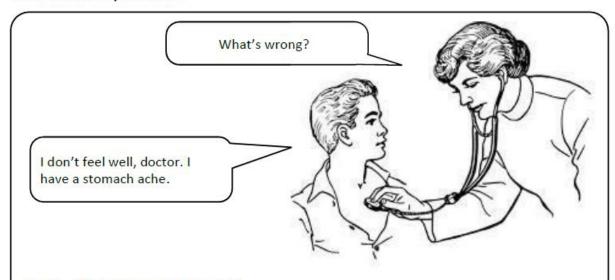
A. READ THE POSTER GIVEN BELOW AND DISCUSS WITH YOUR PARTNER: (Use notepads to write)



B.1. AT THE CLINIC/HOSPITAL:



2. AT THE CLINIC/HOSPITAL:



Doctor: What did you eat yesterday?

Rahul: I had chaat from the street vendor.

Doctor: Rahul, you have a stomachache because you did not eat hygienic food. Eat fresh fruit, vegetables and drink clean water. I will give you some medicines today.

Take these for a week and come back after a week.

Rahul: Thank you, doctor.

C. FIRST AID: What can you do in case of... (Use notepads to write)

1.	bleeding?
	nosebleed?
3.	vomiting?
	fainting?
	dehydration?

Do you know the difference between:	Yes	No
a physician and a surgeon?		
a clinic and a hospital?		
a qualified doctor and a quack?		

Lesson 113: Being Considerate

A. LOOK AT THE IMAGE FROM A NEWS REPORT: (Use notepads to write)



Source: https:/	/www.scoopw	hoop.com/
-----------------	-------------	-----------

3	
2. What are the people doing?	
3. What should the people be doing?	?
4. What are the rights of a person w	ho
helps an accident victim?	

1. What is the image about?

B. 1. READ WITH A PARTNER:

5 HABITS OF CONSIDERATE PEOPLE

Alena Hall

"Being considerate of others will take you and your children further in life than any college or professional degree." - Marian Wright Edelman

Here are five habits of considerate people:

i. They think of others.

Considerate people are capable of putting themselves in other people's shoes and choose to view the world beyond themselves.

ii. They smile often.

The body uses 42 different small muscles to smile, whereas a frown is easy. It takes effort to smile till it becomes natural. Remind yourself to develop this habit. Open the door for someone you don't know, or maybe let them in the bus/train first.

iii. They understand other people's needs.

Simply asking someone how they're doing can do wonders for their mood and self- esteem. If you ask someone, 'How is your day?' just to be nice, that's being considerate.

Do you really want to know how that person's day is going or is it something that would add to or change your life, especially if that person is a stranger? From the face of it, you really don't want to know. You just ask the question because you want to make the person in front of you feel like they're valued. And that's the point of being considerate in this situation — it's not the answer, it's the intention.

iv. They show good manners.

Being polite doesn't begin and end with saying 'please', 'thank you', and 'you're welcome'. The golden rule is treat others like you want to be treated — from being punctual (respecting others' time) to not talking over others (exercising self-control) to actively listening to what others have to say.

V. They apologize.

Some people say "sorry" unnecessarily for fear of making others unhappy. Some people don't apologies at all, appearing to be quite rude and insensitive. Being considerate means apologizing when you make a mistake and apologizing when you think you've made a mistake.

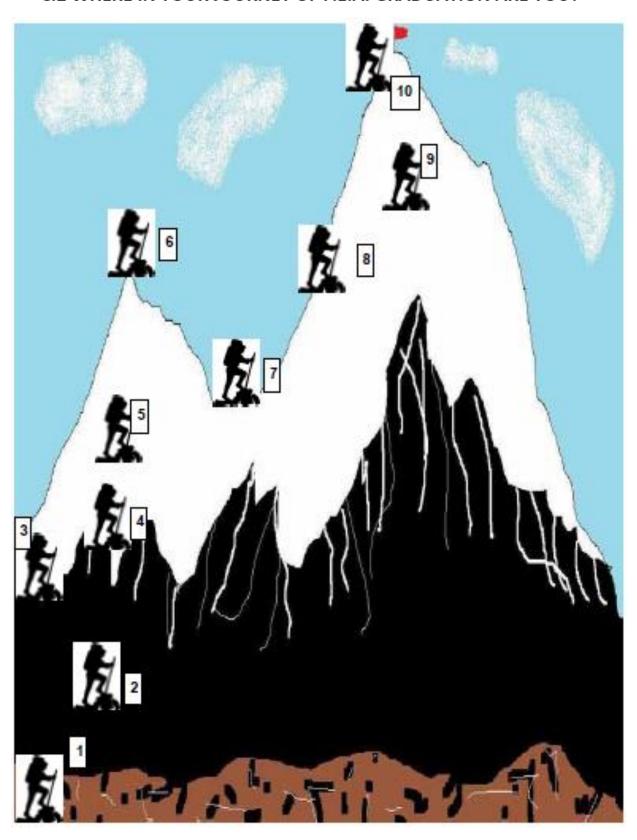
Adapted from http://www.huffingtonpost.in/

			teu moni niti	.,,	
2. Discuss and answer :(Use notepad	ls to write)				
1. What is the article about?					
2. Self-assessment:					
How often during the day, do you:	Always	Mostly	Sometimes	Rarely	Never
think of the needs of others?					
smile?					
apologize for your mistakes?					
offer a seat to someone in need?					
allow someone else to enter first?					
3. Do you find it easy to be conside	rate toward	s some peo	ple and not oth	ers? Why?	•
4. How can you be more considerat	e towards t	hose y ou do	on't like or knov	w?	

Lesson 114: Consolidation

. DISCUSS WITH YOUR PARTNER THE FOLLOWING:
How has your life changed after joining F.E.A.?
How is your life different from those of your friends who did not get to join F.E.A?
How will your future be different from those of your friends who did not get to join F.E.A?
3. AFTER WATCHING AND LISTENING TO AV, THINK AND SHARE (USE NOTEPADS TO WRITE):
"I was not afraid of Mount Everest, but Bhongir." - What is the speaker talking about?
How did the speaker prepare herself for the climb?
The speaker had a lot of opportunities to give up at the beginning, in the middle and towards the end of her climb. Why did she not give up?
What does the speaker describe as "heaven"? Could she have experienced the heaven if she had given up?
1."IT'S NOT THE MOUNTAINS WE CONQUER, BUT OURSELVES." - EDMUND HILLARY. (Edmund Hillary was a mountaineer from New Zealand who was the first person to climb Mount Everest with Tenzing Norgay.)
Discuss with your partner -
How the one-year program at F.E.A. is like a mountain that you have to conquer to become great.
What battles would you have to fight, within you and in your life, to climb this mountain successfully?
How would you win those battles?

C.2 WHERE IN YOUR JOURNEY OF F.E.A. GRADUATION ARE YOU?

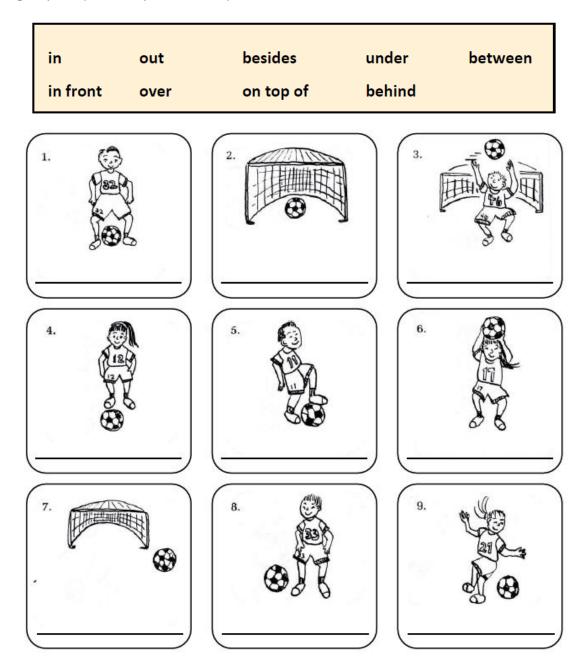


Base Camp	Achievement(s)
1	Begin to understand simple instructions, write simple sentences, others
2	Completed Basic Level
3	Practice Read Theory, begin to give instructions, begin to keyboard, complete a group project, write in paragraphs, describe people, places and objects, others
4	Completed Intermediate Level First Half
5	Write letters/emails, speak grammatically correct sentences, continue with Read Theory, keyboard correctly, others
6	Completed Intermediate Level Second Half
7	Think critically, write a CV, search for jobs, face interviews, keyboard at 10 wpm, complete an independent project, continue with Read Theory, hold group discussions, others
8	Completed Advanced Level First Half
9	Think creatively, face interviews, keyboard at 20 wpm with 80% accuracy, prepare work portfolio, continue with Read Theory, lead group discussions, become a confident and creative communicator, others
10	Completed Advanced Level Second Half

Lesson 115: Talking About Place

A. EXERCISE:

Write the word from the box that describes the position of the ball in relation to the person / goal post. (Use notepads to write)



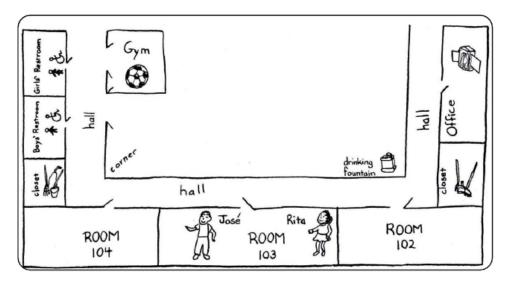
B. 1. PUZZLE: (Use notepads to write)

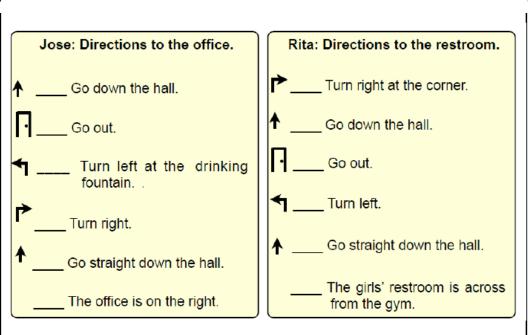
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1.6 g	girls namely A, B, C, D, E and F are sitting in a round table in specified order:
i	A is sitting to the exact left of D.
	C is sitting to the exact left of E.
	i) C is sitting to the opposite to D.
i	B is sitting to the second left of E.
Dr	aw the seating arrangement.
Pra	people are sitting in a circular row facing the centre. Avinash is to the left of akash. Sunil is between Anil and Parveen. Rakesh is between Avinash and Anil. Who to the left of Sunil?
sittir	C,D and E are sitting on a bench. A is sitting next to B,C is sitting next to D, D is not not not not set on the left end of the bench. C is on the second position from the a. A is to the right of B and E. A and C are sitting together. Where is A sitting?
I)	Between B and D
II)	Between B and C
III)	Between E and D
IV)	Between C and E

2. DIRECTIONS:

Rita and Jose are in Room 103. They both need directions. Help them find the way by tracing the path with your pencil in the picture below.

- 1. Jose needs directions to the office.
- 2. Rita needs directions to the restroom.
- 3. In the table below, organize the directions in the correct order from the first step to the final step:





EACH SENTENCE MUST INCLUDE AT LEAST ONE WORD FROM THE LIST: (Use notepads to write) in across Beside Near under through behind Between below towards on next to 2. LISTEN TO YOUR PARTNER'S DESIGN OF HIS/HER DREAM OFFICE/HOUSE. DRAW AS YOU LISTEN. (Use notepads to draw) How well does your drawing match your partner's design?

C.1. IMAGINE YOUR DREAM OFFICE/HOUSE AND WRITE DOWN 5 SENTENCES TO DESCRIBE IT.

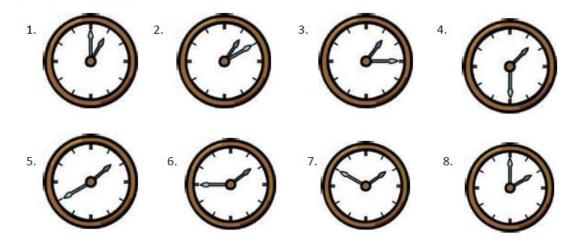
A lot

A little

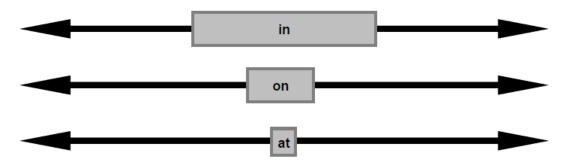
Not at all

Lesson 116: Talking About Time

A. WHAT'S THE TIME?

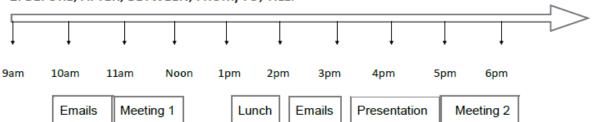


B.1. IN, ON, AT:



In	months / seasons / year	morning / evening / afternoon	long period of time
On	weekend	Dates	day
At	night	an exact time	

2. BEFORE, AFTER, BETWEEN, FROM/TO, TILL:



C. PLA	CE &TIME: (Use	notepads to write)		
1. It g	ets cold	_night.		
2. Th	e museum is ope	en9.30	6.00	Sundays.
3. Th	e evenings, I like	to relax	home.	
4. Die	l you go	the market	the weekend?	
5. Sh	e loves to read_	going	bed.	
6. Ra	vi goes	the beach	_summer.	
7. The	e mosquitoes fly	my head	the eve	nings.
8. M	orning	evening, I ar	mthe of	fice.
9. Ja	nuary and March	n, it gets very busy_		_work.
10. Th	e sun was	me 10	oʻclock.	
D. 1. WRITE \ (Use notepad		TABLE IN 5 SENTENC	CES USING AT LEAS	T 5 WORDS FROM THE LIST
		•		
at	after	by	in	at

Lesson 117: Describing People

A. APPEARANCE:

(Use notepads to write)

About	Descriptive words
Age	old, young, middle-age, teenager, minor, adult, senior citizen, child.
Height	tall, short, medium height.
Body type	fat, thin, skinny, muscular, well-built, chubby.
Hair	dark, long, short, straight, curly, bald.
Face	round, oval, long.
Skin	fair, dark, pale.
Eyes	dark, small, big, black, green, blue, grey, brown.
Size	big, small, tall, short, petite.

My friend,	is	

B. PERSONALITY: (Use notepads to write)

Word	Other words	Someone you know
Good	kind, polite, wonderful, honest, friendly, happy, enthusiastic, disciplined, organized	Word - Person -
Bad	terrible, awful, horrible, dishonest, rude, unkind, mean, disorganized, indisciplined, boring	Word - Person -
Funny	amusing, witty, comical, hilarious, entertaining	Word - Person -
Others	shy, talkative, serious, sober	Word - Person -
Нарру	delightful, thrilled, glad, pleased	Word - Person -
Sad	gloomy, unhappy, depressed	Word - Person -

The character named,	in the movie I am watching is
C. WRITE A POEM: (Use notepads to write)	
by_	
I am (2 physical details)	
I am (2 special characteristics)	·

I wonder_____

You Are
by
You are (2 physical details)
You are (2 special characteristics)
I wonder

Lesson 118: Describing Places and Objects

Α.	1. Color-
2.	Size - Big, Small, Medium, Large, Tall, Long, Thick, Thin, Huge, Tiny, Little, Massive
3.	Shape - Round, Rectangular, Oval, Triangular, Conical
4.	Texture - Rough, Smooth, Soft, Hard, Sharp
5.	Taste
6.	Sound - Loud, Soft, Melodious, Deafening

B. 1. VERY, SO, REALLY, COMPLETELY: (Use notepads to write)

Word	Examples	My sentence
Very	Use - to show degree (formal) very beautiful, very tall, very clever etc.	
Really	Use – truly really beautiful, really intelligent, really love etc.	
So	Use - to show degree (informal) so beautiful, so tall, so clever etc.	
Completely	Use – totally completely empty, completely dry, completely fooled etc.	

2. In the movie, there is	(object). It is	
		_

C. 1. DESCRIBING PLACES: (Use notepads to write)

Word	Other words	Some place you know
Good	spacious, clean, quiet, bright, beautiful, charming, picturesque	Word - Place -
Bad	messy, dirty, crowded, dark, deserted	Word - Place -
Others	empty, large, noisy, vast, small, modern, ancient, famous, expensive, touristy	Word - Place -

2. The movie is set in	(place). It is

Lesson 119: A Smart Shopper

A. WHAT DO YOU / YOUR FAMILY SHOP FOR? (Use notepads to write)

Daily	Weekly	Monthly	Annually

B. DIFFERENT SHOPS: (Use notepads to write)



Shop	#
Bakery	6
Supermarket	
Newspaper store	
Chemist	
Bank	
Clothes shop	<u> </u>

C. PEOPLE AT THE SHOPS:







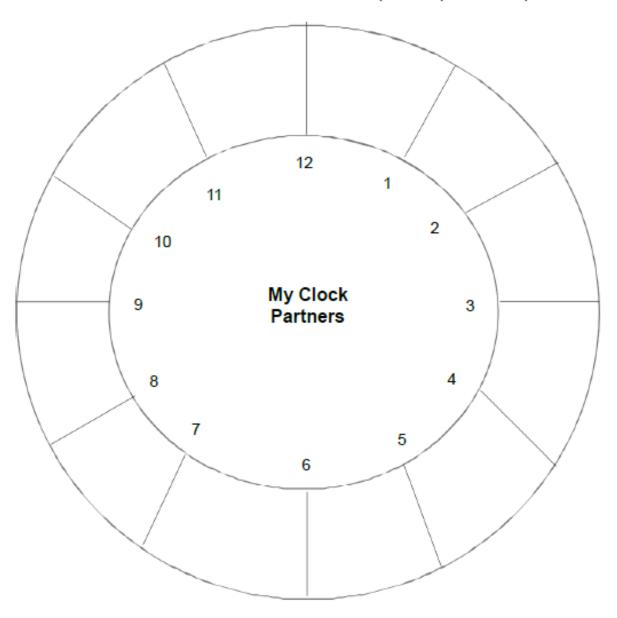
Salesperson Cashier Shoppers

D. AN INTELLIGENT SHOPPER: (Use notepads to write)

✓	х

Lesson 120: Clock Buddies

A. O'CLOCK PARTNERS FOR PAIR WORK (Use notepads to write)

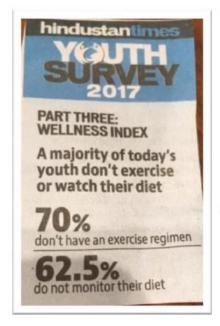


Make sure that both you and your partner write each other's name for the chosen time.

B. LOOK AT IMAGES AND ANSWER THE QUESTIONS (Use notepads to write)



1.	Describe the image in 2-3 sentences.				
2.	What are two mistakes made by the family in the image?				



- 3. Based on the survey, fewer youngsters are_____.
 than_____.
 - a) eating healthy, exercising regularly.
 - b) exercising regularly, eating healthy.
 - c) eating junk food, eating healthy.
 - d) not exercising than exercising.
- 4. Based on the survey, which statement is more likely to be true?
 - a) Majority of today's youth don't know about wellness.
 - b) Some youngsters monitor their diet but don't exercise.
 - c) Some youngsters exercise but do not monitor their diet.
 - d) Today's youth is very irresponsible.

C. WRITE 5 - PC	DINT INSTRUCTIONS FOR WASHING HANDS PROPERLY. (Use notepads to write)
Step 1	
D. LISTEN TO A	VONCE AND ANSWER THE QUESTIONS. (Use notepads to write)
1. What is the	audio about?
2 What is the	difference between long term and short-term goals?
Z. What is the	amerence between long term and short term gods.
3. Based on the	audio, which statement is NOT true:
a) Many short	t-term goals make up a long-term goal.
b) Long term	goals take longer to achieve.
c) Many long-	term goals make up a short-term goal.
d) Starting yo	ur own business is an example of the long-term goal.

Lesson 121: Reading Instructions

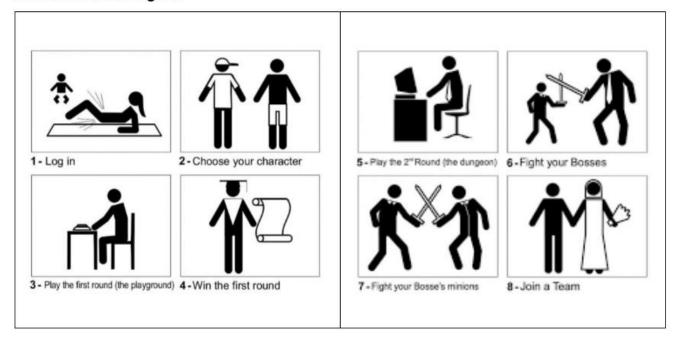
A. DAILY INSTRUCTIONS (Do this in your note pads)

Work with a partner and list instructions (spoken or written) that you come across in your daily life.

Instructions in daily life		

Which instructions out of these are oral and which ones are written?

B. Instructions for a game



C. Can you follow instructions? (Do this in your note pads)

- 1. Read everything carefully before doing anything.
- 2. Put your name in the right-hand corner of this page.
- 3. On the first line on the paper write the numbers 1 through 9. Leave a space between each number.
- 4. Circle the number 6.
- 5. Draw a star in the upper left-hand corner of the page.
- 6. Draw 3 small circles at the end of this page.
- 7. Put an "X" in each circle.
- 8. Put an "X" in the left-hand corner of this page.
- 9. Draw a triangle around the "X" you just put down.
- 10. In the middle of this page write the answer to 50 + 28.
- 11. On the last line on the page, write the word done near the right margin.
- 12. Say out loud, "I have finished and followed instructions!"

	o this in your notepads)
1.	Explain to an elderly aunt how to send a text message from the phone.
2.	Give directions from to to to a tourist visiting your neighborhood.
3.	Share your favorite recipe with a friend.
4.	Teach a young child a simple magic trick.
5.	Inform a friend about FEA admission process.
Ke	y vocabulary (Ask your facilitator if you are not sure about words to use) -
_	

Lesson 122: Listening to Instructions

	Listen and draw (USE NOTEPADS TO DRAW) -
Wh	
VVIII	at did you draw?
VVIII	at did you draw?
VVII	at did you draw?
	at did you draw?at did you draw?at did you draw?at did you draw?
Ch	
Ch	allenges to understanding oral instructions (USE NOTEPADS TO WRITE
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Ch	allenges to understanding oral instructions (USE NOTEPADS TO WRITE

Lesson 123: Talking About Present-1

A. SUBJECT AND VERB: (Use notepads to write)

Subject	Verb	Statement or Question
I	am	I am very happy.
You	are	Are you my friend or not?
He/She/It	is	
We	are	
You	are	
They	are	
Some/All/Most/Many/A few	are	
Either/Neither	is	
Anyone/Each	is	

Subject	Verb	Statement or Question
1	run/sing/eat	
You (sing.)	run/sing/eat	
He/She/It	runs/sings/eats	
We	run/sing/eat	
You (pl.)	run/sing/eat	
They	run/sing/eat	
Some/All	run/sing/eat	

B. PAST, PRESENT, FUTURE:

Past	P R E S E N	Future •
last year, last week, yesterday	now	tomorrow, next week, next year

C.1. SIMPLE **P**RESENT TENSE:

Is used to:	Example:
express habits.	He drinks tea at breakfast.
express general truths.	Delhi is a large city.
express repeated actions or unchanging situations	I wake up at six every morning. I work in Delhi.
express emotions and wishes	I feel sleepy after 12 o' clock.
give instructions or directions.	You walk for two hundred meters, and then turn left.

SIMPLE PRESENT IS **NOT** USED TO EXPRESS ACTIONS HAPPENING NOW.

2.	With your	o′clo	ock	partner,	read t	he	articl	e and	ŀ
----	-----------	-------	-----	----------	--------	----	--------	-------	---

- i. give it a suitable title.
- ii. underline the sentences in simple present tense in the article.

It is to help those in need. The wall was set up by Niswarth Kadam, an NGO in Gurgaon/Gurugram. The NGO plans to paint three more walls in other parts of Gurgaon/Gurugram.



The first wall was painted last year and since then 12 more walls have been painted in the city. There are 13 Neki Ki Deewars in Gurgaon. A new Neki Ki Deewar in Sector 31 has been inaugurated. The NGO involved local people also in this. Having this wall where anyone can leave anything they want to donate, and whoever needs it, can take from the wall, makes Gurgaon a better place.

Talking about how the concept works, Saini adds, "If you want to help people, it can be anything - clothes, food, appliances, soft toys - then you leave it at these walls. If someone needs something, they can collect it from there. Many people leave soft toys and games for kids as well. If the rope at the wall is empty, we send clothes and other things through our volunteers."

Depender Kumar, a resident of Dayanand Colony, says that people are shy to take things in daylight. "They either take things early morning or late at night," he says.

Lesson 124: Talking About Present-2

A. CONTINUOUS PRESENT USED TO EXPRESS ACTION(S) HAPPENING NOW.

Use to describe:	Example
an action happening right now.	You are learning about tenses.
a current trend.	More and more people are becoming vegetarian.
an action or event in the future, which has already been planned or prepared.	I'm meeting my brother next month.
to describe a temporary event or situation.	It is the month of October, but still raining.
with "always, forever, constantly".	You are always complaining about work.

B. ADDING 'ING' TO THE VERB: (Use notepads to write)

Rule 1:

Just add 'ing' at the end of the action word.

Base word	+ing	My sentence
play		
climb		
jump		
look		

Rule 2:

If the letters of the action word are in the sequence consonant+stressed vowel+consonant, double the last letter of the word before adding 'ing' to the action word.

Examples:

- 1. Samir was speeding and he had no intention of stopping the car.
- 2. Seema for punished for hitting her friend Radha.
- 3. Jyoti likes shopping.

Exercise: Add "ing" to the verbs. Don't forget to double the last consonant. Write a sentence for each word: (Use notepads to write)

Base word	+ing	My sentence
run		
sit		
plan		
get		

Rule 3:

If the letters of the action word are in the sequence vowel+consonant+'e', drop the 'e' and adding'.

Examples:

- 1. Are you coming to the college tomorrow?
- 2. Samir is having a party for his birthday next month.
- 3. My friend Shamsher is making a special dinner this evening.

Exercise: Add "ing" to the verbs. Don't forget to drop the silent 'e'. Write a sentence for each word (Use notepads to write)

Base word	+ing	My ser	ntence	
ride				
take				
make				
smile				
C. COMPETE TI	HIS WITH YO	OUR O'CLOCK P	ARTNER: (Use notepad	s to write)
Think of a drea are doing at we	-	-	job. Write 5 - 6 senter	nces to describe what you
-				
PEER CHECK:				
PLEK CHECK.			T	
			✓	X
Use of action	words.			
Use of presen	t continuous	tense.		
Capitalization	of beginning	g of the sentence.		
Use of "." Or '	"? "or "!"at t	he end of the		
Most spellings	s are correct			

REFLECTION - How is your writing skill improving?

I can read all that is written.

I can understand all that is written.

Lesson 125: Ability to Listen-1

A.	DISCUSS WITH YOUR	O'CLOCK PARTNER HOW HEARING AND LISTENING ARE SIMILAR
	AND DIFFERENT.	

B. READ THE ARTICLE AND ANSWER THE QUESTIONSTHAT FOLLOW:

Are You Listening?

- Prataap Patrose

Listening is the most underdeveloped and undervalued human skill. And yes, it's a skill. We are not born good listeners. As newborns we come into the world screaming. And as adults we are always thinking of what we are going to say next in a conversation. But listening is what makes us intelligent and more learned. It's not when we talk, but when we listen that we connect to each other.

We are taught to read and write in schools, but we are not taught to listen. As a result, we all want to talk but we don't know how to listen well. It takes effort and training to be a good listener. Truly, listening actively takes effort and energy.

Adapted from https://www.huffingtonpost.com/

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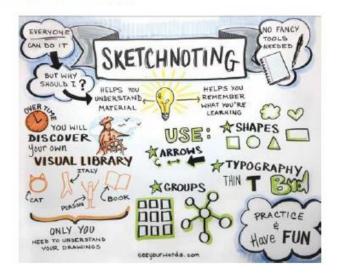
1. What is the article about?	
Do you agree that listening can be devel	loped? Give a reason.
3. How does listening make us more intelli	igent?
4. What does this article not mention?	
a. We are all good listeners.	b. Becoming better listener is hard work.
c. We can improve our listening skills	d. We talk more than we listen

C. 1. RATE YOUR OWN AND YOUR PARTNER'S LISTENING SKILLS (USE ALWAYS, MOST OF THE TIME, SOMETIMES, RARELY, NEVER TO RATE): (Use notepads to write)

While listening to someone, I/he/she:	ı	My partner
make(s) eye contact.		
use(s) expression to show that I/he/she am/is listening.		
say(s), "Yes." "OK." "Uh-huh" etc.		
ask questions to clarify.		
repeat(s)/summarize(s) what was said.		
focus(es) completely on the speaker and the message.		
wait(s) for the speaker to finish speaking before I/he/she speak(s).		

2. i) How can you become a better listener?

D. SKETCH NOTING:



Lesson 126: Learning Contract-2

A. READ AND DISCUSS WITH YOUR _____ O'CLOCK PARTNER THE PASSAGE AND

ANSWER THE QUESTIONS -

Born on June 30, 1985, in Baltimore, Maryland, Michael Phelps competed in his first Olympics at the age of 15, as part of the U.S. men's swim team. He went on to win medals at the Olympic Summer Games in Athens, Beijing, London and Rio, winning a total of 28 medals—23 gold, three silver and two bronze—and setting the record for the most medal wins by any Olympic athlete. Phelps announced his retirement in 2012. However, in April 2014, he announced he was coming out of retirement and returned to professional competition at the age of 28. In June 2016, he won the spot on the 2016 U.S. Olympic swim team, making him the first American male swimmer to compete in five Olympic teams. At the 2016 Olympic Games, he won one silver and five gold medals, becoming the oldest individual gold medalist in Olympic swimming history, as well as the first swimmer to win four golds in the same event, the 200-meter individual medley. 1. What did Phelps do when he was 26 years old?								
2. Give the p	2. Give the passage a suitable title.							
3. Describe F	Describe Phelps in two words and explain your choice of the words.							
B. DISCUSS WITH YOUR PARTNER MEANING OF THE WORDS:								
1.	Goal	2.	Dream	3.	Wish			
4.	Measurable	5.	Specific	6.	Realistic			

C. DISCUSS AND CIRCLE THE CORRECT ANSWER. (Use notepads to write)

- Which goal is more specific?
 - a. I will eat healthily.
 - b. I will eat one fruit and two vegetables for dinner.
- 2. Which goal is more measurable?
 - I will help my community.
 - b. I will write to the municipality about the poor condition of roads in my neighbourhood.
- Which goal is more actionable?
 - a. I will buy and read the best books on handwriting.
 - b. I will practice one page of handwriting every day.
- 4. Which goal is more relevant?
 - a. To improve my English, I will join a football academy.
 - b. To improve my English, I will read the F.E.A. library book.
- Which goal is more time-bound?
 - a. I will get a well-paying job one day.
 - b. I will get a good job after completing the F.E.A program.

D. GOAL SETTING (Use notepads to write)

My Big Goal:	
Is it specific?	
How will you know you have achieved your goals? Is it	
too easy or impossibly challenging?	
Is it something important and motivating for you?	
When will it be achieved?	

MY S.M.A.R.T. GOAL: (Use notepads to write)

Ву	I will		
(time)		(specific)	
because			
(relevant)		
I will do this by			
		(actionable)	
I will know I have achieved this	s		
		(measurable)	

"THE JOURNEY OF A THOUSAND MILES BEGINS WITH ONE STEP."- LAOTZU.

Lesson 127: Main Idea

A WORK WITH YOUR ___O'CLOCK PARTNER TO COMPLETE THIS: (Use notepads to write)

Read the sentences below and identify the main idea from 1 and 2 given below:



a main ide	a about FEA in tl	he box and th	ree details to	support it: (Jse notepads to
	EA is				
F					
etail1:					
etail1:					
etail1:					

R	COMPARETHE	MAIN IDEAS: (I	Use notepads to write)
D,	COMPARE THE	IVIAIIV IDEAS: ((use notebaus to writer

Below, read two passages about change at home and answer the questions that follow:

Passage 1

Change happens at home all the time. Some changes are small, like painting the kitchen walls yellow instead of white. Some changes are bigger, like having a new family member. Families can deal with all kinds of changes by working together. Losing a family member is a big change. Your family needs to work together to get ready to take greater responsibilities. Families find a way to work with change.

Passage 2

Even at home, things are always changing. Sometimes change can be hard to get used to. You might have liked the way things were but if you keep an open mind, you might learn to like the changes!

Change can come in the form of a grandparent moving in with your family. You might need to share a room with your brother or sister. This might be difficult at first but soon you'll have fun spending more time with your grandmother or grandfather.

1.	l. Is the main idea in the two passages the same or different?				
2.	Write the main idea of each passage along with one supporting detail:				
	a. Passage 1:				
	b. Passage 2:				

Passage 3

An invention that has greatly impacted the way people live is the car. Before cars were invented, people could not travel very far or very fast. Cars changed people's lives in positive ways.

Cars made it possible to transport both people and goods more quickly and easily. Journeys that used to take months now take days; and journeys that used to take days now takes hours.

Cars gave people more freedom to live and work where they want. People can travel long distances to get from their homes to their jobs, and they can live in areas away from the cities.

Cars created new jobs. Today, the production of cars provides jobs for millions of people.

Passage 4

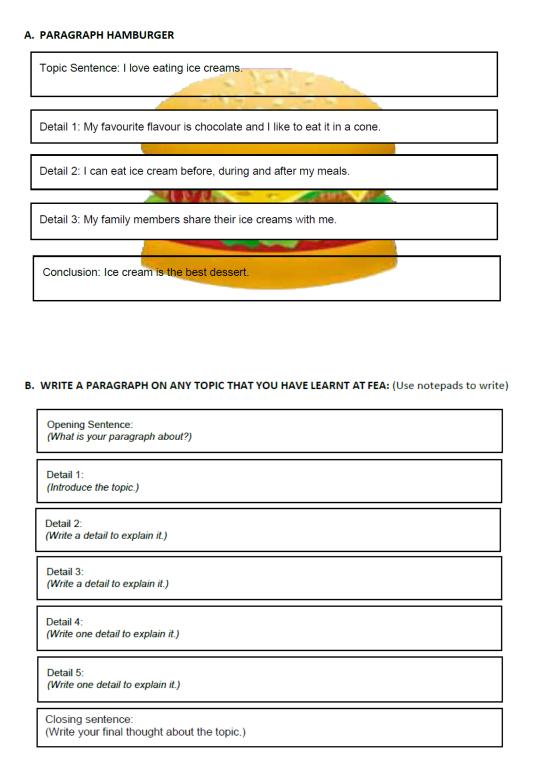
Few inventions have impacted people's lives more dramatically than the car. While cars have certainly benefitted people in many ways, they have also created new problems.

Cars make it possible for people to get around more quickly and more easily. However, this sometimes causes health issues. People may get less exercise if they always drive a car instead of walking or cycling to where they want to go.

Cars run on petrol. When cars burn petrol in their engines, they cause pollution. Cars can be dangerous. People may have accidents when they are driving.

1.	How are the main ideas from the passages alike? Give one detail from each passage to support your answer.			
2.	How are the main ideas from the passages different? Give one detail from each passage to support your answer.			

Lesson 128: Paragraph Writing



Write the above sentences in the form of a paragraph: (Use notepads to write)			

SELF AND PEER ASSESSMENT: (Use notepads to write)

Did you:	Self	Peer
end the sentences correctly using "." or "!" or "?"		
begin each sentence with a capital letter?		
spell most of the words correctly?		
write at least 3 different details about the topic?		
struggle while writing this?		

Proofreading symbols:

Notation	Stands for
С	Capitalization
Р	Punctuation
Sp	Spelling
St	Sentence structure
W	Word order
Н	Handwriting illegible
1	Indent

Lesson 129: Print Media-1

A. NEWSPAPERS:



Hindustan Times

Morning After Christmas...
Tsunami smashes Asia

Front Page

Headlines



Sports Page



Editorial or Opinion Page



Classified



Entertainment

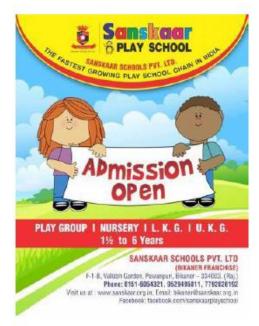


Business and Finance

Discuss with your____o'clock partner uses of a newspaper.

B. FLYERS/PAMPHLETS/LEAFLET:

(Use notepads to write)



What is the flyer about?
 Who would be interested in this flyer?
 Who would not be interested in this flyer?



2. Who would be interested in this flyer?

3. Who would not be interested in this flyer?



- What is the brochure about?

 2. Who would be interested in this brochure?
- 3. What information would be there in the brochure?

MENU:

(Use notepads to write)



- 1. What is the most expensive item on the menu?
- 2. What is the cheapest item on the
- 3. What would be your order for a healthy

C. NOTICES: (Use notepads to write)

BEAVER COUNTY BAR ASSOCIATION BEAVER COUNTY LEGAL JOURNAL

BUSINESS HOURS

Monday	9:00 AM	to	4:00 PM
Tuesday	9:00 AM	to	4:00 PM
Wednesday	9:00 AM	to	4:00 PM
Thursday	9:00 AM	to	4:00 PM
Friday	9:00 AM	to	4:00 PM
Saturday	CLOSED	to	CLOSED
Sunday	CLOSED	to	CLOSED

OFFICES ARE **CLOSED** FROM NOON TO 1:00 PM FOR LUNCH

*Hours Subject to Change Without Notice

- 1. What is the notice about?
- 2. On what days is the Association not open/working?
- 3. When are they closed for lunch?

D. MAGAZINES:



Who would be interested in this magazine?



What information would you find in this magazine?





Who would be interested in this magazine?

What information would you find in this magazine?

Discuss with your partner use of each media.

E. CAREERS IN PRINT MEDIA: (Use notepads to write)

Name	Work (in simple present tense)
Journalist	
Cartoonist	
Photojournalist	
Editor	

Lesson 130: Print Media-2

A.	READ AND COMPARE ARTICLES 1 & 2 WITHYOURO'CLOCK PARTNER: (Use notepads to write
1.	Sam Parks, a sixth-grade student at Sunny View School, was riding his bike home from school Tuesday. He heard a strange noise and discovered that Mrs. Linwood's tabby cat had gotten stuck on top of her three-foot high fence. Sam walked over and lifted the cat down to the ground. Mrs. Linwood thanked him for helping the cat, named Falco. "What a helpful boy," she said to reporters.
2.	On Tuesday, Sam Parks, a sixth-grade student at Sunny View Public School, was riding his bike home from school when he became the hero of the day. Mrs. Linwood's tabby cat Falco was stuck at the top of her mountain-high fence. The cat was meowing and screaming like an injured lion. Sam could not ignore its screams and like true hero, Sam climbed the fence in one jump and carried the cat to safety. Mrs. Linwood thankfully hugged Sam as the cat looked up at Sam in appreciation. "That boy is a true hero," said Mrs. Linwood. "Without his help, my Falco would have been stuck on that fence until next winter."
i) _	How are the two news articles different?
ii) Which one sounds more realistic? Why?
ii	i) Have you ever come across exaggerated news/information? Share with the class.
iv	Why is news/information sometimes exaggerated?

В.	READ THE ARTICLE WITH YOURO'CLOCK PARTNER AND DISCUSS THE QUESTIONS:(Use
	notepads to write)
	Chocolate Is Good for You!

Chocolate is good for you! People all over the world have been waiting to hear these five simple words. Chocolate lovers can now enjoy a piece of chocolate without feeling guilty.

Dark chocolate has large amounts of antioxidants. These are chemicals that help your body stay healthy. It also has substances that help keep your cholesterol levels down and keeps your blood flowing well.

Eating 100 grams of dark chocolate per day can lower both your blood pressure and risk of a heart attack.

Not only is chocolate good for your body, it makes you feel good. Chemicals in your brain that are produced when you eat chocolate make you feel happier.

i) What does this article not tell you about chocolates?
ii) Is this a biased article? Explain.
iii) Have you ever come across biased news/information? Share with the class.
iv) Why is news/information sometimes biased?

C. READ AND COMPARE ARTICLES 1 & 2: (Use notepads to write)

1. Adapted from Toronto Times
November 1916

Sir Sam Steps Down!

Sad news was announced in Ottawa today. Sir Sam Hughes is no longer a minister. The prime minister has dismissed this able minister. Hughes got thousands of volunteers to join the war and brought thousands of dollars to the army fund.

In 1914, Canada had only 3000 soldiers but by the end of 1915, thanks to Sir Sam's leadership, number of Canadian soldiers increased to 200,000.

Without Sir Sam, how will Canada fight the war? We

should be thankful to Sir Sam.

Adapted from Montreal Matin November 1916

2.

Hughes fired!

At long last, Prime Minister Borden has thrown Sir Sam Hughes, his incompetent minister, out of the government. Now, Hughes will not be able to do any more damage to Canada.

As a minister, Hughes has disrespected the nation by giving contracts to his friends and supporters.

Why should we spill one more drop of Canadian blood in war? Britain started this war. Let Britain finish it!

Source - http://mediasmarts.ca/

How are the two news reports different?
Why are the two reports different?
If you are a friend of Sir Sam, which one are you more likely to believe? Why?

Lesson 131: Mindset-1

1.		re people born intelligent?	
rtn	iink		
Му	part	tner thinks	
2.	Aı	re people born talented or lucky?	
l thi	ink _		
NAv	nari	tnor thinks	
iviy	parı	tner thinks	
		r partner's views with the class.	
AILUR	RE &	r partner's views with the class. MISTAKES - WITH YOUR PARTNER, DISC	
AILUR w do	RE &	r partner's views with the class.	JSS- (Use notepads to write)
W do	you	r partner's views with the class. MISTAKES - WITH YOUR PARTNER, DISCO	JSS- (Use notepads to write)because
AILUR w do	youa.	r partner's views with the class. MISTAKES - WITH YOUR PARTNER, DISCO feel when you - make a mistake? -I feel fail at something? -I feel	JSS- (Use notepads to write)because
w do	youa.	r partner's views with the class. MISTAKES - WITH YOUR PARTNER, DISCO feel when you - make a mistake? -I feel	JSS- (Use notepads to write)becausebecause
w do	youa.	r partner's views with the class. MISTAKES - WITH YOUR PARTNER, DISCONDING feel when you - make a mistake? -I feel fail at something? -I feel ur parents/teachers do/say when you -	JSS- (Use notepads to write)because
w do	you a.	r partner's views with the class. MISTAKES - WITH YOUR PARTNER, DISCOUTE feel when you - make a mistake? -I feel fail at something? -I feel ur parents/teachers do/say when you - make a mistake? -They fail at something? -They	JSS- (Use notepads to write)because
w do	you a.	r partner's views with the class. MISTAKES - WITH YOUR PARTNER, DISCOUTE feel when you - make a mistake? -I feel fail at something? -I feel ur parents/teachers do/say when you - make a mistake? -They	JSS- (Use notepads to write)becausebecause
w do	you a. Dis	r partner's views with the class. MISTAKES - WITH YOUR PARTNER, DISCOUTE feel when you - make a mistake? -I feel fail at something? -I feel ur parents/teachers do/say when you - make a mistake? -They fail at something? -They	JSS- (Use notepads to write) becausebecause

mistake?

4. Some very famous products have been created as a result of mistakes. Match the mistakes with the products:

Product	Mistake
Coca Cola	Spencer Silver was supposed to be making super strong glue for aerospace industry. But his glue was very weak. Someone suggested that he put it on paper to make paper sticky.
Corn flakes	When a Canon engineer rested his hot iron on his pen by mistake, ink came out from the pen's point.
Potato chips	Harry Brearley was trying to make a better gun. After trying for months, he failed again and again. Then he noticed that one of his failed designs was still shiny while others have rusted. Brearley called this
Steel	One day a customer sent back his plate many times and kept asking for them to be more crisp and thinner. George Crum cut them very thin and fried them until they were hard as a rock.
Post-it notes	John and William Kellogg were in search of boiling wheat to make dough, but it did not become dough for bread as they had boiled it too long. Instead, it became something flaky and flat.
Printer	A pharmacist tried to create a new medicine for pain but failed and came up with this mixture.

C. TALENT & EFFORT - WITH YOUR PARTNER, READ-

 When Michael Jordan, famous professional basketball player, started playing he was told that his jump shots were not good. He started taking hundreds of jump shots a day until they were perfect.

What would have happened if he had not put in the extra practice?

Starbucks CEO Howard Schultz works from home even after putting in 13hour days. He also works on Sundays.

Why does he work so hard when Starbucks is a successful company?

3. Roy Halladay, a famous baseball player, trains for 90 minutes before a game.

Why does he put in the extra training?

Apple CEO Tim Cooks is the first in the office and last to leave.

As the head of the company, does he need to do this? If not, why does he do it?

Gopichand, coach of famous Indian badminton champion PV Sindhu, prepares an equally strict diet plan for himself as he does for Sindhu. He reaches the badminton court before the players come.

Why does the coach work as hard or even harder than the players?

D. WITH YOUR PARTNER, DISCUSS-

- 1. Discuss and share
 - a. What efforts have you made to learn at FEA?
 - b. What efforts has your facilitator made to teach you?
 - c. "Hard work beats talent when talent doesn't work hard."

Lesson 132: Happy Days

Topics for Group Discussion

- 1. Why drinking and driving is dangerous to yourself and others.
- 2. Robots should replace teachers.
- 3. Physical education should be made compulsory in schools.
- 4. Books vs. movies. Which one is more important?
- 5. Why are most of the Indian streets so dirty?

Topics for Writing

- 1. Give directions for getting from one point to another. For example, how to get from your home to your school. Describe the landmarks someone might see along the way.
- 2. Explain how to cook your favourite meal. Provide a recipe and the step-by-step instructions.

Lesson 133: Phone Calls

A. MAKING CALLS-

A: Hello, can I speak to Geeta, please? B:

Speaking (= This is Geeta speaking).

A: Hi, is Pallavi there?

B: Hold on and I'll get her for you.

A: Good morning, can you put me through to your sales team, please?

B: Certainly. Just hold the line please. / I'll just put you on hold for a moment.

A: Is that Mohit? B:

Who's calling? A:

It's Ajay.

A: Hello, Madhuri here. How can I help you?

WHEN SOMEONE IS NOT AVAILABLE

A: Hello, can I speak to Radha?

B: I'm sorry she's not in. Can I take a message?

A: Yes please. Can you tell her that I'll meet her at 7.30 not 8 at the cinema hall?

A: Can I speak to Antony, please?

B: I'm sorry he's not at his desk. Would you like to leave a message? A: No,

that's OK. Bye then.

TALKING TO A RECEPTIONIST OR OPERATOR

A: Can you **put me through to** Amar Chauhan's office? B: I'm sorry **the line's busy**. **Do you want to hold**?

A: No, I'll try again later.

A: Extension 397 please?

B: I'll put you through. It's ringing for you now.

ENDING A CALL

A: I'm sorry he's not here right now. B:

OK, I'll call back later. Bye.

A: Bye.

A: Well thanks for that. Bye then. B:

Bye.

B. VOCABULARY

ring / phone / call

Will you **ring** me tomorrow? Did anyone **phone** while I was out? She **called** you last night.

make a call

Can I use your phone to make a call, please?

call back - phone someone after they have phoned you.

A: I'm sorry; he's not here just now. B:

OK. I'll call back later.

hang up - end a phone call. She didn't even say 'goodbye', she just hung up.

hold on - wait on the phone for a short time.

A: Martin's busy right now. Do you want to **hold on** or call back later?

B: I'll wait thanks.

C.1 ROLE PLAY (WITH O' CLOCK PARTNER)-

- You are an employee of a company called OFFICE DELUXE that sells office equipment.
 Prepare a phone conversation with your partner who is interested in buying printers for his/her office.
- You want to make a booking in your favourite restaurant. The booking is to be done through a telephonic conversation for your birthday.
- You want to order books from OM BOOK SHOP for your entire class. Prepare a phone conversation with the owner of the book shop.
- 4. You and your friend are planning a Euro Trip. Prepare a phone conversation with the travel agent to address your queries related to the places to visit, budget etc.
- 5. You want to take an educational loan from the bank. Have a phone conversation with the bank to enquire certain details related to it.

Write your script: (Use notepads to write)
2. MAKE A PHONE CALL TO YOUR PAST/FUTURE SELF TO DISCUSS WHAT YOU ARE LEARNING AT F.E.A. (Use notepads to write)
Write your script here:

Lesson 134: Career Exploration-1

A. WITH YOUR___O'CLOCK PARTNER, DISCUSS IF THESE ARE TRUE OR FALSE:

(Use notepads to write)

Government and Private Jobs	My view	Partner's view
The pay in government jobs is better than pay in private jobs.		
Government jobs are easier than private jobs.		
Government jobs are permanent, but private jobs are temporary.		

B. READ THE FOLLOWING AND DISCUSS THE QUESTIONS WITH YOUR PARTNER: (Use notepads to write)

Mehvish Mushtaq, from Kashmir, became a successful app designer at the young age of 23. The girl from Kashmir became the first Kashmiri woman to design an android app, "Dial Kashmir".	What does an app designer do? How does one become an app designer?
Mayanti Langer is a sports journalist with ESPN. She hosted the FIFA World Cup 2010 on ESPN, the 2010 Commonwealth Games in Delhi, and the 2011 Cricket World Cup.	What does a sports journalist do? How does one become a sports journalist?
Mary Kom is the five-time world boxing champion, the only woman boxer to have won a medal in each of the six world championships. This lady from Manipur has made the whole nation proud and opened gates for many other girls who want to choose a career in boxing.	What qualities are needed to become a professional sportsperson?
Chhaya Sharma, DCP of Delhi, is an inspiration. She has handled many famous cases like the baby Falak case, arrest of Namdhari, and the unfortunate 16 December Nirbhaya case.	What positions in the police department are open for the youth? How does one join the police force?
Rajni Pandit is Maharashtra's first woman private detective. She solved her first case when she was in college and later started Rajni Pandit Detective Services in 1991. She has worked with 30 detectives and solves around 20 cases every month.	Is this something that you would be interested in? How does one become a private detective?

Bachendri Pal from Uttarakhand became the first woman to climb Mount Everest. Premlata Agarwal became the first Indian woman mountaineer to climb the seven mountains of the world. Poorna Malavath, a 13-year-old girl, made a record by becoming the youngest girl to climb Mount Everest.

Who would be interested in becoming a mountaineer?

How does one become a mountaineer?

(Use notepads to write)			
1.	What do you think about the information given above?		
_			
2. 1	Do you have any questions after reading the information given above?		

Lesson 135: Going to the Bank

A. READ THE BANK NOTICE WITH YOUR___O'CLOCK PARTNER AND ANSWER THE QUESTIONS: (Use notepads to write)

Republic Bank advises customers that the following Electronic Banking services will be temporarily unavailable on Sunday, June 14, 2015 from 22:00hrs to 00:00hrs.

Automated Banking Machines (ATMs)
Point of Sale (POS)
Telebanker
RepublicOnline Internet Banking
International Debit Card (IDC)
Republic Bank apologises for any inconvenience this may cause, but this has become necessary to facilitate maintenance of our systems in order to optimize our service to you.

10. signature

1.	What is happening on Sunday, June 14, 2015 from 22:00 hrs. to 00:00 hrs.?
2.	Who would be interested in this notice?

B. VOCABULARY - MATCH THE WORD WITH ITS MEANING: (Use notepads to write)

1. income a. borrowing money from the bank to be paid back, usually with interest. 2. interest b. it allows the bank to make payment to someone. 3. bank c. taking money out of your bank account. 4. expense d. money received for work. 5. saving e. money left over after meeting expenses. 6. deposit f. place where you put your money for safekeeping. 7. withdrawal g. money used or spent. 8. loan h. putting money into a bank account. 9. cheque i. total money in the account.

j. the cost of taking / using money that belongs to someone else.

C. PEOPLE IN THE BANK:







Bank manager Teller Customer

D. ROLE PLAY: (Use notepads to write)

Teller:	Good How can I help you? Customer:		
I would like to	I would like to deposit some money in my account. Teller:		
Would you like to deposit cash or cheque?			
Customer:	I would like to deposit cash.		
Teller:	Certainly, sir/ma'am. Fill up this form. Write the account information and the details of the currency notes and give it along with the cash.		
Customer:	Here is the completed form and the money.		
Teller:	Thank you, sir/ma'am.		
Teller:	I have updated your account. Have a good		
Customer:	for your help.		
Teller:	Have a good day.		

DO YOU KNOW THAT SOME UNIVERSITIES OFFER BACHELOR'S DEGREE IN BANKING AND INSURANCE?

Lesson 136: At the Restaurant

A. OBJECTS

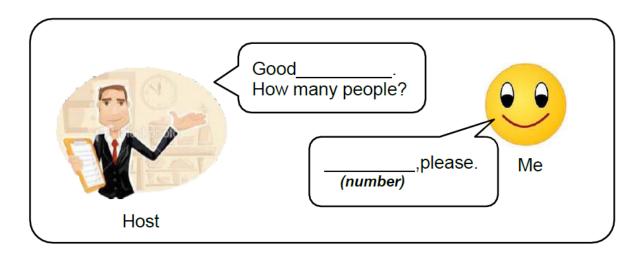


B. PEOPLE

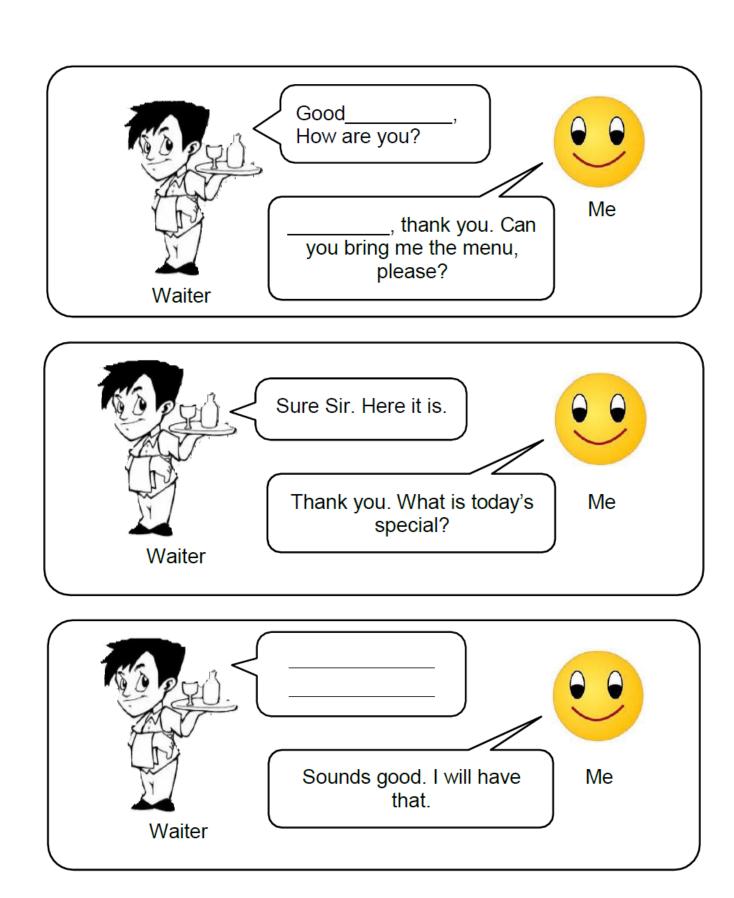


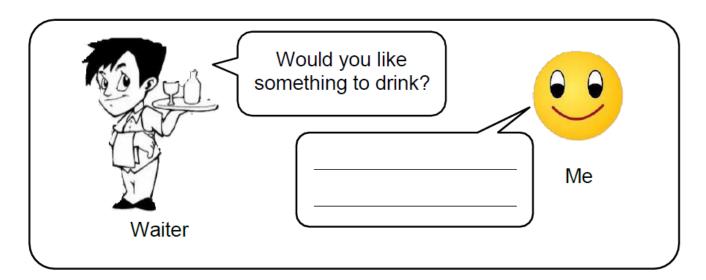
C. COMPLETE THE CONVERSATION

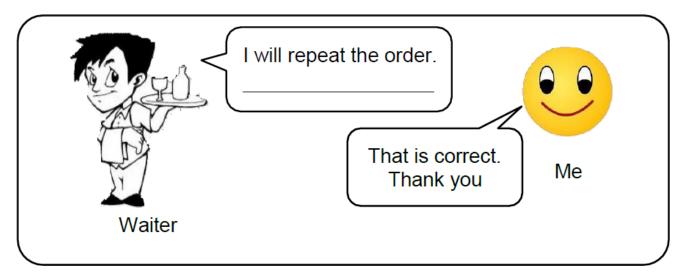
ORDERING (Use notepads to write)



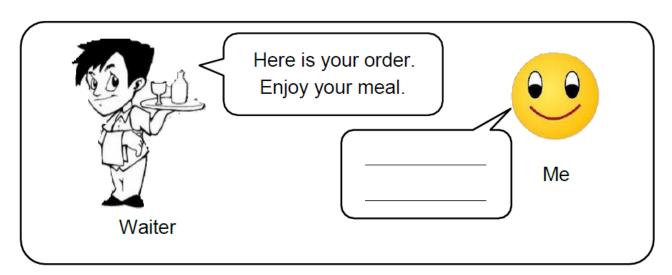
The host/hostess takes you to a table for______.



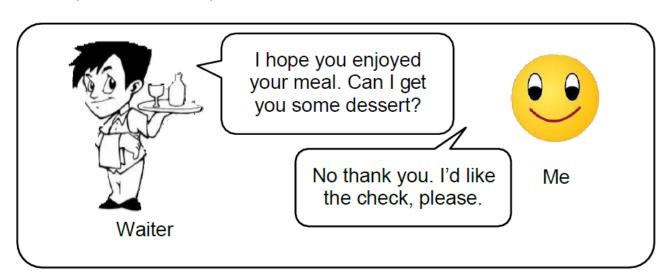


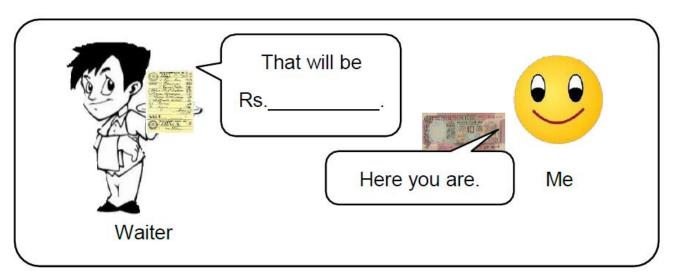


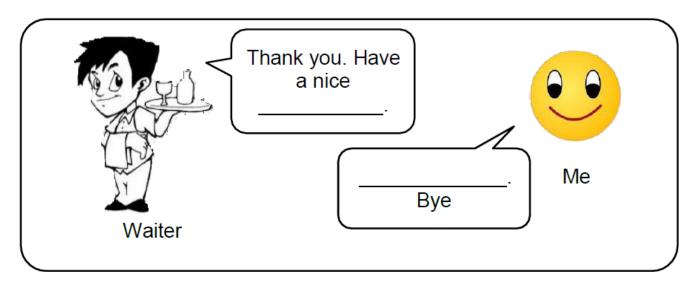
The waiter / waitress brings your order.



After you have finished your meal.



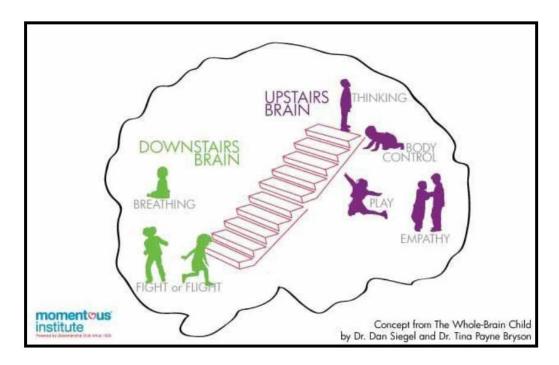




Lesson 137: Self-Control

A. READ THE PASSAGE WITH YOUR ____O'CLOCK PARTNER: (Use notepads to write)

Imagine that the brain is like a house with two levels - Upstairs and Downstairs. Downstairs is where feelings, breathing, and reaction to danger live. Upstairs is still under construction till mid-20s. This is where thinking, planning, imagining, and problem solving live.



A brain works well when it makes decisions with upstairs and downstairs communicating and working together. Sometimes when something happens or someone says something to us, our downstairs reacts faster than the Upstairs brain and takes control - so we feel strongly and quickly not allowing upstairs to work. We take action based on strong feelings rather than thinking and planning. This can be good for us sometimes, like when

and harmful for us sometimes like when	

When the downstairs brain begins to get bossy, some people count backwards from 10 to 1 to put it back Downstairs, while others do some physical exercises.

В.	WHICH PART OF YOUR BRAIN MAKES DECISIONS ABOUT: (Use notepads to write)		
1.	your needs and wants?		
2.	food choices?		
3.	behaviour with friends?		
4.	attendance in F.E.A.?		
5.	participation in F.E.A.?		
6.	shopping?		
7.	behaviour with family?		
8.	reading at F.E.A.?		
9.	listening to people you don't like?		
10	getting regular exercise for body and mind?		
C.	WHY OH WHY?		
1.	Some people find it easy to control themselves and others find it difficult.		
2.	We find it easy to control ourselves sometimes and not at other times.		
D . :	STRATEGIES FOR SELF-CONTROL-		
1.	Distract yourself.		
2.	Remove yourself from temptation.		
3.	Think what's important/good for you.		
4.	Think about consequences of your choices.		
5.	Others -		

E. LOOK AT THE IMAGES AND MAKE A STORY

Image 1



Image 2



Image 3



Lesson 138: Consolidation

A. SONG - FIREWORK (BY KATYPERRY) (Use notepads to write)

Do you ever feel like a,
Drifting through the wind,
Wanting to start again.
Do you ever feel, feel so
Like a house of cards,
One blow from caving in.
Do you ever feel already buried deep,
Six feet under scream.
But no one seems to hear a thing.
Do you know that there's still a chance for
you. 'Cause there's a spark in you
You just gotta ignite the
And let it
Just own the
Like the Fourth of
Cause baby you're a firework.
Come on show 'em what your
vorth. Make 'em go "Oh, oh,oh!"
As you shoot across the sky-y-y.
Baby you're a firework.
Come on let yourburst.
Make 'em go "Oh, oh,oh!"
ou're gonna leave 'em fallin' down down
down

You don't have to feel like a waste of space.
You're original, cannot be replaced.
If you only knew what the future
holds. After a hurricane comes a____.
Maybe a reason why all the doors are closed,
So you can open one that leads you to the
perfect_____.
Like a lightning_____, your heart will
glow And when it's time, you'll know.
You just gotta ignite the light,
And let it shine.
Just own the night,
Like the Fourth of July.

Cause baby you're a firework.

Come on show 'em what your worth. Make 'em go "Oh, oh,oh!"

As you shoot across the sky-y-y.

Baby you're a firework.

Come on let your colors burst. Make 'em go "Oh, oh, oh!"

You're gonna leave 'em fallin' down down down.

Boom, boom, boom, Even brighter than the moon, moon, moon. It's always been inside of you, you, you And now it's time to let it through.

'Cause baby you're a firework.
Come on show 'em what your
worth. Make 'em go "Oh, oh,oh!"
As you shoot across the sky-y-y.
Baby you're a firework.
Come on let your colors
burst. Make 'em go "Oh,
oh, oh!"
You're gonna leave 'em fallin' down down
down.

Boom, boom,boom
Even brighter than the moon, moon,
moon Boom, boom,boom
Even brighter than the moon, moon, moon

B. WITH YOUR__O'CLOCK PARTNER, CHOOSE ONE OF THE FOLLOWING LINES FROM THE SONG

- (Use notepads to write)
 - 1. Do you ever feel like a plastic bag, Drifting through the wind...
 - 2. You just gotta ignite the light, And let it shine...
 - 3. 'Cause baby you're a firework, Come on show 'em what yourworth...
 - 4. Baby you're a firework, Come on let your colorsburst....
 - 5. It's always been inside of you, you, you. And now it's time to let itthrough...

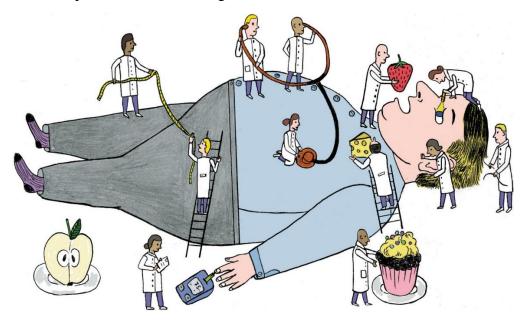
My partner and I choose			
.It means			
I			
My partner			
C. WHAT MAKES YOU	JNIQUE AND ORIGINAL	? (Use notepads to write)	
You are	·	You are	
You are	.	You are	
You are	·	You are	
You are	·	You are	
You are	·	You are	
lam			
1 4111			

Lesson 139: Noise Pollution

A. Discuss with your partner the ways to reduce them. (Use notepads to write)

Noise	Its Effects	Ways to reduce it
Loud TV volume		
Horns		
Loudspeaker		
Traffic sounds		
Street hawkers		

B. Make questions from the image



Lesson 140: Social Etiquette

A: Dealing with the Situation: 15 Etiquette Scenarios for discussion. (Please do not write in the workbook)

- 1: Ramesh and his friend were discussing Indian politics. Ramesh has a different political opinion and begins to shout to prove his point.
 - What did Ramesh do wrong? Why?
 - What should he have done?
- 2: You enter a bus or a train and just stood at the entrance.
 - What did you do wrong? Why?
 - What could you have done?
- 3: You're standing in a grocery line with a full basket of purchases and the person behind you has just a few and asks if he can go first. Should you accept or deny?
- 4: A friend of yours decided to invite you for a promotion party and says "Go ahead, pick anything you like!" You finally notice that your favourite food is on the menu for which you've been waiting for months but the food is costly. You go ahead with ordering your favourite food.
 - Did you do wrong?
 - What could you have done?
- 5: Should you hold doors for others behind you? Why/why not? (What if there are too many people behind you? Should you hold the door for everyone?)
- 6: You notice that the line next to you is moving faster. You change your line.
 - Is it wrong?
 - What should you have done?

- 7: Your group starts gossiping about a classmate. You decide to be a part of the group but do not participate in the gossip. Did you do wrong? Why/Why not?
- 8: You're going to have a party that involves extra cars on the street and noise. What should you do?
- 9: You friend borrowed Rs. 2000 from you. However, he's not returning the same. You too feel awkward asking for the same. What will you do?
- 10: Your friend has just given you a sweater-vest for your birthday. You absolutely dislike the colour. You are considering asking for the receipt so you can exchange it for something else.
- 11: One of your coworkers dresses well but wears far too much cologne. Another smells as if he doesn't shower at all. What is the right way to be around them?
- 12: You are bored while listening to your friend who is telling you about a movie he watched the night before.
- 13: A friend/colleague offers you some food, but you did not like the taste/smell. You replied honestly that you disliked the food. Did you do the right thing? Why/why not.
- 14: Ravi made a phone call and started inquiring who is on the other side of the phone.
 - What did Ravi do wrong?
 - · What could Ravi have done?
- 15: When Shilpi/Sohan started talking about her/his ailments, you started talking about yours.
 - What did you do wrong?
 - What could you have done?

Lesson 141: Take A Quiz

Level	Grade	Description
Reading	A2	 ★ Can understand short, simple text containing frequently used words and phrases. ★ Can understand short and simple email/letters. ★ Can find specific information in simple everyday material such as advertisements, timetables etc. ★ Can understand short description of familiar persons, places and things. ★ Can understand simple instructions and directions. ★ Can connect information within a sentence. ★ Can understand very short and simple text/phrases by re-reading. ★ Can find basic information in very simple everyday material such as advertisement. ★ Can understand description through a combination of visuals and text. ★ Can understand simple instructions and directions about everyday procedures with rare misunderstanding. ★ Begins to connect information within the text.
Listening	A2	 ★ Can understand simple information and questions about themselves, family, people, homes, work and hobbies. ★ Can understand short, simple conversations using high frequency words and phrases. ★ Can understand short, routine telephone conversations and messages. ★ Can understand main points in short, clean, simple announcements, directions and instructions. ★ Can understand people speaking slowly and clearly, with short pauses about everyday topics. ★ Can recognize basic words and phrases concerning themselves, their family and their immediate surroundings. ★ Can understand instructions and short simple directions addressed slowly.
-	- 	
Speaking	A2	 ★ Can communicate simple and routine tasks requiring a simple and direct exchange of information on familiar topics. ★ Can handle short social exchanges even though cannot sustain the conversation or develop it. ★ Can use a series of phrases and sentences to describe in simple terms about family, living conditions, educational/professional background and current/past job. ★ Can answer and ask simple questions about needs and very familiar topics. ★ Can interact if the other speaker can repeat/rephrase.
		
Writing	A2	 ★ Can write short, simple notes and message relating to matters of immediate needs. ★ Can write simple personal letter with a short message. ★ Can link series of simple phrases and sentences with simple connectors like 'and', 'or' 'because'. ★ Can describe family, activities and personal experiences using present tense. ★ Can write short, simple notes, for example, holiday greetings. ★ Can fill in forms with personal details. ★ Can write short paragraph on a familiar topic.
Others	Keyboarding - Use of hand span for typing. Reading Program - Having read one FEA library book Book. Report - An authentic book report.	

Lesson 142: Feedback Session

A. WRITE A STORY

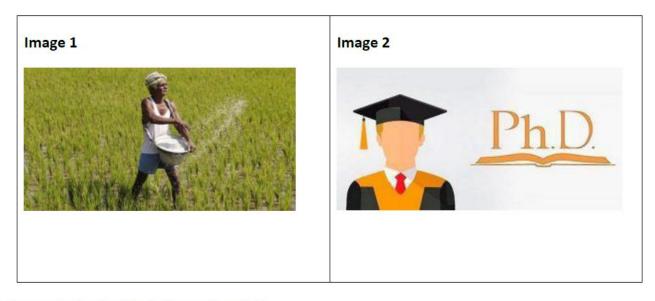
	(Use notepads to write)
Long The Land	
*	
https://static01.nyt.com/newsgraphics/2020/03/10/earthday/assets/images/top-final-mobile-480_x2.jpg	

B. WORD SEARCH

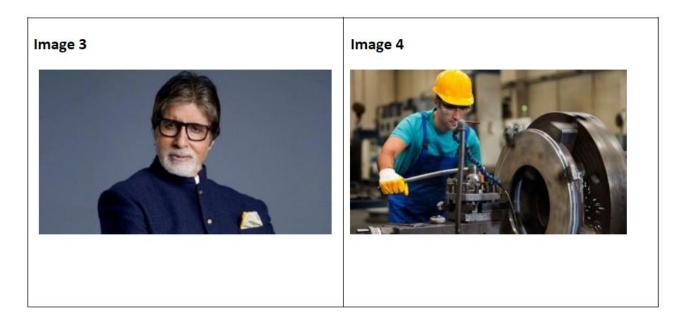
WVERTICALL	Week
ROOAFFLSAB	Find
ACRILIATOA	Random
NDODKONWDC	Sleuth
DRKESOODDK	Backward
OEEPZEGLYW	Vertical
MSIIHOAERA	Diagonal
ALRKRRIRER	Wikipedia
KODIDEDRCD	Horizontal
HELWSLEUTH \	Word Search

Lesson 143: We Are All Equal

- A. Compare the people given below:
- 1. Compare the people in Image 1 and 2.



2. Compare the people in Image 3 and 4.



B. Classify as internal strength or external advantage: (Use notepads to write)

For example:

House- external advantage Kindness- internal strength

	External Advantage	Internal Strength
Money		
Land/Property		
Empathy		
Jewellery		
Honesty		
Persistence		
Patience		
Clothes		
Optimism		
Mobile Phones		
Laptops		
Respect		

Lesson 146: Career Exploration-2

INTEREST ABILITY PERSONALITY Curious Someone who wants to learn more Example- I have an interest in painting Example- I have the ability to lift 20 kgs of weight Example- I have a curious personality	
Example- I have an interest in Curious Someone who wants to learn more	
Example- I have an interest in Example- I have the ability to lift 20 kgs of weight Example- I have a curious	- 2
a. ANSWER THE FOLLOWING QUESTIONS:	
What can stop you from achieving these goals? Who will be your firefighters?	

Lesson 147: This, That, These, Those

A. 1. 'THIS' AND 'THAT' ARE USED TO POINT OUT OBJECTS, PLACES, AND PEOPLE.

<u>This</u>	<u>That</u>
Use 'this' for single object/person/place near the speaker, in space or time.	Use 'that' for single object/person/place away from the speaker in space or time.
Examples	Examples
This is my book.	That star is very bright.
How big is this town?	How far is that town?

A. 2. FILLTHE BLANK WITH THE CORRECT WORD- (Use notepads to write)

1. Please bring	_fan close to me.	
2 place on the map	is nearby.	
6. Of all the kites in the sky, I likeone.		
4 was a wonderful	holiday we had last year.	

A.3. MAKE SENTENCES (STATEMENTS OR QUESTIONS) - (Use notepads to write)

1. Using 'this' -	
2. Using 'that' -	
3. Using 'this' and 'that' -	
4. Using 'that' and 'this' -	

B. 1. 'THESE' AND 'THOSE' ARE USED TO POINT OUT OBJECTS, PLACES AND PEOPLE.

<u>These</u>	<u>Those</u>
Use 'these' for more than one objects/ persons/places near the speaker, in space or time. Examples-	Use ' <u>those</u> ' for more than one objects/persons/ places away from the speaker, in space or time. Examples-
These are my books.	Those stars are very bright.
How big are these two towns?	How far are those two towns?

B. 2. FILLTHE BLANK WITH THE CORRECT WORD- (Use notepads to write)

1. Please bring	boys from next room to my class.	
2 places in the movie were splendid.		
3. Of all the books in	front of me, I liketwo.	
4 are dit	ficult days for me as I have my board exams.	
B.3. MAKE SENTENCES	(STATEMENTS OR QUESTIONS) - (Use notepads to write)	
1. Using 'these' -		
2. Using 'those -		
3. Using 'these' and 'those' -		
4. Using 'those' and 'these' -		

C. FILL THE BLANKS WITH 'T	HIS', 'THAT', 'THOSE' AND 'THESE': (\	Use notepads to write)
was the most di	fficult case for Ravi ever. There was r	no way to tell who did it. A house
key was left on an empty plan were the only cl	te in the kitchen. There were cookie o ues that Ravi had.	crumbs around the plate
When you have a case like th	at, it takes a genius to solve it. Later,	Ravi found cricket balls in the
garden	balls opened the case wide for Ravi.	The balls belonged to Ravi's
brother, Raju	meant the keys were Raju's. Ra	ju had come home from school
first and eaten the cookies. T	he mystery was solved.	Was progress!
But Ravi was still hungry.	were, indeed, difficult tin	

Lesson 148: Short Messages

A. WITH YOUR PARTNER, READ THE FOLLOWING AND DISCUSS WHAT THEY MEAN AND WHERE YOU WOULD FIND THESE MESSAGES:

	Back soon. Get well s	Fragile! This way up.	Out now. Dinner's in fridge.
	Turn off the lights before leaving.	Wish you happiness and long life.	Well done! Your hard work has paid off.
	Congratulation. You dese) (Wish you many, rs together.
	Sorry to hear about your loss.	Best of luck.	May her soul rest in peace.
В.	WRITE THE FOLLOWING SH	ORT MESSAGES: (ANY2) (Use r	notepads to write)
1.	Your uncle has given you a lo	vely present for your birthday. V	Vrite a thank you note to him
2.	Your friend has won the foot	ball match. Write a congratulato	ry note.
3.	You have been rude/mean to	your mother. Write an apology	note.
	•	LEMAIL OR GMAIL) ACCOUNT: po	ojayadav.00123@gmail.com
1.	Circle the correct email id:		
	a. sidhant16@gmail	b.sidhant16.com	c.gmail.com@sidhant16
_	d. sidhant16.gmail	e.sidhant16@gmail.com	f. sidhant16@.com
2. (Circle the professionally approp		
	a. sweetie@yahoo.com	b.sonikudi@yahoo.com	c.iamsuperman@aol.com
	d. vamraihere@gmail.com	e.daredevil@gmail.com	f. vuvrai.singh@gmail.com

Lesson 149: Learning For Life

A. 'THE ILLITERATE OF THE 21ST CENTURY WILL NOT BE THE ONES WHO CANNOT READ AND WRITE, BUT THOSE WHO CANNOT LEARN, UNLEARN AND RELEARN.' – ALVIN TOFFLER

В.	MY JOURNEY AS A LEARNER— (Use notepads to write)			
As	As a child, I was			
	ow,l			
ln	future, I will			
_				

Discuss -

- What do you like about your journey so far?
- What would you like to change about this journey?
- How is your journey similar to/different from other students' journeys?
- What personality traits have helped you to learn continuously?
- What personality traits have stopped you from learning continuously?

C.	WOOLD TOO LIKE TO LEAKING IN THE NEXT. (Ose notepads to write)		
	. 10 days? Why?		
	2. 10 months? Why?		
	3. 10 years? Why?		

Lesson 150: Consolidation

A. MAN IN THE MIRROR (Michael Jackson)

Listen to the song in AV - 96, read the lyrics on the screen and sing along, as instructed.

B. DISCUSS WITH YOUR PARTNER:

- **1.** What does the singer mean "I have been a victim of selfish love"? Have you been guilty of selfish love such as this? Explain.
- 2. What does the singer mean by "I am starting with the man in the mirror, I'm asking him to change his ways."?
- **3.** "If you want to make the world a better place, take a look at yourself and make the change." Do you agree with the singer?
 - a. If yes, what can you do to make the world a better place?
 - **b.** If not, why?
- 4. How has music-based language learning helped to improve your language?
- C. "WHAT YOU DO MAKES A DIFFERENCE, AND YOU HAVE TO DECIDE WHAT KIND OF DIFFERENCE YOU WANT TO MAKE." (Jane Goodall)



Sidney Keys loved reading, but the 11-year-old had a difficult time finding books with African-American characters. Sidney created Books n Bros, a club for boys between the ages of 8 and 12 that focuses on African-American literature and culture.

Today, 50 members of the group meet each month to discuss their featured book and learn from older mentors. Sidney says, "Because all the boys are having such a good time in my book club, I see I'm making reading fun again."



At 9 years of age, Campbell Remess founded Project 365 by Campbell, and using his mother's sewing machine, started making teddy bears to give to sick children in the hospital and around the world. Now 13 years old, Campbell has made between 1,200 and 1,400 bears by hand.

"I think the magic in the bears is the hope," he





Haile Thomas' father was diagnosed with diabetes. He took up a strict diet and regular exercise. From him, Haile learned a lot about health and the childhood obesity.

She was inspired to create The HAPPY Organization, which stands for healthy, active, positive, purposeful youth. She offers cooking lessons and nutrition education to children ages 6 through 13 in poor areas.

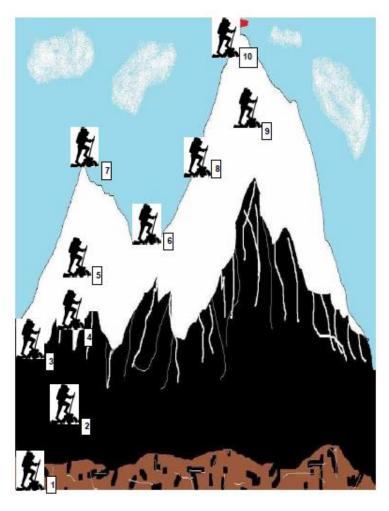
Considered to be the youngest certified nutrition health coach in the country, Haile says, "Nutrition is super important for our growth and development."

Ryan Hickman, at 3 years of age, went with his dad to the local recycling center, and loved exchanging cans and bottles for cash.

Ryan -- now 8 years old -- has recycled more than 275,000 cans and bottles. Through Ryan's Recycling, he is also helping clean up beaches and spread his message of protecting the planet. "Recycling helps the Earth, people, plants, animals and other living things," Ryan said. "It's very easy to recycle. You just have to grab a bottle, toss it in the correct bin."

D. WHERE IN THE JOURNEY OF YOUR F.E.A. GRADUATION ARE YOU?

Base Camp	Achievement(s)
1	Begin to understand simple instructions, write simple sentences, others
2	Complete Basic Level
3	Practice Read Theory, begin to give instructions, begin to keyboard, complete a group project, write in paragraphs, describe people, places and objects, others
4	Write letters/emails, speak grammatically correct sentences, continue with Read Theory, keyboard correctly, others
5	Complete MOOC - 1
6	Think critically, write a CV, search for jobs, face interviews, keyboard at 10 wpm, complete an independent project, continue with Read Theory, hold group discussions, others
7	Complete MOOC - 2
8	Think creatively, face interviews, keyboard at 20 wpm with 80% accuracy, prepare work portfolio, continue with Read Theory, lead group discussions, become a confident and creative communicator, others
9	Complete MOOC - 3 & 4



E. HOW CONSIDERATE ARE YOU? (Use notepads to write)

How often do you -	Lesson 96 (Self)	Lesson 120 (Peer)	Lesson 138 (Teacher)
think of needs of others, at home and work?			
smile, both when you are happy and troubled?			
apologise for your mistakes?			
offer a seat/helping hand to someone?			
use 'please', 'thank you' and other polite phrases?			

Always	Often	Sometimes	Rarely	Never
--------	-------	-----------	--------	-------

Lesson 151: Hygiene-2

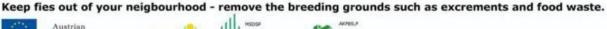
A. HYGIENE CHECK: (Use notepads to write)

How often do you	Rarely	Sometimes	Mostly	Always
wash your hands before eating?				
wash your hands after eating?				
brush your teeth in the morning?				
brush your teeth at night before going to bed?				
pick your teeth/nose/ears in public?				

B. READ THE POSTER GIVEN BELOW: (Use notepads to write)



The fly lands on many types of waste and food, vomits on it, mixes it, sucks it up and leaves its excrements. Fly vomit is acid and dissolves the food. Fly vomit and excrements contain germs and bacteria harmful to people Flies lay eggs in manure and rotten food. They also carry around germs and bacteria on their legs.



Capacity Building for Habitat Improvement in the Hindu Kush Programme, DCI-NSAPVD/2009/200-804

Bradward by Sicond Nicoberry Broject Consultant

1. Write a suitable title for the poster.		
2. Write a short paragraph (4-5 sentences) to describe the journey of a fly in your neighbourhood. (Use words such as next, then, thereafter, finally etc.)		

SELF AND PEER ASSESSMENT: (Use notepads to write)

Did you/he/she:	Self	Peer
end the sentences correctly using "." or "!" or "?"		
begin each sentence with a capital letter?		
spell most of the words correctly?		
write at least 3 different details about the topic?		
struggle while writing this?		

Proofreading symbols:

Notation Sta	ands for
С	Capitalisation
Р	Punctuation
Sp	Spelling
St	Sentence structure
W	Word order
Н	Handwriting illegible
1	Indent

C. DENTAL HYGIENE: TRUE OR FALSE (Use notepads to write)

	TRUE	FALSE
1. Sugar is the only reason for cavities.		
2. Only children get cavities.		
3. Garlic and onion give bad breath.		
4. Carbonated drinks like Coke are bad for teeth.		
5. White teeth are healthier teeth.		
6. Neglect of the teeth and gums is bad for your mouth.		

Ask your facilitator for careers in hygiene.

Lesson 152: Safety-2

A. READ THE PUBLIC NOTICE GIVEN BELOW- (Use notepads to write)

200	DEDARTMEN	T OF ENVIRONME	INT	1. What is the notice about?
	The state of the s		-14 I	
		F NCT OF DELHI	200	N
		DELHI SECRETARIAT, NEW DELHI-110002	Per Land	
	PUB	LIC NOTICE		9 1
Bar	CONTRACTOR OF THE PARTY OF THE	don kite flying thread including	popularly	
The last	1000000	n "Chinese Manjha"		N
		general public that in order to prever opulation, birds, soil and ecology and		
1986	read with Government of Inc	5 of the Environment (Protection) Act dia, Ministry of Home Affairs' Notification, Hon'ble Lieutenant Governor of	on No. SO 667	2. Why is this ban being imposed?
Capit	tal Territory of Delhi, has wing directions:-	issued a Notification on 10.01.20	017 with the	
101101		te ban on the sale, production, sto	rage, supply.	No.
	import and use of kite	flying thread made out of nylon, p	lastic or any	
	other synthetic mate	rial including popularly known r kite-flying thread that is sharp or	as "Chinese made sharp	
	such as being laced wit	th class, metal or any other sharp ma	aterials in the	
	National Capital Territo	ry of Deini. missible only with a cotton thread, i	free from any	·
100	sharp / metallic / glass	components / adhesives / thread s	strengthening	
Anu	materials.	ons may be reported to the office of	the following:	*
S. No.	Designation	Emeil ID	Heipline Number	3. What can you do to spread awareness about
1.	The Commissioner of Police, Delhi Police	cp.amulyapatnaik@delhipolice.gov.in	100	this?
2.	The Divisional Commissioner, GNCTD	divcom@nic.in	1077, 23962825	
3.	The Chief Wildlife Warden, GNCTD	helpline@wiidlifesos.org	9871963535	3
4.	The Commissioner, North Delhi Municipal Corporation	commissioner-ndmc@mcd.gov.in	1266	· · · · · · · · · · · · · · · · · · ·
5.	The Commissioner, South Delhi Municipal Corporation	commissioner-Sdmc@mcd.gov.in	1266	<u>v</u>
6.	The Commissioner, East Delhi Municipal Corporation	commissioneredmc@gmail.com	155303	
Note	Act, 1986, or the rules mad	sued under section 5 of the Environme e thereunder shall be punishable unde mprisonment upto five years and / or v e Lac or with both.	r section 15 of	
The	above said NOTIFICATION is	s available at: www.environment.de	Ihigovt.nic.in	

B. LOOK AT THE IMAGE ON THE RIGHT:

(Use notepads to write)

1. Where would you find this image? Give a reason.

2. Do people in your city/town follow it? Why?



C. SAFETY AT HOME: (Use notepads to write)

Appliance Safety - Do's and Don'ts

	Do	Don't
1. Touch outdoor wires with your body or any other objects.		
2. Ignore overhead wires when you're climbing trees.		
3. Keep electrical appliances and toys away from water.		
4. When unplugging something, always pull by the cord.		
5. Let cords run through doorways or under carpets.		
6. Keep electrical appliances away from children		

Fire Safety - Do's and Don'ts

	Do	Don't
1. Put out match sticks before throwing into dustbin.		
2. Put off stove while replacing gas cylinder.		
3. Keep iron/press switched off while attending to other works.		
4. Do not use lift in case of a fire.		
5. For safe storage keep petrol/diesel stored in the house.		
5. Kids must play with electric appliances.		

LPG Safety - Do's and Don'ts

	Do	Don't
1. Turn off gas valve/regulator if leak is suspected.		
2. Try to check gas leak with a flame.		
3. Keep all materials e.g., paper, towels, curtains, spray cans etc. away from gas stove.		
4. Store gas cylinder horizontally/lying down.		
5. Store gas cylinder outdoors in direct sunlight.		

D. SAFETY IN PUBLIC PLACES/GATHERINGS:

How would you respond in the situations mentioned below? (Recap Reaction Vs Response - Lesson 87)

- 1. You are at a busy Delhi Metro station after spending a relaxed day with friends. All the coaches are overcrowded with no space at all. On inquiring you are told that it will get better after half an hour or so. Travelling in overcrowded train is dangerous but you do not want to get bored at the station.
- 2. You are at a friend's wedding party and your friends plan to shoot a round of celebratory shots from their illegal gun.

- 3. Your 15-year-old brother has just learnt how to ride a motorbike. He insists on dropping you off to school.
- 4. Your best friend has bought a new smartphone. He wants to take a selfie on the railway track with a moving train in the background.

E. SAFETY APPS:

Name	Use
Safetipin	It has GPS tracking, emergency contact numbers, and directions to safe locations etc. The app pins the safe areas along with their safety scores to go at the time of any problem. It also allows the users to pin unsafe areas and help others. Safetipin is available in Hindi and English.
Raksha	Raksha has a button, which will send alerts to your loved ones with your location in case you are in danger. You can select the contacts, who will be able to see your location. If the app is switched off and not working, even then you will be able to send alerts by simply pressing the volume key for three seconds. The app can also send SMS if stuck in a non-internet area.
Himmat	Himmat is a free safety app recommended by the Delhi Police. First, the user has to register at the Delhi Police website. The user, the, receives an OTP, which has to be entered at the time of completing the app configuration. In a problematic situation if the user raises the SOS alert from the app, the location information and audio video will be directly transmitted to the Delhi Police control room so that the police can reach the location.
Smart 24x7	The Smart24x7 app is supported by the police in different states for safety of women and senior citizens. The app sends panic alerts to emergency contacts in a problematic situation. It also records voices and also takes photographs during the panic situation and transfers these to the police. It also has call centre support, which will track down the primary movements of the user. Users just need to press the panic button and select the type of service required and then finally click on submit.
Shake2Safety	The Shake2Safety app is the easiest to use. The user just needs to shake their smartphone or just press the power button four times to send an SOS text or call to the registered numbers. It works with the locked screen on and even without an internet connection. Moreover, the users will also have the ability to activate or deactivate the option of shaking the device to send an alert.

www.gadgetsnow.com

Lesson 153: Articles-1

A. THERE ARE LOTS OF RULES ABOUT USE OF ARTICLES. MOST MISTAKES WITH ARTICLES ARE MADE BY BREAKING ONE OF THESE RULES. (Use notepads to write)

- 1. When we say what people's jobs are, we use a/an:
 - She's an architect. ('an' if used before an occupation beginning with a vowel sound)
 - I would like to become a doctor. ('a' if used before an occupation beginning with consonant sound)
- 2. Singular, countable nouns always have an article a/an or the or another determiner (my, your, this, that etc.)

Rules:		
 a. If a singular countable noun, which is not specific/definite, starts with a consonant sound, write 'a' before it. 		
Example:		
a. This is a chair.		
b		
 b. If a singular countable noun, which is not specific/definite, starts with a vowel <u>sound</u>, write 'an' before it. 		
Example:		
a. This is an apple.		
b. ,		

Note - With 'few' use 'a' - a few boy, a few chairs etc.

With 'lot of' use 'a' - a lot of noise, a lot of love etc.

Exercises (Use notepads to write)

İ.	Complete the following sentences using 'a' or 'an':		
1. We sawelephant yesterday.		elephant yesterday.	
	2.	Uttar Pradesh is	large state.
	3.	l use	_umbrella when it rains.
	4.	It has been	hour since he left.

ii. Make 2 sentences using 'a': (Use notepads to write)
1.
2.
iii. Make 2 sentences using 'an':
1.
2.
Rule:
 c. If we are talking about one or more countable noun(s) that is/are specific/definite, we write 'the' before it/them.
Example:
a. This is the chair I broke yesterday.
b. ,.
Make 2 sentences using 'the':
1.
2.
3. When we talk about things in general (not definite/specific), we usually use a plural noun or an uncountable noun with no article.
Birds eat worms.

Water flows downhill.

Kangaroos live in Australia.

B. READ & REREAD THE ARTICLE GIVEN BELOW AND ADD ARTICLES (A, AN, THE) IN THE BLANKS IN PARAGRAPHS 1-3 AND WHEREVER REQUIRED IN PARAGRAPHS 4 -5: (Use notepads to write)

What Are 'MOOCs'?

By Josh Jarrett

It is a question higher education leaders are asking themselves lot these days - what are these MOOCs

and should their college or university offer one?
(Para 1)
MOOCs, or Massive Open Online Courses, offer free online college-level classes open to anyone, and everyone, who wants to take them. Companies such as Coursera, edX and Udacity have led movement of MOOCs, offering courses and signing up partners, from individual college professors to prestigious universities. Some universities are trying out MOOCs by "flipping" experience so students take MOOCs as homework and do problem solving in classroom idea of free, high-quality courses makes MOOCs as game changer that will drive down cost of college and driving up student learning.
(Para 2) We knowlittle bit about_s students who tend to take MOOCs (mostly_educated and motivated), but we don't know enough about how helpful it is. (Para 3)
Bill & Melinda Gates Foundation made grant to MIT to develop and offer new, free computer science online course through edX, and to partner with community colleges to experiment its use. They awarded 13 grants totaling \$3 million to organizations and colleges to study MOOCs, to create new MOOCs for courses, and to add MOOCs to in-class courses. These grants show: (1) what would happen if college teachers added MOOCs into their traditional teaching and (2) whether or not low-income young adults and students with lower grades, can learn via MOOCs. (Para4)
Could teachers spend less time preparing and giving lectures, and more time interacting with students? Could colleges and universities devote more time to developing critical thinking, communication, and teamwork skills because the basic skills can be mastered quickly, easily, and cheaply through MOOC? (Para 5)

Adapted fromhttps://www.huffingtonpost.com/

Lesson 154: Articles-2

A. RECAP THE RULES FOR USE OF 'THE'. DO NOT USE 'THE' BEFORE NAMES OF:

- most countries/territories: Italy, Mexico. However, the Netherlands, the Dominican Republic, the Philippines, the United States.
- cities, towns, or states: Punjab, Chennai, Los Angeles
- streets: Subhash Road, Akashneem Marg, Main St.
- lakes: Lake Ontario, Lake Teen Taal.
- mountains: Mount Everest, Mount Fuji.
- continents: Asia, Europe
- islands: Lakshadweep, Easter Island, Sri Lanka

USE 'THE' BEFORE NAMES OF:

- names of rivers, oceans, and seas: the Nile, the Pacific.
- points on the globe: the Equator, the North Pole.
- geographical areas: the Middle East, the West.
- deserts, forests, gulfs, and peninsulas: the Sahara, the Persian Gulf, the Black
 Forest
- ranges of mountains: the Himalayas or the Rockies.

USE NO ARTICLE FOR NAMES OF:

- languages and nationalities: Chinese, English, Spanish, Russian. "He is Chinese."

 (Unless you are referring to the population of the country: "The Chinese are known for their hard work.")
- sports: volleyball, hockey, baseball
- subjects: mathematics, biology, history, computer science

B. COMPLETE THE FOLLOWING USING A, AN OR THE AT THE APPROPRIATE PLACES: (Use notepads to write) Ms. Parrot, (1) most famous lady detective of (2) twenty-first century, was born in (3) United Kingdom in (4) 1960s. Since then, she has been to many countries, including (5) Portugal, Singapore, and Australia, and has lived in (6)_____northern hemisphere and (7) ____ southern hemisphere, as well as on (8) equator. She has never been to (9) Philippines or (10) United States, but she speaks (11) English, French and Portuguese. Like Sherlock Holmes, (12) famous detective, she plays (13) violin, and sometimes practices up to five times (14) ____ day. She is also (15) ____ only person in (16) ____ world to have performed Tchaikovsky's 1812 in one breath on (17) piano. C. COMPLETE THE FOLLOWING USING A, AN OR THE AT THE APPROPRIATEPLACES: (Use notepads to write) For the first time, India will allow 15% of universities to offer online degrees allowing students to learn anywhere, anytime. (1) courses, however, will be non-technical in nature, and exclude degrees in engineering and medicine, Human Resource Development Minister, Prakash Javadekar explained. Although some believe (2) move may compromise quality, it will help India improve its low enrolment in higher education and make learning available to those who do not have access to colleges. "In (3) month or so, (4) rules will be finalized. (5) University Grants Commission is working on it," said Higher Education Secretary, Kewal Kumar Sharma. To make sure that these are high-quality courses, Universities accredited by (6) National Assessment and Accreditation Council (NAAC) and rated A+ will be allowed to offer such courses. "We are creating (7) environment where not just (8) students but working executives can study and earn a degree without travelling," Javadekar said. However, there will be two key challenges. First, it will be in direct conflict with distance education; second, evaluation of students will be (9) difficult task. This will be different from the regular correspondence course as it will allow students from outside the state to sign up. At present, (10) state university cannot offer correspondence courses through distance mode to students residing outside (11) state.

Adapted from http://www.livemint.com/

Lesson 155: Letter Writing

A. THE LETTERS GIVEN BELOW HAVE ERRORS, CAN YOU SPOT THEM?

10 Mathura Road Haryana Faridabad

9 April 2017

Dear Mrs. Joshi

I am writing to you to let you know that my son Ravi will not be able to attend school today. This is because he is not well and needs to visit the doctor. I will come in the afternoon to collect his class work and homework.

Yours sincerely

Soni Subramaniam

The Times of India 9 April 2017

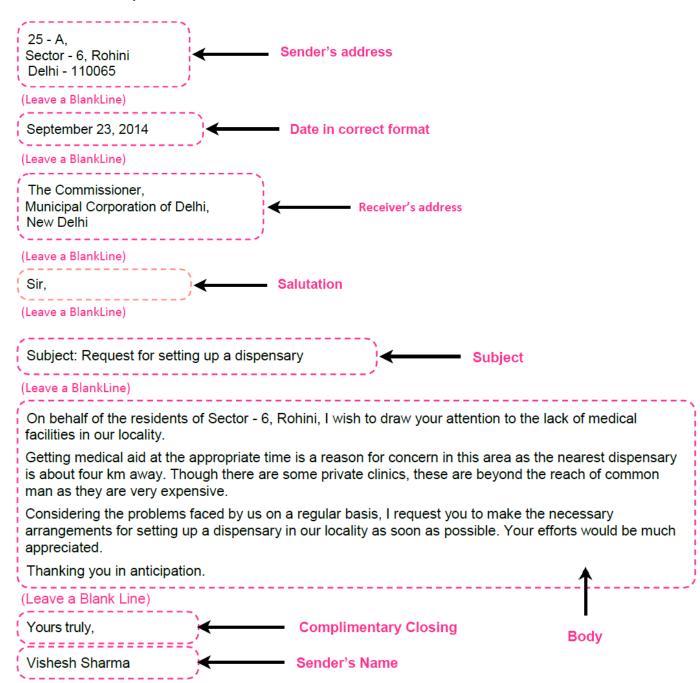
Mr. Editor,

I would like to inform you that in my neighbourhood, Chawri Bazar, there have been a lot of broken roads due to which the number of accidents have increased. I request you to assign a journalist to cover this problem and write about it in your widely read newspaper. This will, hopefully, make the government authorities pay attention to the problem and fix it.

Yours sincerely

Moinuddin Hassan

Format of formal/business letter:



B. WRITE A LETTER: (Use notepads to write)

OR	
2.	to your boss asking him/her to organize a reading club in the company.

1. to your school Principal giving him/her ideas about how to improve reading habits of students.

Did you/he/she -	Self-assessment	Peer assessment
write the sender's address in correct format?		
write the sender's address in correct place?		
write the receiver's address in correct format?		
write the receiver's address in correct place?		
address the receiver appropriately?		
write the date in correct format?		
write the date in correct place?		
indent the letter correctly?		
sign off appropriately?		
give details about the purpose of the letter in the body of the letter?		
spell the words correctly?		
punctuate the letter correctly?		

Lesson 156: Consolidation

A. READ THE POSTER:

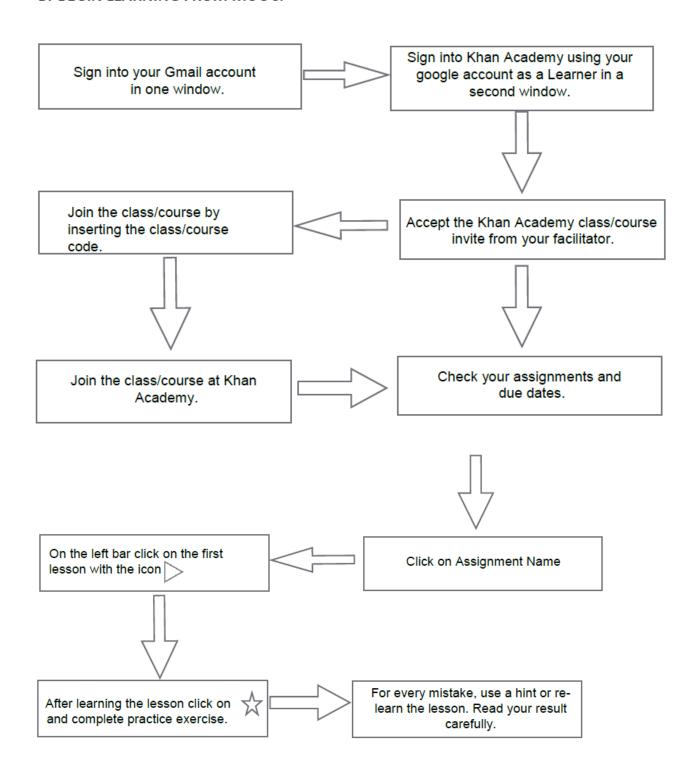


www.dailymail.co.uk

If the above guidelines were followed, how would the image given below be different? Discuss or draw.



B. BEGIN LEARNING FROM MOOC:



AFTER YOU HAVE COMPLETED THE MOOC LESSON, SIGN OUT OF YOUR GOOGLE ACCOUNT.

Lesson 157: Holding Discussions

A. LIST YOUR DISCUSSIONS- (Use notepads to write)

When?	With whom?
1	
2	
3	
4	
5.	

B. DISCUSSION SENTENCE STARTERS -

То	Start with
1. invite someone to speak,	"What are your views about "What do you think about "We would love to hear your views about "It would be interesting to hear's views about
2. clarify what was said,	 Could you give me your views in one sentence? Is it your position that To be clear, you're saying that Can you please explain? Can you please repeat what you said?
3. repeat/reword what you heard,	In order words, you're saying So, you're saying that I hear you saying that
4. agree with the speaker,	I agree withbecause 's point aboutwas important because There is evidence for what is saying and I have the same views. I concur withabout
5. disagree with the speaker,	I see it differently because I agree that, but we also have to consider that I do not think that I beg to differ because That's not always true. What about

6. build one what you just heard,	mentioned that Absolutely and furthermore 's claim is interesting because Adding to whatsaid
7. getting your point in,	Sorry to interrupt, but Can I say something here? If I might add something here
8. to get the discussion re-focused on the topic,	Coming back to Let us not deviate from the topic We seem to have deviated from the topic
9. summarize your views,	Overall, I believe My whole point is To sum up, I think

C. DO'S AND DON'TS - (POSTURE, GESTURES, FACIAL EXPRESSIONS, EYE CONTACT, WORD STRESS, TONE, PITCH AND VOLUME) (Use notepads to write)

Do's	Don'ts

D. CHOOSE A TOPIC FROM THE LIST TO DISCUSS WITH YOUR GROUP:

- 1. Compulsory daily sports activities for school children.
- 2. Our lifestyle creates many health problems.
- 3. It's better to raise children in the city than in the village.
- 4. Fast foods are popular foods.
- 5. Colour of our skin decides our beauty.

COUNTER - (Use notepads to write)

How often did you use the sentence starters given above?	How often did your group use the sentence starters given above?

Lesson 158: Phrases

A. MAKE SENTENCES USING THE FOLLOWING PHRASES: (Use notepads to write)

A phrase is a group of words without subject or verb, used as a part of speech. Use of phrases makes us sound more fluent.

make a call	
call back	
hang up	
hold on	

B. LISTEN TO AV - 104 AND NOTE DOWN 5 PHRASES THAT YOU HEARD. USE THESE PHRASES IN SENTENCES OF YOUR OWN: (Use notepads to write)

Phrase	My sentence

Lesson 159: Power of Beliefs

A. CHOOSE 5 PHRASES FROM APPENDIX 6 AND USE THEM IN SENTENCES OF YOUR OWN (Use notepads to write):

Phrase	My sentence

В.	READ THE FOLLOWING PASSAGE INDEPENDENTLY OR WITH A PARTNER AND DISCUSS
	THE QUESTIONS THAT FOLLOW:

I'm talking here about the fire or passion that people need to achieve a particular task or goal. The inspiration that **drives great performance**, the dreams that people dream with **enthusiasm**. No matter who you are, you are surrounded by people who influence you, and you in turn influence others.

Unfortunately, some of us are fire-fighters, **putting off** the flames of enthusiasm through words of **discouragement**. Thankfully, we also have the opportunity to be firelighters who help **light flames** in the hearts of others.

There are very few things that inspire others like enthusiastic peers and leaders. In everything you do, do it with such passion and high energy levels that it inspires others. The opposite is true as well. Nothing kills enthusiasm like a boring, **pessimistic** person who has given up on his dreams and can't see why anyone else should have the satisfaction of reaching theirs.

Sometimes, people want **reassurance** that they can achieve their goals and are looking for a fire-lighter to give them a word of encouragement that can take them closer to their dreams. Be that person! Be the one who leaves people feeling better about themselves at the end of a conversation. An encouraging word doesn't cost a thing, but it can be of great help in someone's future.

In contrast, someone who uses his words to bring others down, either to their face or behind their backs, is a fire-fighter, leaving people feeling helpless and discouraged rather than motivated.

As a firelighter, it is important to be **consistent**. If people come to you one day and leave inspired, but then you **bring them crashing down** the next time you meet them, the second interaction will have a greater impact.

- Adapted from https://betterlifecoachingblog.com/

Discuss -

- 1. What would be a suitable title for the passage?
- 2. Do you have more firefighters or firelighters around you?
- 3. How do you feel after spending time with a firefighter? Why?
- 4. How do you feel after spending time with a firelighter? Why?
- 5. Who are your firelighters? How do they light your fire?
- 6. Are you a firelighter or a fire-fighter?
- 7. Is it easy to be a firelighter all the time, with all the people? Why?
- 8. How can you check yourself when you feel you are sounding/behaving like a firefighter?

Lesson 160: Career Exploration-3

A. LIST THE CAREER 3 OPTIONS THAT YOU EXPLORED AND PLAN WHAT YOU NEED TO DO -

CAREER OPTION	DNS:
1	(Preference 1)
2.	(Preference 2)
3.	(Preference 3)

Time	Preference 1	Preference 2	Preference 3
Within next 5 years			
Within next 2-3 years			
Within next 1 year			
Within next 2 - 6 months			
Next month			
Next week			
Today			

Lesson 161: Proof Reading

A. WRITE A LETTER TO YOUR YOUNGER BROTHER DESCRIBING- (Use notepads to write)

1. why and how he needs to become more considerate towards others.

OR

2. why and how he needs to **persist** and work after failing in the examination.

(Share the cause-effect of choices he makes now and share a similar experience you had at FEA)

	DRAFT 1		
(Use notepads to write)	Jse notepads to write)		
-			

(Use notepads to write)

	What's fine?	What needs improvement?
Punctuation		
Spellings		
Vocabulary		
Grammar		
Content		
Others		

DRAFT 2

(Use notepads to write)	510.11.2	

Lesson 162: Learning Contract-3

A. CHOOSE 5 PHRASES FROM APPENDIX 6 AND USE THEM IN SENTENCES OF YOUR OWN (Use notepads to write):

Phrase	My sentence
	PEERS TO MAKE A LIST OF CAREERS* YOU WOULD LIKE TO LEARN MORE SED YOUR INTEREST, ABILITIES, AND PERSONALITY (RECAP)- (Use notepa
	SED YOUR INTEREST, ABILITIES, AND PERSONALITY (RECAP)- (Use notepa
ABOUT, BA	

TAKE THE FIRST 3 PREFERENCES AND PLAN WHAT YOU NEED TO DO (MODIFY THE LIST THAT YOU PREPARED IN CAREER EXPLORATION-3) — (USE NOTEPADS TO WRITE)

Time	Preference 1	Preference 2	Preference 3
Within			
next 5			

years		
Within		
next		
2-3 years		
years		
Within		
next 1		
year		
	+	
Within		
next 2		
- 6		
months		
Next		
month		
Next		
week		
	<u> </u>	
	1	
Today		

(Use notepads to write)	
1. What can stop you from achieving these goals? Who will be your firefighters? (Recap)	
2. What can you do to overcome these obstacles? Who will be your firelighters? (Recap)	
3. If I	
then,	
4. At F.E.A, if I	
then,	
5. Do goals change? Is it ok to change your goals? Explain.	

c. RATE YOUR REGULARITY, PARTICIPATION, AND PROGRESS— (Use notepads to write)

How often do you -	Lesson 108 (Self)
come to the branch on time?	
participate in class discussions?	
review your written work and improve it?	
make 100% effort to read and find out what you do not understand?	
practice correct pronunciation?	
use English outside F.E.A.?	
ask questions?	

A 1	04	C 4!	Davalu	A1
Always	Often	Sometimes	Kareiy	Never

Lesson 163: Community

A. INTRODUCE YOURSELF TO:

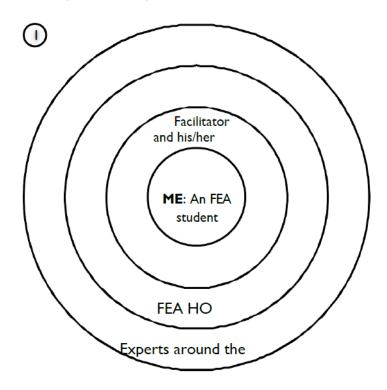
- 1. someone you meet at a party.
- 2. your new bank manager.
- 3. your new boss.
- 4. your new teacher.
- 5. a new neighbour.

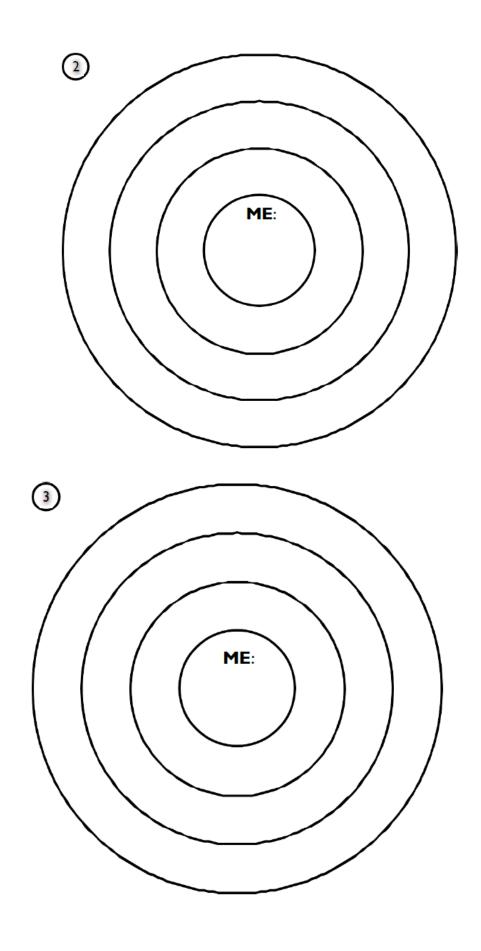
B. MY ROLES: (Use notepads to write)

Write the different roles that you play in your house / family / neighborhood:

1. Student of F.E.A.	4.
2. Son / Daughter / Wife / Husband	5.
3. Brother / Sister / Cousin	6.

Take any 2 roles mentioned above and going out from the innermost circle, mention who you are connected with, directly and indirectly:





C. MY RIGHTS AND RESPONSIBILITIES: (Use notepads to write)

Take the 2 roles mentioned above and write your rights and responsibilities in that role:

Role	Rights	Responsibilities

Discuss -

- 1. Rights and responsibilities are two sides of the same coin.
- 2. Are some roles more important than others? Why?

Lesson 164:

Our Actions Influence Others

A. READ THE PASSAGE AND DISCUSS:

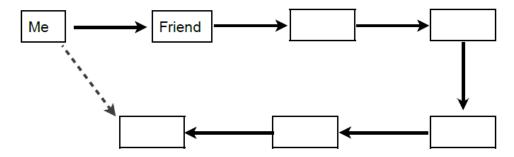
There was a farmer who grew excellent quality corn. Every year, he won the award for the best grown corn. One year a newspaper reporter interviewed him and learned something interesting about how he grew it. The reporter discovered that the farmer shared his seed corn with his neighbors. "How can you afford to share your best seed with your neighbors when they are **competing** against you each year?" the reporter asked.

"Why sir," said the farmer, "Didn't you know? The wind picks up **pollen** from the **ripening** corn and spreads it from field to field. If my neighbors grow inferior corn, **cross-pollination** will **degrade** the quality of my corn. If I am to grow good corn, I must help my neighbors grow good corn." So is with our lives...Those who want to live well must help **enrich** the lives of others. And those who choose to be happy must help others find happiness, for the **welfare** of each is connected to the welfare of all.

B. READ THE PASSAGE AND ANSWER THE QUESTIONS THAT FOLLOW: (Use notepads to write)

I said something mean to my friend. He got upset and ran home crying. When his dad saw him crying, he got angry and broke a branch of a tree to beat him. The branch had a bird's nest on it. The bird's egg fell out and cracked. Street dogs started fighting over the egg. One of the dogs was badly injured.

1. Read the passage given above and mention the people affected by my action:



2.	Think of an incident (real or imaginary) and explain how your actions influenced others, positively or negatively: (Use notepads to write)
	positively of negatively. (Ose notepads to write)

C. DISCUSS - WHAT WOULD YOU DO AND WHY?



Kamala Devi - There is a problem of rubbish in my neighborhood. A large pile of plastic is growing next to my home, and it smells terrible. The shopkeepers are to be blamed – every morning, I see a man dumping lots of plastic sheets and boxes from his shop. In the summer, an enormous cloud of mosquitoes gathers here. Last year my son was bitten by a mosquito, and he got sick. I think the mosquito gave him malaria. I am fed up with the shopkeepers!



I opened a shop in my village three years ago. I had to take out a loan from the bank, and I have to make a large payment every month. The shop is open every day, and I never get a holiday. Now, an angry neighbor is saying that I made her son sick, because I left packaging near her house. I can't keep the packaging in my shop, because the shop is small, and it does not look good. There isn't a bin nearby, and I don't have the time to carry the rubbish elsewhere, because I have to look after the shop.

- 1. Are there such problems in your family/neighborhood? Explain.
- 2. What are the different perspectives around it?
- 3. How can such problems be solved without sacrificing neither the individual nor the community?

D. ASK YOUR FACILITATOR FOR CAREERS IN SOCIAL/COMMUNITY WORK.

Lesson 165:

Our Role In The Community

A. COMMON SUPERSTITIONS-

1. Do not cut your nails or hair on specific days

People believe that it's inauspicious to cut hair and nails on specific days because it angers a planet which then brings bad luck. However, ask people who cut their hair and nails regularly. We bet they'll tell you their hair looked better and their nails neat, and no planet brought bad luck to them.

2. If a black cat crosses your path, then your tasks get delayed or postponed

Poor black cats. It is said that if a black cat crosses your path, then your day's tasks get delayed or postponed. This reminds me, when we were kids and went for our exams, and if a black cat crossed, never once the exam was delayed or postponed. Now say?

3. Eye twitching

It is considered that the right/left eye twitching is good for men and women respectively and brings money. Wait, think again. With that logic we should stop working and wait for an eye to twitch? The most common causes of eyelid twitching are stress, fatigue, and caffeine. To ease eye twitching, you might want to try the following: Drink less caffeine. Get adequate sleep.

4. Do not sweep after sunset

There's no proper logic to this one, but maybe the fear of throwing out some important stuff in the dark while sweeping might have given rise to this myth. Earlier when there was no electricity, it was a common practice not to sweep after the sunset. Now even your Smartphone has a good torch to provide enough light.

5. Eat curd before heading out

A spoonful of curd and sugar before stepping out of the house can provide an auspicious start to a day. Especially, if you're going to begin important work, this magical concoction is believed to be a must. The root of this belief may be this – most parts of India have a hot, tropical climate and eating curd is known to provide instant energy.

5. Lemon and chilies can ward off evil

As long as you hang a string of seven chilies and a lemon outside your home, no evil will dare approach you. This charm also applies to one's place of work. According to a story, the goddess of misfortune likes sour and spicy food. So, she satisfies her hunger with the lemon and chilies and returns content without ever stepping inside the house and bringing in a trail of bad luck. A group of college students decided to educate the tribal people in Africa. The tribes lived happily with no use of equipment's, modern facilities, etc.

B. SUPERSTITIONS FOLLOWED BY OTHER COUNTRIES:

1. Brazil: Keep your purse or wallet off the ground

If you ever find yourself jetting off for a business meeting in San Paolo or Rio, be sure not to place or accidentally drop your wallet or purse on the floor/ground. Many believe this is bad luck and will make you poor. Similar superstitions are common throughout South America as well as in China and the Philippines.

2. Russia: Never shake hands over the threshold of a door

Famed American talent agent, Irving Paul lazar once said he never made contracts with his clients, "just a handshake is enough" and this idea is not unique to him. In North America, handshakes are a common (and even expected) practice in business, but in Russia, among other places, they are not taken as lightly. In Russia, shaking hands over the threshold of a door brings misfortune and is considered a grave insult to those you are meeting. To avoid any negativity when traveling for business in Russia, don't let things get out of hand. Make sure that you are safely in the office, conference room, etc. before going in for the shake.

3. China: Avoid 4 o'clock meetings

The number four is considered extremely unlucky in China as the pronunciation of the word is nearly identical to that of the word for "death." So, maybe skip the four o'clock meetings and wake up early for an eight am. Eight is considered a very favorable number.

4. Germany: Don't toast with water

In a country that enjoys a good drink as much as Germany, toasting with water won't just make you look a little strange, it's believed to bring about misfortune or even death. This belief can be traced back to Ancient Greece.

5. Spain: Start off on the right foot (Literally)

Another interesting superstition from Spain says that it is bad luck to enter a room with your left foot first. If you're ever in the country for business, watch your step as you walk into your next meeting.

6. India: Break a coconut

At the start of a new journey (i.e., a new business partnership, the purchase of a car, moving into a new house, the start of marriage, etc.), it is considered auspicious in India to crack a coconut against the ground (or another surface) so that it breaks into several pieces.

7. Philippines: Wear that polka dot tie or dress

Filipino superstition says wearing clothes with polka dot patterns is good luck as the round shape is believed to attract wealth and good fortune.

8. Nigeria: Don't pick money up off the ground

According to Nigerian superstition, those who pick money off the ground or floor will be turned to stone.

9. Korea: Avoid fidgeting

According to Korean tradition, shaking your leg will make you lose money.

10. Czech Republic: Carry fish scales

Many believe that some fish scales in your pocket are a symbol of wealth and money that will ensure you never run out of cash. Supposedly, this belief comes from their resemblance to silver coins.

11. United Kingdom: Work "rabbits" into the conversation on the first of the month.

Well, not any old conversation.

For over 2,000 years, some individuals in the United Kingdom have believed that if the very first thing you say on the first of the month is "rabbit rabbit," you'll have good luck for the rest of it.

Lesson 166: Mindset

A. ANSWER INDEPENDENTLY— (Use notepads to write) 1. You can't change your intelligence very much. Agree Neutral Disagree 2. Everyone can change their intelligence, significantly. Neutral Agree Disagree 3. Talent is limited - you are either talented or not. Disagree 4. Everyone can change their talent, significantly. Neutral Disagree 5. Smart people make no mistakes. Agree Neutral Disagree 6. I will make mistakes, but I will learn from them and get better. Agree Neutral Disagree B. CHANGING MINDSET-Step 1. Listen to your fixed mindset "voice." Step 2. Remember that you have a choice. Step 3. Talk with a growth mindset "voice". Step 4. Take the growth mindset action.

Adapted from https://mindsetonline.com/

C. PEER COUNSELLING- (Use notepads to write)
Ask your peer or share an example of his/her fixed mindset.
You are a mentor to your peer. Use the steps mentioned above to advise him/her on how he/she can change his/her fixed mindset into a growth mindset.
Step 1 - Your negative inner voice says-
Step 2 - What would happen if you follow your negative voice?
Step 3 - Change the negative inner voice to positive voice
Step 4 - What action will you take next?

D. DISCUSS-

- 1. Can you have positive/growth mindset all the time? Give examples.
- 2. Can you have positive/growth mindset towards all the people? Give examples.
- 3. Can fixed mindset lead to success/happiness? Give examples.

E. READ AND REFLECT-

1. Part of a letter from Narayan Murthy, the founder, and CEO of Infosys to his daughter-

"I remember discussing with your mother the issue of sending you kids to school by car once we were a little comfortable with money, but your mother insisted that Rohan and you go to school with your classmates in the auto rickshaw. You made great friends with the 'rickshaw uncle' and had fun with the other kids in the auto. The simplest things in life are often the happiest and they are for free."

2. Part of a letter from former cricketer VVS Laxman to his children-

"When I was young, my life was full of different **expectations**. I was **fortunate** to play cricket for my country. The game taught me discipline, the importance of setting a goal and achieving it and the value of hard work. Most importantly, I learned how to **handle failures**. Success and failure are two sides of the same coin."

3. Part of a letter from Master chef Sanjeev Kapoor to his daughter-

"Be **flexible** in your thoughts and **attitude**. Just because you are good at something doesn't mean the others will also have the same ability – they might have qualities that you don't possess. So, **be humble** and **willing to learn**, whether it is from your mistakes or from other people's mistakes. I can share a simple secret with you - focus on what is good in a person and rarely on what is not."

Lesson 167: Power of Words

A.	DISCUSS:		
	1.	"Words can inspire. And words can destroy. Choose yours well." Robin Sharma	
		OR	
	2.	"Don't mix your words with your mood, you can change your mood, but you can't take back your words. "Anonymous	
В.	WI	HAT/HOW: (Use notepads to write)	
	1.	do people around you use words for?	
	2.	do you use words for?	
	3.	do they choose their words? Is it a choice or a habit?	
4.	do	you choose your words, if you do? Is it a choice or a habit?	
5.	go	od are people around you at judging when to be silent?	
6.	go	od are you at judging when to be silent?	

Lesson 168: Consolidation

A. READ THE ARTICLE AND SUMMARISE, AS INSTRUCTED: (Use notepads to write)

Italian Michelin-starred chef Massimo Bottura plans to open two new restaurants in Paris and Naples next year, but **wealthy diners** are not welcome. The food will be free, made from supermarket scraps and served only to the poor.

Bottura's restaurant in Modena, charges around 250 euros per person. But in Milan, his restaurant feeds the poor, many of them homeless where he cooks free meals with leftovers from shops,



using recipes created by famous cooks.

"I never thought these ingredients were waste. I always thought breadcrumbs, **overripe** tomatoes, brown bananas; they are just opportunities for us. To show what we can do with our creativity."

Everyone gets served at the table. This limits the number of daily guests to 96, but Bottura says it helps them get confident and take back control of their lives.

"What is important is the way you help, and the key is what your

help can trigger in them."

According to the Food and Agriculture Organization, about 1.3 billion tons of the food produced worldwide each year, is wasted.

Is chef Massimo Bottura sympathetic, empathetic, or apathetic to the needs of the poor?

B. ANOTHER DAY IN PARADISE (Use notepads to write)

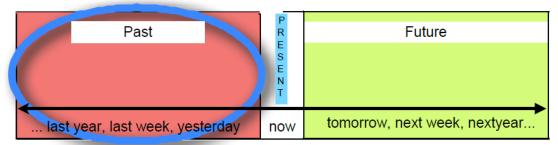
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		hat is the song about? hat do the following words/phrases mean-
		another day in paradise-
		blisters
		fit in
3.		sed on the hints given in the song, how would you describe the girl?
4.	Но	ow is it 'another day in paradise' for you?
5.	WI	ho is/are not in this 'paradise'?
6.	Н	ow can they be brought into this 'paradise'?
_		

Lesson 169: Talking About Past-1

A. PAST TENSE (REGULAR):

For actions that happened and finished before now are written using past tense.



Rule 1:

For some action words, we add 'ed' after the word to use it in past tense.

Examples:

- 1. I <u>learned</u> English last year.
- 2. The teacher taught till 10:00 p.m. yesterday.
- 3. My friends <u>played</u> a soccer match last week.

Verb ending in	How to make the simple past	Examples
е	Add - 'd'	live ived date dated
Consonant +y	Change 'y' to 'i', then add 'ed'	try tried
One vowel + one consonant (but NOT 'w' or 'y')	Double the consonant, then add 'ed'	tap > tapped commit > committed
anything else including 'w'	Add 'ed'	boil boiled fill filled hand handed show showed

Exercise:

Read the story. Make the past tense of the verbs by adding 'ed' and write them on the line to complete the story. (Use notepads to write)

Last year for my birthday, my mother_	a cake. She also	
	bake	organize
a secret birthday party for me. My friends	the secret ar	ndon
	guard	knock
the door in the evening. Then they	for a place to hide.	
Ithe door. Theyshout	"Surprise!". Iscream	Then we
games. It was time to cut t	he cake and everyone	Everyone clap
Iwith happin enjoy cry	ess.	

Rule 2:

To talk of past events in the negative, add 'did' and let the verb be in present tense. So use 'did not' or 'didn't'.

Examples:

- 1. I didn't learn English last year.
- 2. The teacher did not teach yesterday.
- 3. My friends didn't play the match last week.

Rule 3:

To ask a question about something in the past, begin with 'did' or 'didn't'.

Examples:

- 1. Did you learn English last year?
- 2. Didn't the teacher teach yesterday?
- 3. Did your friends play the match last week?

B. READ THE PASSAGE AND FILL THE BLANKS WITH THE WORDS IN BRACKETS AFTER CHANGING THEM TO PAST TENSE: (Use notepads to write)

Jagdish Lal Ahuja, popularly known as PGI's 'langar baba', is searching his childhood among hundreds of poor kids whom he feeds daily.

In 1947, a 12-year-old boy born in Peshawar, Pakistan, came to India during the Partition. Not only did he lose his birthplace, but his childhood too. It is this lost childhood that Ahuja, popularly known as PGI's 'langar baba', is searching among hundreds of poor kids whom he feeds daily. In1981, he(start) langars across Chandigarh.
In 2015, he sold his seventh property worth 1.6 crore and(arrange) money to ensure that the poor do not go to bed on an empty stomach . Ahuja has a wife, two daughters and a son.
"I was 12 when I left Peshawar and we(arrive) at the Patiala base camp," he said. Ahuja was the only breadwinner of the family as his father did not work and his mother was a homemaker. "Every day, I(walk) three miles barefoot to buy namkeen dal for and sold it at stations. I made two such rounds daily. By the time I got home, my feet and hand would be full of blisters, but I still had to earn or else my family would go hungry," he said. "My father beat me up at home if I(study) and teachers beat me up in school because I would not have done my homework. My childhood was horrifying."
From selling namkeen dal at the stations in Amritsar to selling toffees, jaggery, and fruits on the streets of Patiala, Ahuja (continue) working and fought hard when faced with hardships. At 21, he (move) to Chandigarh.
Ahuja said, "It was my son's eighth birthday and I(want) to celebrate it by giving to the society. So, I(decide) to organise a langar for children. The moment I saw the joy on the faces of the children, it(remind) me of my childhood. I(announce) that this langar will be held daily," he added.
Since then, between 6 pm and 6.30 pm, a black van stops outside gate number 2 of PGIMER and a stall is set up. In no time, people queue up for food. He is popular as 'langar wale baba'. "Not a single day has passed in the last 17 years that this langar was not organized. We serve dal, chapatti, rice, halwa and banana. Apart from this, we also serve biscuits to cancer patients and Kurkure, toffees, lollipops with whistles and balloons to children," said Ahuja.
However, these days, shortage of money has made it difficult to run the langar but that has not(stop) him. Asking for financial help from others to run the langar is against Ahuja's principles. Instead, he has chosen to cut down the supply. "Earlier, I made this langar for over 2,000 people daily; now it's for 500" he(add).
His motivation comes from those he feeds daily. He said, "I see my childhood in them." Now that baba is growing old and fighting cancer, he only comes for a visit towards the end of the

Adapted form www.hindustantimes.com

langar.

Lesson 170: Talking About Past-2

A. PAST TENSE (IRREGULAR):

Rule 1:

For some action, we change the verb when talking about it in the past.

Examples:

- 1. I bit my finger, and it hurts. (bite)
- 2. Mrs. Kumar taught me English past year. (teach)
- 3. The farmer grew rice for the whole year. (grow)

Word	Past tense	Word	Past tense	Word	Past tense
begin		get		run	
bite		give		say	
blow		go		see	
break		grow		sell	
build		have		shake	
bring		hide		sing	
buy		hear		shoot	

Word	Past tense	Word	Past tense	Word	Past tense
catch		hold		sit	
can		is		speak	
choose		keep		stand	
come		know		sleep	
dig		lay		spend	
do		lead		steal	
drink		leave		swim	
drive		lie		smell	
draw		light		take	
eat		lose		teach	
fall		make		tell	
fit		mean		think	
feed		meet		throw	
find		mistake		wear	
feel		pay		wake	
fly		read		win	
forget		ride		write	
forgive		ring		understand	
freeze		rise		fight	

Rule 2:

For some action, the verb doesn't change at all when talking about it in the past.

Word	Past tense	Word	Past tense	Word	Past tense
put	put	cost		shut	
cut	cut	hit		spread	
let		hurt		upset	
bet		quit		beat	

B. FIND THE MISTAKES IN THE PASSAGE BELOW AND CORRECT THEM:

It's all in the past

I wake up yesterday morning and I get out of bed. It is a beautiful day. The sun was shining and the wind was blowing. I decide that I would go for a walk. I start by walking down the road. I push open my gate and close it behind me. I walk for miles and miles along a country road. I even visit my aunt. Along the way I pass a young man selling fruit. 'How much are the apples?' I ask. 'Rs.100for a bag,' he say. I pay the man and continue to walk. I eat all of the apples except for one, which I drop on the ground. They are delicious.

After a while I meet another man, this man have a camel. The camel have no humps. 'What is his name?' I ask the man. 'His name is Humphree,' say the man.

I walk for a very long time, soon the sun begin to go down. I get home at about 12:30. I is very tired. As soon as my head hit the pillow I fall asleep. That is the best walk of my life. The next day I call my mother and tell her all about it.

Speaking about the past requires careful selection of verb and it can be learnt over time with practice and self-correction.

Lesson 171: Career Exploration-4

A. BASIC STEPS OF HIRING PROCESS:

- 1. A company recruits applicants from online portals, campus placements, job fairs, recommendations etc.
- 2. Applicants submit resumes and other required information.
- 3. The company filters out these resumes based on certain benchmarks. The benchmarks could include the applicant's skills and work experience suited for the company's requirements. The filtering is done either manually or through an automatic online system (Applicant Tracking System). This is how the initial selection is

Note: If the filtering is done through the automatic online system, it becomes mandatory to use the specific skills and keywords while registering and applying.

- 4. After the initial selection, the batch could have a telephonic interview with the HR. This helps in the initial screening process.
- 5. The shortlisted applicants are called for a round of interviews.
- 6. After the interview, the company could do a background check of the shortlisted candidates.
- 7. The selected applicants are on boarded and might be on a probation for a certain amount of time.

Lesson 172: Sentences

A. CORRECT THE RUN-ON SENTENCES BY USING PUNCTUATION OR A JOINING WORDS OR REMOVING/ADDING A WORD- (Use notepads to write)

Run-on sentence - He put on some sunscreen, the sun was extremely hot, and he wanted to go inside.

1st part of the sentence - He put on some sunscreen

2nd part of the sentence - the sun was extremely hot (linked with 1st past as it is the reason)

3rd part of the sentence - he wanted to go outside

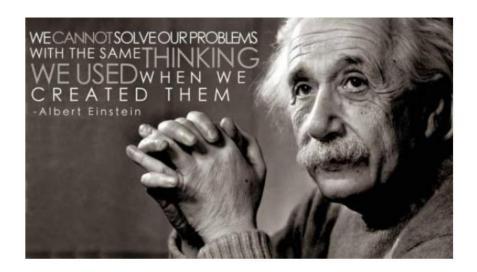
Corrected sentence - He put on some sunscreen because it was extremely hot and he wanted to go outside.

- 1. Is it a run-on sentence or a complete sentence?
 - a. My cat was upset all day he didn't get breakfast.
 - b. Because Rose was late for the train, she had to take the bus.
 - c. I like the history class because it is explained well.
 - d. I received an 'A' on my test I am happy.
- 2. Rewrite the given run-on sentences correctly by adding punctuation or joining word(s) (Use notepads to write)
 - a. My mother and father and sister are coming home tomorrow.
 - b. I love school, I love learning, my teacher is kind.
 - c. Blue is my favorite colour it is the colour of the sky and the sea and it reminds me of my favourite insect which is the butterfly.
 - d. I like Tuesdays and I like Fridays because the weekend starts on Friday.

f. The show begins at 7:30 make sure you're there before 7:15.	

Lesson 173: Problem Solving-2

A. READ, REFLECT, AND DISCUSS



B. REFLECT AND DISCUSS-

- 1. Do we have more problems than our ancestors?
- 2. What are some of our shared problems as a community?
- 3. Which of our problems will continue in future?
- 4. What can be done about these (Point 3.) problems?

C. PROBLEM SOLVE- (Use notepads to write)

Step 1 - Think of a shared or personal (related to language learning) problem that disturbs you most.

Example - "I just can't find enough time to work out and lose weight."

Step 2 - What are com	mon beliefs ((yours and otl	ner people's) a	bout that proble	m?
Example- What do days a week for an hou	-	ed to reach yo	our weight loss	goal? I need to e	exercise more, 5
Step 3 - Imagine these	beliefs (your	s and other po	eople's) are un	true? Refer to Pa	art A. Example -
Could you still lose wei	ght exercisin	g less frequer	ntly? If yes, how	v?	
Step 4 - Think possibilit	ties and creat	te new solutio	ons.		
Example - I could try do	oing high-inte	ensity, 15-min	ute workouts,	5 days a week.	
D. THINKING WITHIN	AND OUTSIDI	E THE BOX - (Use notepads t	o draw)	
Below are nine dots ar middle of all of the do and draw the lines one the last line finishes.	ts without ta	king the pend	il off the pape	r. You must start	from any position
	\bigcirc				

Lesson 174: Learning Is Fun

A. CHOOSE A TOPIC FROM THE LIST GIVEN BELOW AND DISCUSS WITH YOUR GROUP:

- 1. Compulsory daily sports activities for school children.
- 2. Our lifestyle creates many health problems.
- 3. It's better to raise children in the city than in the village.
- 4. Fast foods are popular foods.
- 5. Fair-skinned people are beautiful.

В.	LISTEN TO AV-120 ONCE AND ANSWER THE FOLLOWING QUESTIONS: (Use notepads to write)
1.	What does the speaker wish he could do in the morning?
2.	How many newspaper(s) does the speaker read in the morning?
3.	"I need my tea and paper to get going." What does 'get going' mean?
4.	What kind of meetings does the speaker talk about?

- 5. Which of the following is not true about the speaker?
 - a. He reads a lot of newspapers in the morning.
 - b. He likes to walk while speaking with people.
 - c. He does not eat meat.
 - d. He exercises in the evenings.

C. FREE-CHOICE WRITING (Use notepads to write)
On a topic of your choice, write 2 paragraphs (about 100 words) using articles,
present and past tense, appropriate vocabulary/phrases. Make sure you introduce
the topic, write key points, give supporting details, conclusion etc.
Give your writing a suitable title and proofread your work before handing it in.
D. KEYBOARDING- (Use notepads to write)
Go to the link given below and take the keyboarding test, as instructed:
https://10fastfingers.com/typing-test/english
E. ASK YOUR PEER TO RATE HOW CONSIDERATE ARE YOU? IN LESSON -96.

What do you think of the rating?

Lesson 175: Singular and Plural-1

A CHANGING SINGULAR TO PLURAL- (Use notepads to write)

Singular means one of something while plural means more than one of something.

1. Adding 's':

Some words can be changed from singular to plural by adding 's' after the word.

Singular		Plural
A car A		Four cars
lamp A		Six lamps
hat A	+ s	
cup		
A desk		

Exercise

Change the underlined words into plural and rewrite the sentence:

Singular	Plural
I have a <u>car</u> .	
Please serve tea in a <u>cup</u> .	

2. Adding 'es':

Words that ends with s, \underline{sh} , x, \underline{ch} , j or z can be changed from singular to plural by adding 'es' after the word.

Singular		Plural
A box		Four boxes
A sandwich		Some
A dish		Many
A kiss	+ es	
A bus		A few
A quiz		

Exercise

Change the underlined words into plural and rewrite the sentence. (Use notepads to write)

Singular	Plural
Rajat gave me a <u>watch</u> .	
I have a <u>wish</u> .	
The <u>fox</u> ran very fast.	

3. If the word ends with a 'y' and there is a vowel before 'y', add 's' after the word: (Use notepads to write)

Singular		Plural
A day		Seven days
A toy		
A guy	+ s	
A key		

4. If the word ends with a 'y' and there is a consonant before 'y', change 'y' to 'i' and add 'es'. (Use notepads to write)

Singular		Plural
A body		A lot of bodies
A country		
A story	Change 'y' to 'i'	
A lady	+ 'es'	
A city		
A party		

- 5. To change words ending with 'f' or 'fe' into plural: (Use notepads to write)
 - i. For some words add 's'

Singular		Plural
A brief		Some briefs
A roof		
A handkerchief	+ 's'	
A giraffe		

ii. For some words change 'f' or 'fe' to 'v' and add 'es'- (Use notepads to write)

Singular		Plural
Half A		Two halves
knife A	Change 'f' or	
life	'fe' to 'v'	
Self	+ 'es'	
A thief		

6. Some words follow no rules:

Singular	Plural
Man	Men
Woman	Women
Foot	Feet
Child	Children
Tooth	Teeth
Mouse	Mice

7. Some words remain unchanged in their plural form: (Use notepads to write)

Singular	Plural
Sheep	Three sheep
Deer	
Fish	
Hair	

Exercise -

Write the plural of the following words: (Use notepads to write)

Singular	Plural
Pen	
Person	
Home	

Singular	Plural
Thirty	
Fish	
Tree	
Branch	
Man	
Woman	
Child	

B. TO BE COMPLETED AFTER YOUR MOCK TEST HAS BEEN CORRECTED AND YOU HAVE PREPARED ACTION PLAN WITH THE FACILITATOR. (Use notepads to write)

My S.M.A.R.T. goal:

By	_I will
(time)	(specific)
because	
(relevant)	
I will do this by	
	(actionable)
I will know I have achieved this	

Lesson 176: Singular and Plural-2

A. REFLECT AND DISCUSS-

Do you think before you speak or speak before you think? Explain with cause, consequence, and example(s).



B. RECAP USE OF ARTICLES (LESSONS 100 AND 101 AND FROM THE MOOC) AND PROOFREAD-(Use notepads to write)

Write a, an, the, or \emptyset (\emptyset = no article needed) in the blanks in the following paragraph.

When car behind me gets too close to my rear bumper, I get angry. This kind of driving too closely to car in front of you is called "tailgating" in English. Tailgating annoys me for sevral reasons. First of all, if car tailgats me, I sometimes get angry and do something stupid. One time when few cars was tailgating me, I steped hard on brakes just to scare men who were driving cars behind me. This could easily have caused acident. Also, tailgaters make me so nervous that I don't always watch road in front of me carefully enough.

friend of mine has same problem. One day, he was watching tailgating car in rearview mirror. car was so close that it was almost touching his rear bumper. Because he wasn't watching where he was going, he rear ended car in front of him. Most important reason that tailgating annoys me is that tailgater could easily rear end me. One morning

	,		0	
last year,	my sister was driving	downbizzy	y road. She had to stop suddenly, and	
tailgating	car crashed into	back of her car.	accident gave my sister bruises.	

Are there any spelling mistakes in the above paragraph? How many were you able to find?

C. RECAP SUBJECT-VERB AGREEMENT (LESSON69) AND PROOFREAD- (Use notepads to write)

In some of the sentences the verb and subject are not in agreement. Find the verbs, circle, and correct them in the passage. The first one is done for you.

leads

The person who the Swachh



the work on improving South Delhi Municipal Corporation's ranking in Survekshan 2018 is an IIM graduate. He are also 90% blind.

Aman Gupta, a 2013 batch IAS officer, work with the help of a video magnifier that help the **visually impaired** read. Gupta has a medical condition that has no cure. His vision is now so poor that he find it difficult to identify people by their features. In 2002, when he was in grade 12, first, his eyes stopped seeing the cursor on the computer; then he couldn't see a cricket ball through the air; and soon after he found it difficult to read the text on the classroom blackboard.

In Delhi, where two bureaucrats committed suicide due to stress and illness and a few students have killed themselves on getting low marks, Gupta challenge life, rather than let life challenges him. "I failed to clear the UPSC exam in 2012 for which I had prepared using **audio books**. I spent more time to prepare and was, finally, ranked 57th in the **general category**," Gupta said. He currently hold three important positions — director (personnel), additional director (education) and secretary to the SDMC commissioner.

When he headed the west zone as deputy commissioner, sometimes officers would quietly leaves the meeting. When told, he immediately issued notices to these officials. When Gupta was new to the SDMC, an officer felt upset when he did not respond to his offer of a handshake. "I could not see the hand. Later, I told him that I was 90% blind," Gupta said.

Reading with the assistance of a video **magnifier** take a long time. But he doesn't complain or leave work unfinished. Gupta is a powerhouse of determination and patience. He is one of the top officials in SDMC's education department, responsible for managing 600 schools and 2.5 lakh students.

How many mistakes did you find?

Which mistakes were easy to find? Which ones were difficult?

Lesson 177: Collocations

 READ AND DISCUSS HOW 'MAKE' AND 'DO' ARE USED WITH OTHER WORDS. USE THEM IN SENTENCES.



B. MATCH THE WORDS THAT GO TOGETHER- (Use notepads to match)

1. Have	a. languages	9. Turn up	i. the good work
2. Clean	b. the word	10. Get over	j. walk
3. Watch	c. expectations	11. Look up	k. a shower
4. Go for a	d. tea	12. Give in	l. television
5. Meet	e. with the latest fashion	13. Have	m. a disappointment
6. Get	f. teeth	14. Pick up	n. late
7. Start	g. homework	15. Keep up	o. work
8. Do	h. home		

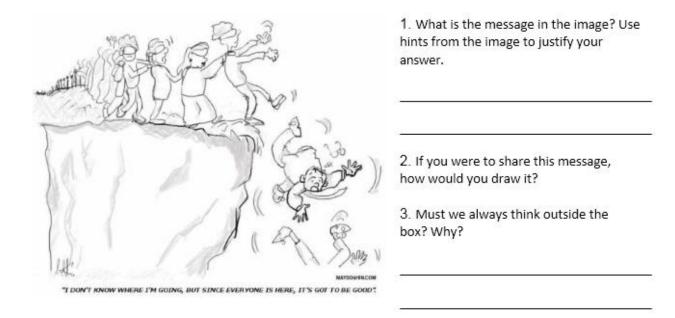
Do you know what they mean? Can you use them in sentences?

C. LISTEN AND MARK- (Use notepads to write)

1	T.	A 337	123		
2	12		**		
3		O.D.	- Mulha		
4			Z _z		
5	200				
6	-40				
7					
8	(8.2 kg	J.ZZZZ			
9					

Lesson 178: Diversity-1

A. FOOD FOR THOUGHT: (Only verbal discussion)



B. SINCE MANY PEOPLE ARE UNHAPPY WITH HOW THEY LOOK AND ARE UPSET WITH GOD WHO MADE THEM, GOD IS ASKING EVERYONE HOW THEY WOULD LIKE TO LOOK IN THEIR NEXT LIFE.ALL YOU HAVE TO DO IS FILL THIS FORM: (Only verbal discussion)

	Look	Reason for change
Eyes	Presently - In next life -	
Hair	Presently - In next life -	
Height	Presently - In next life -	
Weight	Presently - In next life -	
Skin colour	Presently - In next life -	
Others	Presently - In next life -	

Are some physical traits/looks more valued than others? Why?

C. STEREOTYPES- (Only verbal discussion)

	stereotype (say ste-rio-type), is something that we believe to be true about a particular roup of people as a whole.
1.	What are some stereotypes you/your family/friends believe in?
2.	What are some stereotypes other people have about you/your family/friends?
3.	Can stereotypes be helpful? If yes, how? If not, why?
4	. Write an example from your real life where a stereotype was broken.
5	. If you were to shatter one stereotype about yourself/family/friends/community/country, what would it be and how would you do it?

Lesson 179: Discrimination

A. Age-

Children of a particular colony play cricket every day in the evening. They all are around 17-18 years old except Rahil who is 11 years old. He is never given a chance to do batting only because of his age. He is always seen fielding. Whenever, he tells the other boys to give him a chance, they always say that you're too young.

- 1. How do you think Rahil felt in that situation?
- 2. Why did the boys behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if Rahil was a part of your colony and was mistreated?
- 6. How would you have handled the situation if you were Rahil?

B. Appearance-

Ravit walks into a new building. He has red hair, a tattoo on his neck and one on his arm. Whenever he crosses his neighbourhood people start staring and talking about him. If he asks for help, they just ignore him as if they never heard anything.

- 1. How do you think Ravit felt in that situation?
- 2. Why did the people behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if a new person with red hair and a tattoo came in your building?
- 6. How would you have handled the situation if you were the man with the red hair and tattoo?

C. Career-

A group of school friends meet each other at a restaurant after around 20 years of passing out school. Almost everyone is successful there, except for Roy. When the others come to know about this, they start making fun of him directly on his face. They did not share food with him too. When he tried to say something, someone or the other interrupted him.

- 1. How do you think Roy felt in that situation?
- 2. Why did Roy's batch mates behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you were successful and Roy's batch mate?
- 6. How would you have handled the situation if you were Roy?

D. Disability-

There are many children in the playground. One of those children is mentally disabled. The other children start making fun of that child and do not wish to play with him. When the parents come,

they also support their children and encourage them not to play with that child.

- 1. How do you think that the mentally disabled child felt in that situation?
- 2. Why did the parents behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you see a child or person like that?
- 6. How would you have handled the situation if you were the disabled child or one of the parents of the other children?

E. Gender-

Rita is one of the most educated and intelligent person of her village. She completed her education from outside the city. The people of the village want their village to prosper and want to bring about certain changes in their lifestyle and infrastructure. Certain amount of planning is required. Once Rita comes to know about this, she goes to the committee in the village to offer help based on the experience that she gained over time. The committee comprises of males only. Those people did not give a chance to Rita to share her ideas, instead they just said what a woman could do if the men are already there to solve the problem.

- How do you think Rita felt in that situation?
- 2. Why did the villagers behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you were a part of that committee?
- 6. How would you have handled the situation if you were Rita?

F. Marital Status-

Ratan is new in the city and is trying to find a house for himself. As he is unmarried, a lot of people are not ready to give their house on rent to him. When he asks for the reason, they just say that the others in the neighbourhood would not feel very secure and he might have unacceptable habits as he is unmarried. Hence, Ratan had to face a lot of denial from various landlords.

- How do you think Ratan felt in that situation?
- 2. Why did the landlords behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you were one of the landlords?
- 6. How would you have handled the situation if you were Ratan?

G. Physical Features-

A customer with a scar on her face and one eye much smaller than the other, walks into a restaurant. The manager stops her at the entrance and does not allow her to enter. Once the customer seeks clarification, he just says her face could have a wrong influence on the other guests and scare them away. When the customer insists, the manager ignores her and walks away.

- How do you think that the lady (with the scar) felt?
- 2. Why did the restaurant manager behave like that?
- 3. Did he do anything wrong? What?

- 4. What could be have done instead?
- 5. What would you have done if you were the restaurant manager?
- 6. How would you have handled the situation if you were the lady with the scar on the face?

H. Race-

A Spanish couple came to live in India. The entire neighbourhood stares at them with some kind of suspicion. They also do not prefer to interact with the couple at all. When they go to the market to purchase something for the house, the shopkeepers treat them in a kind of reluctant manner.

- 1. How do you think that the Spanish couple felt in that situation?
- Why did the neighbors behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you have a Spanish couple in your neighbourhood?
- 6. How would you have handled the situation if you were the Spanish couple?

I. Religion-

Two women went for an interview for the same job opportunity. One woman wore a turban over her hair, based on her religious beliefs, while the other simply wore her hair in a bun. Both the women had similar qualifications and work experience. The woman with the bun was called in for the interview. The woman with the turban was not even called in for the interview and was completely ignored. When the woman enquired, she was just told that the vacancy has been filled.

- 1. How do you think that the woman with the turban felt?
- 2. Why did the organization behave like that?
- 3. Did the organization do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you were the person responsible for hiring people in that organization?
- 6. How would you have handled the situation if you were the lady with the turban?

J. Economic Status-

There are many students in a school. One of the student's parents is garbage picker and does not earn enough. Once the other students get to know about this, they start making fun of him. They do not want to sit on the same bench as him too. The teachers also start excluding him from the co-curricular activities of the school.

- 1. How do you think that student (whose parents work as a garbage picker) felt?
- 2. Why did the students and teachers behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you have a classmate like that?
- 6. How would you have handled the situation if you were the child whose parents work as a garbage picker?

K. Education-

A plumber came to Raman's house. The plumber has been doing this job since years and knows his work well. Raman kept on interfering in the work of the plumber. The plumber tried to explain the problem to Raman but he wasn't ready to understand. Raman kept on mocking at him by saying; I study so I know better than an uneducated person like you.

- 1. How do you think that the plumber felt?
- 2. Why did Raman behave like that?
- Did Raman do anything wrong? What?
- 4. What could he have done instead?
- 5. What would you have done if you were Raman?
- 6. How would you have handled the situation if you were the plumber?

L. Caste-

Roopali stays in a Bengali community with her family. Her family is the only one in the whole neighbourhood who are not Bengalis. The other families are well aware of this. The other families stay happily there and have a closely knit community. In the various events that happen in the community, Roopali's family has to pay extra for the entry ticket and their seating is always arranged quite far from the rest of the community. Usually also, in day-to-day, Roopali's family is the only one that is treated as outsiders are not given the same respect that they deserve. If Roopali's family tries to interact with the others, they try to show hesitation which is quite noticeable.

- How do you think Roopali and her family felt?
- 2. Why did the community behave like that?
- 3. Did the community do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you were a Bengali staying in that community?
- 6. How would you have handled the situation if you were in Roopali's place?

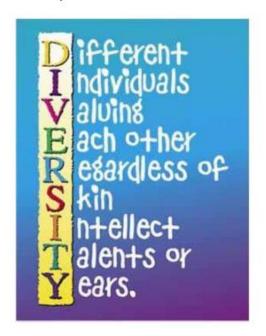
M. Colour-

A boy in your school has dark-coloured skin. All the students do not want to touch him or talk to him. He is always treated as an outsider. When he tries to the take the initiative and mingles with others during the games period or break, everyone starts running away from him. They even make fun of him.

- 1. How do you think the dark-skinned boy felt?
- 2. Why did the other students behave like that?
- 3. Did they do anything wrong? What?
- 4. What could they have done instead?
- 5. What would you have done if you were studying in that school?
- 6. How would you have handled the situation if you were the dark-skinned boy?

Lesson 180: Consolidation

A. LOOK AT THE IMAGE AND DISCUSS, AS INSTRUCTED:



Lesson 181: Email Writing

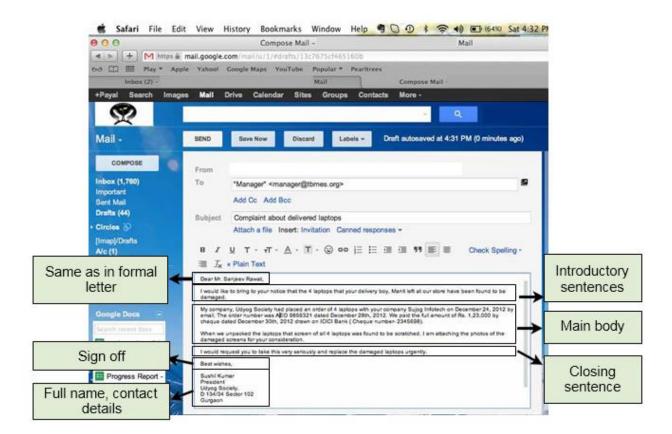
Α.	RECAP- (Use notepads to write)
	Answer the following:
	i. Mail can be delivered by
	ii. Email is the short form for
	iii. What comes to your mind when the word email is mentioned?
→	To be able to send and receive messages by email, both the sender and the receiver must have
	You can create your email address using domains such as
-	All email addresses areprotected.
→	An email address has the following form' (creator's choice) @
	(domain name)'.
E	<u>Examples</u>
j	yoti@yahoo.com
r	ama_delhi@gmail.com
r	narain26@yahoo.in
→ F	For formal emails, email address must sound professional -
E	<u>Examples</u>
r	ramesh@rediff.com
ji	ignesh_kumar@gmail.com
S	suman_delhi@yahoo.in

B. INBOX

You receive all messages from others in your inbox.



C. WRITING AN EMAIL - OUTBOX AND DRAFT



D. NETTIQUETTE (Use notepads to write)-

Do's		Don'ts		
1	bject line, which clearly states what il is about.	1.	Write 'hello' as your subject line.	
2. Write th	e most important information first.	2	Write unrelated information. The reader will lose interest if the email doesn't get to the point.	
	nbers and bullet points to make sage crisp and clear.	3.	Give personal information that you don't want anyone else to know. (The email	
4. Use sim	ole grammar.		could end up in the wrong hands)	
	ort sentences.	4.	Use capital letters to write whole words. In emails, this is considered shouting.	
easy to	agraphs to keep the email clear and understand. nature must have your full name	5.	Use non-standard stylish fonts (the recipient's computer may not have them).	
_	tact details.	6.	Use italics (the reason may be misunderstood, due to cultural differences).	
		7.	Use exclamation marks.	
		8.	Use abbreviations like coz and uni.	
		9.	Use acronyms like BTW, FYI.	
		10.	Use smileys. They may be misunderstood and come across as unprofessional.	

Compare the two emails and discuss which is more appropriate and why -

Email 1

Subject: Hello! Hi Jack!!!

My name's Jaana and I'M FROM FINLAND!!! I bet you haven't had students from here B4;-);-) That's probably coz we're so amazing at languages, that we don't need any xtra help? except me — I need all the help I can get!! (Actually, don't tell anyone, but I'm actually quite a good student? but if anyone found out, my reputation would be ruined, so shhhhhh!) BTW do u do courses for uni students? How many lessons/week? Is there any extra stuff after school, SO I CAN MEET SOME COOL PEOPLE? How about trips? Give me all the info you can, man.

Jaana (although all my mates call me Jakki!!)

Email 2

Dear Mr Jones,

I'm a university student from Finland and I'm writing to get some information about your language courses this summer. I've got a few questions:

- 1. Do you do a course for university students, which helps them with their essay writing skills?
- 2. How many hours a week are the courses?
- 3. What sort of accommodation do you offer?
- 4. What after-school activities are there?
- 5. Do you do any trips to other towns in the UK?

I'm hoping to visit in June, so it would be great if you can get back to me as soon as possible. Thanks for your help.

Best regards,

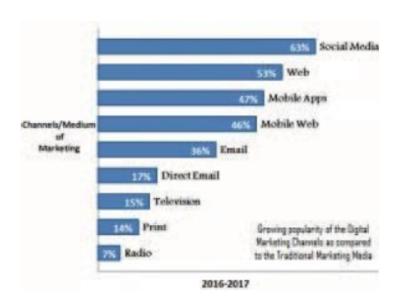
Jaana Nikkinen

Courtesy https://www.teachingenglish.org.uk/

Lesson 182: Digital Media-1

A. WHAT IS DIGITAL MEDIA (Use notepads to write)-

Content (text, graphics, audio, and video) produced in a format that can be communicated over internet or computer networks.



1. What makes digital media more popular than print media?
2. What is social media?

Courtesy - https://www.etlhive.com/

B. WHAT DIGITAL MEDIA DO YOU USE FOR

(Use notepads to write)-

1.	earning English
2.	other work-

C. DISCUSS -

- 1. "Sharing is good and with digital technology, sharing is easy." Richard Stallman
- 2. "Humanity is acquiring all the right technology for all the wrong reasons." R. Buckminster Fuller

D. READ THE ARTICLE AND DISCUSS, AS INSTRUCTED-

Brain, Behavior and Media

By Dr. Bernard J. Luskin

Recent studies show that Internet Addiction Disorder (IAD) can cause tremors, shivers, nausea and anxiety in some addicts. Try removing a young "gamer" from a video game and you will discover how difficult it is to break the attachment between the teen and the screen.

Addicts are connected to their screens; their minds exclude the world around them. Addicts neglect family, work, studies, social relationships, and themselves.

On the other hand, positive media messages are improving our understanding of major social and medical issues such as body weight, diet, and lack of exercise. It is easy to find a runners' group, cycling enthusiasts or other support groups in your area to develop habit of regular exercise. In addition, the growth of new Internet applications in commercial areas such as online buying, and banking are positively contributing to the world.

Education, from kindergarten through graduate school, is being transformed by media. Apollo astronaut Buzz Aldrin, observed that "children today have more computer power at their fingertips to do their homework than was onboard the space vehicles that fist carried us into space."

THE GOOD MEDIA EFFECTS:

- · Rise in awareness.
- · Communication is increasing across cultures making people more tolerant and work together.
- Media has helped create public opinion on many important

issues THE BAD MEDIAEFFECTS:

- Attention spans are decreasing because of excessive use of fast-paced media.
- · Media-assisted crimes like identity theft are taking new forms.
- Average number of sleep hours per night decreases with increase in the average number of hours per day of internet use.

Internet has become a necessary evil.

Adapted from https://www.psychologytoday.com/

E. WHICH ONE DO YOU PREFER AND WHY?



Lesson 183: Digital Media-2

A. SURVEY-

- How do you make friends and socialize with them?
- 2 What do you enjoy about making friends and spending time with them?
- 3. What challenges do you face while making friends and spending time with them?
- 4. Do you use technology to make friends and spend time with them? How?
- Which do you prefer face-to-face socializing or using technology such as Facebook to socialize? Why?
- 6. How can technology be used responsibly to make friends and socialize with them?
- 7. How can technology be used irresponsibly to make friends and socialize with them?
- B. CYBERBULLYING Cyberbullying is bullying that takes place over digital devices like cell phones, computers, and tablets.

WHAT ARE THE LEGAL OPTIONS

Section 507 of IPC | Deals with "criminal intimidation by anonymous communication" and can be effectively used by women facing harassment and threats online, particularly rape threats. Due to the inclusion of the term "anonymous", the section covers the proliferation of trolls in the virtual world. It allows a victim to lodge a complaint without knowing the true identity of the harasser.

Section 66E of IT Act | Concerns
"punishment for violation of privacy".
It punishes anyone who "intentionally
or knowingly captures, publishes
or transmits the image of a private
area of any person without his or her
consent, under circumstances violating
the privacy of that person". The word

"consent" gives women a solid reason to rely on this section.

Section 499 of IPC | Using words, signs, visible representations, makes or publishes any imputation concerning any person intending to harm, or knowing or having reason to believe that such imputation will harm, the reputation of such person, is said..to defame that person

Section 509 of IPC | Word, gesture or act intended to insult the modesty of a woman

Sections 354A and 354D | Following the Nirbhaya case, the law was made more stringent. These sections deal with sexual harassment, stalking and include harassment via electronic communication

Courtesy -www. menxp.com

According to a new CareerBuilder survey, 70 percent of employers use social media to screen candidates before hiring in 2017. (Use notepads to write)

1. What are employers looking for when their view your social media profile?
2. What kind of posts on your social media profile can be viewed negatively by the potential employers?
3. How can you use social media to create a positive image about yourself?
4. There have been a lot of cases of <u>cyberbullying</u> in your school. Write a letter to your principal
suggesting some ideas to help students use digital media responsibly.

C. CROWD SOURCING - Crowdsourcing uses an internet-based job market, usually called a crowdsourcing platform, to connect workers to jobs.

Form	Features	Usage
Macrotasks	Get a specific skill for a job or project. Hire worker from crowd for single task. Communicate over the internet. Worker paid by task.	General business work Web design and other forms of design Assistance with writing and editing. Application (App) development
Microtasks	 Enable you to use human intelligence on large, complicated jobs. Divide big jobs into small units. Put units on the internet. Let members of crowd do tasks. All workers get paid 	 Transcribe business cards, medical records, and other documents. Tag photos and handle nontextual data. Find business information.

Discuss

- a. 2 new things you learnt about crowdsourcing.
- b. 2 ways in which you can use crowdsourcing.
- c. 1 question that you have about crowdsourcing.

What skills are required to work using digital media?

Lesson 184: Making Inferences

A. READ AND REFLECT-

He sat in Kotwali Police station at Kasganj, and repeated what should have been **obvious**, "I assure you, I am alive."

Rahul Upadhyay (24) was declared dead by some "rumour mongers" on social media, according to police. The "news" spread like wildfire. The 24-year-old media graduate from Noida, received a phone call, asking him if was dead. "At first, I thought someone was joking. Then I received another call and then another. That is when I realised something was wrong." From a family of farmers, Upadhyay was at home in Nagla Khanji village in Aligarh. After learning of his "death", he received snapshots of social media images announcing his death. "I realised there were people who were using me to try and instigate further violence.

IG, Aligarh, Sanjeev Gupta said, "There was no person of this name who lived in the area, let alone being injured in the **violence**. But there were some people who were trying to s**pread these rumours**. We have made four arrests."

As 24-year-old Rahul moved around the police station, many congratulated him "for being alive", others for "becoming famous". He says, "I didn't want to become famous like this."

Adapted from http://indianexpress.com/

(Use notepads to write)
1. Who are rumour mongers?
2. Why would anyone spread rumors like this?
3. Is it the user or media that is to be blamed?
4. How do you think Rahul felt after hearing of his own death? Use evidence from the text to justify your answer.
5. What kind of community - rural or urban - did Rahul grow up in? Use evidence from the text to justify your answer.

- B. INFERENCES understanding when information is implied, or not directly said/written, helps us draw conclusions.
 - · We need to find clues to infer.
 - We need to add those clues to what we already know, have seen, heard, or read.
 - · There can be more than one correct inference.
 - We need to be able to support inferences logically.

 Read the paragraph given below and answer the questions that follow (Use notepads to v 	the questions that follow (Use notepads to writ	 Read the paragraph given below and answer the
--	---	---

Neha got up early and ran out of her room with a big smile. She had been waiting all night for the sun to rise. She ran into the kitchen. On the table was a pile of hot pakodas and a cup of tea. Meera, Neha's mother walked into the kitchen with a big box wrapped in pink paper. Neha thanked Meera and quickly tore off the paper. She hugged and kissed her mother and ran to show it to her best friend. The day had started wonderfully.
Why do you think Neha was waiting for sunrise?
2. How do you think Neha felt when she woke up?
3. What do you think Meera gave to Neha?
4. Why did she give this to Neha on this day?

2. Look at the pictures below and write your inference(s) (Use notepads to write):



Lesson 185: Self-Control-2

A. STORY OF ODYSSEUS

- 1. Why did Odysseus bind himself to the mast?
- 2. Why did Odysseus not rely on his willpower?
- 3. If your goals are achievable (S.M.A.R.T. Goals), what in your life, prevents you from achieving your goals? What/who are your 'sirens'?
- 4. What can you stay committed to your goals? Can you always rely on will power and self-control to stay focused?
- 5. Will it always work? Why?
- 6. What role do firelighters and firefighters play in keeping you on track?
- 7. What strategies can you use (like Odysseus tied himself to the mast) to make it work?
- 8. Who can you take help from (like Odysseus took help of men of his ship) so that you do not get tempted?
- 9. Can self-control become a habit? If no, why? If yes, how?

B. READ THE STORY AND WRITE THE EXAMPLES:

There was an 8-year-old boy who took vitamins to grow big and tall. After taking the vitamin one morning, he thought, "If one vitamin helps me grow big and strong, then by eating 5 in a day, I will become 5 times stronger. He told his mother about his plan to eat 5 vitamin tablets in a day. His mother sat him down and said, "Son, sometimes too much of a good thing can be a bad thing. Just as the farmer needs the rain to grow his crops, but too much rain can lead to flooding of the farm and destruction of the crops."

He learnt a valuable lesson in life that day.

Working with a partner, give examples of when self-control is a strength and when, it is not (Use notepads to write)-

Example S	Self-control is a strength.	Self-control is a weakness.
1		
2		
3		
4		

Lesson 186: Consolidation

A.1. FILL IN THE BLANKS WITH: this, that, these, those:
1. Look at birds up there in the tree.
2. Are your books over there on the table?
3. My umbrella is right here is my umbrella.
4. Those apples are red, but apples over here are green.
5. Did you and your family stay at hotel in Paris?
6. Please come here and look at picture.
7. Who was man you talked to yesterday?
8. Can you see fishing boats on the lake?
9. Hello Dr. Smith, could you please look at cut on my finger?
10. Maybe we can ask policemen for directions.
11 was a difficult test we had last week.
12. How many of cookies would you like? Two? Okay, here you are.
13 movie we saw last night was really great!
14 cake is delicious. When I finish it, could I please have another slice?
15. Do you know person over there by the post office?
16. Do you think sixteen grammar questions are easy or difficult?
A.2. TOPICS FOR GROUP DISCUSSION:
1. Do deadlines destroy creativity?
2. Can artificial intelligence replace human intelligence?
B. SHARE:
 What makes you happy?

2 What makes you relaxed?

3. Do you know?

- a. What has a face and two hands but no arms or legs?
- b. What five-letter word becomes shorter when you add two letters to it?
- c. What word begins and ends with an 'e' but only has one letter?
- d. What has a neck but no head?
- e. What gets wetter as it dries?
- f. Why did the boy bury his torch?
- g. Which letter of the alphabet has the most water?
- h. What starts with a 'P', ends with an 'E' and has thousands of letters?
- i. What has to be broken before you can use it?
- j. Why can't a man living in Delhi be buried in Banaras?
- k. What begins with T, ends with T and has T in it?
- I. How many letters are there in the English alphabet?
- m. Which month has 28 days?
- 4. Create your own riddles to play with words.

Lesson 187: Constructing Arguments

A. READ THE POEM AND DISCUSS, AS INSTRUCTED

Poem 1	Poem 2
We are all born	Wouldn't it be terrible? Wouldn't it be
in a different	sad?
way.	If just one colour
How we look	was the colour we had?
and what we say.	If everything was
	purple? Or red?
From different	Or blue?
countries around the	Or green?
world.	If yellow, pink, or orange
of different genders:	was all that could be seen?
boys and girls.	Can you just imagine how dull the world
	would be
Of many sizes	If just one single colour
and colors too,	was all we got to see?
The things we like	-
and the things we do.	We are like a box of crayons, Each
	one of us unique.
We're sure glad	But when we get together
it works this	The picture is complete.
way.	
The world is so colourful	From 'The Crayon That Talked'
everyday.	,
If everyone	
were the same, you see	
You wouldn't be you	
and I wouldn't be me!	
International Kids Club Theme Song	

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B. CONSTRUCTING AN ARGUMENT

Steps	Use words			
Step 1 - Identify your topic, research your topic, and decide which side to support.	State the agreement or disagreement with the topic/issue.			
Step 2 - Support your point of view with reason(s) to get the reader to recognize your point of view.				
Step 3 - Identify and present other viewpoint(s).	Sometimes, In some cases, Some people			
Step 4 - Show limitation of the opposing viewpoint(s) with reason(s).	While it is true that, Opponents will claim, In spite of the fact, While it is true that, Some may say			
Step 5 - Conclude by restating the stand.	Therefore, Hence, So, Proves that, As a result, Thus, for this reason, For these reasons, It follows that, I conclude that, Which means that			
C. EXERCISE - WRITE AN ARGUMENTATIVE PIECE ON THE TOPIC (Use notepads to write)-				
Fast food chains should	d be banned from India.			
Step 1 - (Definition/description)				
Step 2 - (Reason1)				
(Reason2)				
Step 3 - (Other points of view)				
Step 4 - (Weaken the other point of view)				
Step 5 -Conclude				

D. DISCUSS AN ARGUMENTATIVE PIECE ON ONE GIVEN TOPIC-

- 1. Education should be free for all.
- 2. By law all people should be vegetarians.
- 3. Computers should be banned in schools.
- 4. Is technology making us less human?
- 5. Disaster Management in India
- 6. How to create more jobs in rural areas?
- 7. Money or Happiness Can money make us happy?
- 8. Carbon Footprint
- 9. Blended learning Combination of classroom learning and e-learning methods
- 10. Confidence vs. Knowledge
- 11. Social Media Influencers Impact on youth

Lesson 188: Spending and Saving

A. READ THE PASSAGE AND ANSWER THE QUESTIONS THAT FOLLOW:

The Spending Spree

Dhruv is excited. He and his family are finally going to the Delhi Zoo. Dhruv's parents have agreed to pay the entry ticket as long as he pays for the extras like rides, food, and souvenirs with Rs. 1,000 that he has saved.

Dhruy's parents have brought drinking water and home cooked food. Dhruy decides to buy a lemonade and chooses the "all you can drink" option. For just Rs. 50 more, Dhruy can take it to any lemonade stand in the zoo and get "free" refills. But after he finishes his first one, he decides the lemonade doesn't really quench his thirst and he doesn't want to carry the plastic cup around for the rest of the day, so he tosses it out without getting a single refill.

Dhruv takes the jeep ride that goes through the zoo. Dhruv is really just hungry for a plate of lentils and rice, but he chooses the *thali* meal that costs Rs. 300 more because it comes with a toy lion. Later, in the gift shop, Dhruv sees the same toy lion for Rs.100.

Dhruv buys lots of souvenirs because he wants things that will help him remember this trip. He buys a T-shirt, a poster, a stuffed Cheetah, and a water bottle. He even buys a huge stack of postcards, even though his mother explains that they've taken lots of photos of the animals. After he pays for everything, he has less that Rs.50 left.

A few weeks later, Dhruv has a lot of great memories of the Delhi Zoo. He likes his mom's photos a lot more than the postcards he bought. Most of the souvenirs are just taking up space in his room, and he can't remember why he wanted them so much. He was at the mall the other day and saw an awesome skateboard with a tiger painted on it. It costs Rs. 200, but since he spent all his money at Delhi Zoo, he can't afford it.

- 1. Why do you think Dhruv spent almost all his money at the Delhi Zoo?
 - Buying stuff usually makes a fun day even more fun.
 - The shop owners work very hard to convince visitors to spend, spend, spend.
 - I don't really know-it seems crazy tome!
- 2. In your opinion, what was Dhruv's biggest spending mistake?
 - Spending extra for the "free" lemonade refill program.
 - Spending big money on food thali when all he really wanted was an inexpensive toy.
 - Buying all those souvenirs when he already had great memories and family photos.
- 3. Do you think it's fair for shop owners to charge so much for food and souvenirs?
 - Totally. They have a right to charge as much as people are willing to spend.
 - No, it seems greedy to me. They should lower their prices to what other places charge.
 - It doesn't bother me because I try not to spend money in shops like that.
- 4. In your opinion, which spending lesson is most important for Dhruv to learn?
 - When you feel yourself tempted to spend, take a few minutes to calm down and really think about it.
 - Concentrate on the things you want long-term, not on the things you want this very minute.
 - Understand the tricks that people use to get you to buy things you don't need, and make sure you don't fall for them.

Adapted from www.pbskids.org

B. READ THE PASSAGE AND DISCUSS, AS INSTRUCTED (Use notepads to write)-

Scenario 1 - Imagine that you have just won the lottery. To receive your money, however, you will have to wait for some time. You are given two choices -

Option 1 -	If you wait	for 9 vears you	can get Rs.	20.00.000

Option 2 - If you wait for 6 years you can get Rs. 10,00,000.

Which option will you choose? Why?	

Survey 2 peers and write their responses and reasons - (Use notepads to write)

Peer	Preferred Option	Reason
1		
2		

Scenario 2 - Imagine that you have just won the lottery. To receive your money, however, you are given two choices -

Option 1 - If you wait for 3 years you can get Rs. 20,00,000.

Option 2 - You can get 10,00,000 today.

Which option will you choose? Why?

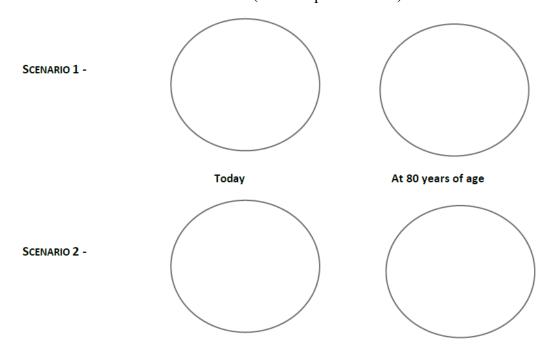
Survey 2 peers and write their responses and reasons - (Use notepads to write)

Peer	Preferred Option	Reason
1		
2		

Compare your and your peers' responses to scenario 1 and 2 and discuss -

- 1. Did the responses change from scenario 1 to 2?
 - · If yes, how? Why?
 - If not, why?

C. PRESENT ME VS FUTURE ME (Use notepads to write)-



D. CONVERT THE FOLLOWING SENTENCES FROM SINGULAR TO PLURAL TO MAKE IT MEANINGFUL:

- 1. The dog is barking at the postman.
- 2. The baby cries for his mother.
- 3. My cousin is going to London with his sister.
- 4. The woman runs to greet her relative.
- 5. The sheep is going back to her house.
- 6. The mouse is running across the floor.
- 7. The leaf falls in autumn.
- 8. The cat is sitting on the bed.
- 9. Her aunt bought a new computer.
- 10. There is an ox on the roof.
- 11. My handkerchief has a hole.

Lesson 189: Travel-1

A. RECAP-

How a family should spend every month

Here's how much a household income of Rs 1 lakh per month should be allocated under different heads -
Essential expenses: Approx. 60 % of the income should be spent on these essential items. Food and groceries: 18.8%: Rs 15,000 Healthcare (including insurance): 4%: Rs 4,000 Life insurance: 3%: Rs 3,000. Housing: 20%: Rs 12,000 Utilities: 4%: Rs 4,000 Education: 6%: Rs 6,000 Transport: 8%: Rs 8,000 Clothing: 7%: Rs 7,000
Savings: Approx. 20% should be invested for future.
Discretionary items: Approx. 20% of the income can be spent on other items such as - Entertainment: Rs 10,000 : 3% Communication (including TV, internet): Rs 3,000 : 3%
Total: Rs 1 Lakh: 100%
Adapted from https://economictimes.indiatimes.com
B. Food for thought –
(Use notepads to write)
73-year-old couple covers 19 countries in 72 days
2 interesting things about the headline
1 question about the headline
Why do people travel?

Vocabulary (Use notepads to write)-

Booking/Reservation	Airport	Baggage	Coach
Hotel	Flight	Itinerary	Board
Hostel	Departure	Sightseeing	Disembark
B & B	Arrival	Souvenir	Window
Guesthouse	Check-in	Packing	Aisle
Landing	Take-off	Tour package	Navigate
	•		•

Lesson 190: Travel-2

A. MAKE A TRAVEL BOOKING (Use notep	ads to write):
Based on the itinerary, make a travel booking	g for your trip using -
1. a phone call	
2. a letter to the travel agent	
3. an e-mail	
Make notes on what info you must include in reservations. (Use notepads to write)	your phone call/letter/email while making the
Peer Feedback - Phone call (Use notepads to	write)
What I did well	What I need to do better
Letter writing - (Use notepads to write)	
Peer Feedback - Letter writing	
What I did well	What I need to do better
Peer Feedback - Email	
What I did wall	What I need to do better

Lesson 192: Feedback Session

Dear Future
Hi there! Today I am years old. I am in grade. Since my school is closed, my is homeschooling me. My favourite subject is and my least favourite is
My best friend is Our favourite thing to do together is I hope we get to see each other soon.
A couple of my favourite activities are, and I love to eat but could go without ever eating My favourite TV show is and my favourite game is My favourite book is
The hardest thing about quarantine has been but the coolest thing I've done is But this time next year I hope things are
When I grow up, I want to be as I need to start practicing and I spend a lot of my time right now
Some advice for my future self would be
And don't forget the most important thing in life is

Appendices

WILLINGNESS POSTER



Keyboarding Rap

Left hand little finger A, reach for B. Same finger C, D, E Side by side F & G

Right hand first finger, H. Reach up for I.

Both hands J, K, L - three in a row. M and N side by side,
Use ring finger, reach up for O

Both little finger P and Q, R, S, T not hard for you. Up for U, down for V.

Left ring finger up and down Press W and X without a frown. Reach up for Y and down for Z.

Now you have them all, you see.

GOING SHOPPING

Salesman:	Welcome to Foot love Shoes. We have a sale on shoes.
Shopper:	That's great. I need school shoes. What do you have on sale?
Salesman:	Well, we have floaters, slippers, sandals and school shoes.
Shopper:	Show me some black school shoes.
Salesman:	What's your shoesize?
Shopper:	Size 5.
Salesman:	We have Bata and Liberty school shoes in size 5.
Shopper:	I would like to try Bata, please.
Salesman:	Sure.
Shopper:	What is the price for these ones?
Salesman:	Rs. 250 after discount.
Shopper:	I will take it.
Salesman:	Is there anything else you would like to see?
Shopper:	No, thank you.
Cashier:	How would you like to pay?
Shopper:	By cash.

Cashier:	Here is your receipt and your shoes.
Shopper:	Thank you.
Cashier:	Have a nice day.
Shopper	Bye.

WHAT DOESN'T BELONG?

Main Idea

Find the sentence that doesn't belong!

Women's gymnastics is a very popular sport to watch during the Olympics. The girls compete on 4 different events – uneven bars, balance beam, vault, and floor. Men's gymnastics has six different events. While the women's floor routine is to music, the uneven bars, balance beam, and vault are not to music.

Main Idea

Find the sentence that doesn't belong!

Violins and violas are very similar. Both of them are string instruments that you might find in an orchestra. You also could find a cello in an orchestra. Violins and violas both have 4 strings that you play by using a bow or by plucking. Also, they are both played by being held between the shoulder and chin.

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Main Idea

Find the sentence that doesn't belong!

Many different shapes are considered quadrilaterals. A quadrilateral is any shape that has 4 sides. A quadrangle is any shape that has 4 angles. Squares, rectangles, rhombi, and trapezoids are some examples of quadrilaterals. Pentagons, hexagons, and octagons are not considered quadrilaterals because they do not have 4 sides.

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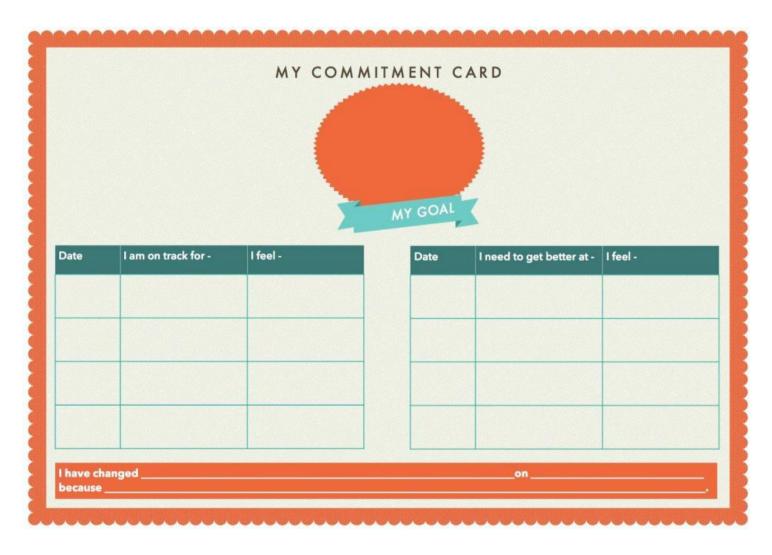
Main Idea

Find the sentence that doesn't belong!

Miniature dachshunds are wonderful to have as pets. They are very playful and loving. Since they do not shed very much, they do not leave hair everywhere and are easy to clean up after. Golden retrievers also make wonderful pets.

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COMMITMENT CARD



PHRASES

No.	Phrase	Meaning	Example
1	Abide by	Respect or obey	If you want to join the center, you must abide by the rules.
2	Agree with	Say/ think the same thing as someone else	I agree with you that English is an important language.
3	Brush up on	Improve	You must brush up on your English.
4	Carry on	Continue	Don't stop. Carry on with your work.
5	Close down	Stop operating	The center closed down due to damage to the building.
6	Deal with	Take care of (person, problem or situation)	The facilitator helps me deal with my poor pronunciation.
7	Drop in	Visit	I drop in to see my grandparents on my way home every day.
8	Drop out	Leave school / classes / college without finishing	If you drop out of class, you will find it difficult to speak English.
9	Find out	Get information	Please find out why Reema is absent.
10	Figure out	Understand or find the answer	I am trying to figure out the location of the center.
11	Get along with	Have a good relationship	Students and facilitator get along well in the center.
12	Get off	Leave (bus, train, plane)	Get off the bus at Chandni Chowk.
13	Get rid of	Remove I give away	Do not get rid of your books after you have completed Level 1.
14	Hand out	Distribute	Hand out the test paper to the students.
15	Hang up	End phone call	Do not hang up the phone as I am still talking.
16	Hold on	i. Wait ii. Hold tightly	i. Hold on! I will go with you. ii. Hold onto something or else you will fall.
17	Hurry up	Be quick	Hurry up! I do not want to be late for class.
18	Keep on	Continue doing something	Keep on working hard and you will do well.
19	Left out	Not added	If your name is left out during attendance, inform the facilitator.
20	Look after	Take care of	Look after the laptops and other items in the center.

No	Phrase	Meaning	Example
21	Look for	Try to find something	I am looking for students who are interested in learning English.
22	Look forward to	Wait with pleasure	I look forward to seeing you soon.
23	Make fun of	Laugh at something / someone	Do not make fun of your fellow students at the center.
24	Pass out	i. Finish the class/ school / college. ii. Faint	i. When you pass out of Level 3, you will get a certificate. ii. She passed out when she heard the bad news.
25	Set up	Start a business	She set up her own company 10 years ago.
26	Take care of	Look after something/someone	I will take care of your books when you go out for some work.
27	Work out	i. Physical exercise ii. Find a solution	i. I work out twice a week in the gym. ii. I need to work out the cost of buying a house.

APPROPRIATE VOCABULARY

Words to use instead of 'very'

very little	tiny	very loved	adored	very confused	perplexed
very lively	animated	very mean	cruel	very clear	obvious
very long	extensive	very neat	immaculate	very creative	innovative
very loose	slack	very necessary	essential	very cute	adorable
very nice	kind	very small	petite	very dear	cherished
very noisy	deafening	very sorry	apologetic	very difficult	arduous
very often	frequent	very special	exceptional	very dirty	filthy
very old	ancient	very stupid	idiotic	very dull	tedious
very old- fashioned	archaic	very certain	sure	very easy	effortless
very open	transparent	very surprised	amazed	very evil	wicked
very painful	excruciating	very tall	towering	very excited	thrilled
very perfect	flawless	very thin	slender	very friendly	amiable
very poor	destitute	very thirsty	parched	very funny	hilarious
very powerful	compelling	very tired	exhausted	very happy	ecstatic
very quick	swift	very valuable	precious	very good	excellent
very quiet	hushed	very weak	frail	very good	terrific
very raining	pouring	very wise	sagacious	very high	soaring
very rich	wealthy	very accurate	exact	very hungry	starving
very risky	perilous	very afraid	fearful	very huge	colossal
very sad	sorrowful	very angry	furious	very important	crucial
very scary	chilling	very bad	awful	very interesting	captivating
very pretty	beautiful	very beautiful	gorgeous	very kind	compassionate
very serious	grave	very big	massive	very lazy	indolent
very short	brief	very careful	cautious	very angry	furious
very shy	timid	very clean	spotless	very boring	dull
very simple	basic	very cold	freezing	very calm	serene
very sleepy	lethargic	very colorful	vibrant	very nervous	apprehensive
very slow	sluggish	very complete	comprehensive	very poor	destitute
very loud	I	very nervous	apprehensive	very scared	petrified

Words to use instead of 'good'

1. Awesome	26. Incredible
2. Amazing	27. Interesting
3. Admirable	28. Invaluable
4. Adorable	29. Memorable
5. Attention Grabbing	30. Mesmerizing
6. Astonishing	31. Marvelous
7.Best	32. Magnificent
8. Brilliant	33. Mind blowing
9. Breathtaking	34. Outstanding
10. Champion	35. Outperforming
11. Commendable	36. Phenomenal
12. Extraordinary	37. Perfect
13 Exceptional	38. Remarkable
14. Excellent	39. Reverberating
15. Effective	40. Super
16. Fabulous	41. Super Duper
17. Fantastic	42. Superb
18. Fantabulous	43. Superior
19. First class	44. Supreme
20. Fine	45. Stupendous
21. Flawless	46. Stunning
22 Great	47. Spectacular
23. High quality	48. Terrific
24. Incomparable	49. Tremendous
25. Impressive	50. Wonderful
	

Words to use instead of 'bad'

1. Appalling	11. Shocking
2. Awful	12. Horrid
3. Disgusting	13. Horrendous
4. Harmful	14. Offensive
5. Dangerous	15. Nasty
6. Lousy	16. Unpleasant
7. Mean	17. Unacceptable
8. Offensive	18. Hideous
9. Terrible	19. Rotten
10 Inferior	20. Shameful

MOOC PLAN & PROGRESS

Lesson	Module	Content	Deadline	Progress
156	Setting up account and familiarising.	Setting up account and familiarisation.	Lesson 161	Done - Completely or Partially What I did well What I struggled with Pending Work, if any
160	Introduction to Adjectives and Articles	Learn - Meet the Adjective Practice - Meet the Adjective Learn - Introduction to Articles Practice - Meet the Article	Lesson 166	Done - Completely or Partially What I did well What I struggled with Pending Work, if any
165	Introduction to Adjectives and Articles & Meet the Adverb	Learn - Definite and Indefinite Article Practice - Choosing Between Definite and Indefinite Article Learn - Introduction to Adverb Practice - Meet the Adverb	Lesson 171	Done - Completely or Partially What I did well What I struggled with Pending Work, if any
170	Introduction to Adverbs	Practice - Using Adverb & Adjectives (Discuss Progress Report) Learn - Relative Adverbs Practice - Identifying the Relative Adverb Learn - Adjective Order	Lesson 178	Done - Completely or Partially What I did well What I struggled with Pending Work, if any

Lesson	Module	Content	Deadline	Progress
177	Adjective order and commas with adjectives	Learn - Adjective Order (Discuss Progress Report) Practice - Adjective Order Learn - Commas and Adjectives Practice - Commas and Adjectives	Lesson 182	Done - Completely or Partially What I did well What I struggled with Pending Work, if any
181	Comparative, superlative, intensifiers, and adverbs of degree	Learn - Introduction to comparative and superlative Learn - Forming Comparative and Superlative Modifiers Practice - Comparative and Superlative Adjectives and Adverbs	Lesson 189	Done - Completely or Partially What I did well What I struggled with Pending Work, if any
188	Comparative, superlative, intensifiers, and adverbs of degree	Learn - Introduction to comparative and superlative (Discuss Progress Report) Learn - Intensifiers and Adverbs of Degree Practice - Intensifiers and Adverbs of Degree	Lesson 192	Done - Completely or Partially What I did well What I struggled with Pending Work, if any
191	Unit Test Reflection & Introduction MOOC for Book 4	Reflection & Introduction MOOC for Book 4	Lesson 192	Done - Completely or Partially What I did well What I struggled with Pending Work, if any

Checked by facilitator:		Checked by HO Staff:		
Comments:		Comments:		
Signature:	Date:	Signature:	Date:	



Building ethical, productive mindsets and core employability skills

"If you had started doing anything two weeks ago, by today you would have been two weeks better at it."

- John Mayer

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit."

- Aristotle

"Develop a passion for learning. If you do, you will never cease to grow."

- Anthony J. D'Angelo

"If I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning."

- Mahatma Gandhi

"There is only one thing that makes a dream impossible to achieve: the fear of failure."

- Paulo Coelho

"Life is 10% what happens to me and 90% of how I react to it."

- Charles Swindoll

"Whatever you can do, or dream you can, begin it. Boldness has genius, power and magic in it."

- Johann Wolfgang von Goeth

"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do."

- Pele

"Never stop fighting until you arrive at your destined place - that is, the unique you. Have an aim in life, continuously acquire knowledge, work hard, and have the perseverance to realize the great life."

- APJ Abdul Kalam

"Mahatma Gandhi suffered many setbacks in the campaign to free India, but he was never despondent. He often said, 'Full effort is full victory.' Maintaining your enthusiasm, being regular and systematic in your practice - these really count."

- Eknath Easwaran

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